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## PDM MID-TERM MEETING 2019: DERMATOSURGERY WEEKEND WITH

**DR RICHARD BARLOW**

(25<sup>th</sup> - 27<sup>th</sup> April 2019)

For this year mid-term meeting we were very privileged to have Dr Richard Barlow teaching dermatosurgical skills to all of us. Dr Richard Barlow is no stranger to us; a renowned Dermatologist from St John's Institute, London, UK. He was the main speaker for our last 43<sup>rd</sup> PDM AGM conference held in Pulau Pinang last year. We started off our Mid-term Meeting for the year 2019 on Friday 26<sup>th</sup> April 2019 with 'Ward rounds with Richard Barlow'. These ward rounds were held mainly for our dermatology trainees at Dermatology Ward, Hospital Kuala Lumpur. We had a number of interesting tumour cases with; both paediatric and adult cases.

The following two days were all conducted at the new Skill Lab, Specialist Centre, HKL. The morning of Saturday, 26<sup>th</sup> April 2019 started off with a series of lectures on Skin Biopsy Techniques and Simple Reconstruction by Dr Barlow. In the afternoon we had a practical demo session with live patients. Cases such as removal of epidermal cyst, basal cell carcinoma and squamous cell carcinoma excision were demonstrated. The Aesthetic Dermatology session was held on Sunday, 27<sup>th</sup> April 2019. This was conducted together with Dr Peter Chng and Dr Barlow. We had lectures on Skin Ageing and Facial Anatomy followed by demonstration with live patients on Botulinum Toxin and Fillers injections.

It was indeed a fruitful weekend for all. All of our trainees attended the Friday session. 112 of our members and trainees attended the Dermatology workshop on Saturday and Sunday.



## 1ST ANNUAL SCIENTIFIC MEETING OF THE DERMATOLOGY CHAPTER

**Dr Henry Foong, FRCP, FAMM**

*Chairman, Dermatology Chapter, College of Physicians, Academy of  
Medicine of Malaysia*

The Dermatology Chapter was officially established in September 2018 by the Council of the College of Physicians, Academy of Medicine of Malaysia. The Academy is dedicated to promote the highest standards of specialist healthcare in the country.

The 1st Annual Scientific Meeting of the Dermatology Chapter was held at the T.J. Danaraj Auditorium, Faculty of Medicine, University of Malaya, Kuala Lumpur on 6<sup>th</sup> - 7<sup>th</sup> July 2019. It was a tremendous success based on feedbacks from the delegates, the exhibitors and the secretariat. The theme for the 1st Annual Scientific Meeting was "Cutting Edge Medical and Cosmetic Dermatology" with Dr Leong Kin Fon as the scientific chairman. There were about 200 medical professionals who attended the national conference.

This premier academic meeting was designed to update both academic and practising dermatologists, dermatology trainees, physicians, medical officers preparing for higher specialist qualifications, and general practitioners with new advances in the field of dermatology. The main guest speaker, Dr Gideon P. Smith, Vice Chair for Clinical Affairs, Director for Medical Dermatology, Department of Dermatology, Massachusetts General Hospital,

Harvard Medical School, Boston, USA was invited to share his expertise and experiences on autoimmune connective tissue diseases. He spoke on cutaneous lupus, dermatomyositis and localised scleroderma: clinical spectrum and therapeutic update. He also delivered the Guest Lecture titled "From Clinic to Cutting Edge in Autoimmune Connective Tissue Diseases".

There were also speakers from Singapore and our own local dermatologists. The symposium covered a wide range of topics including rheumatology for dermatologists, aesthetic medicine, immunology of psoriasis and eczema, pediatric dermatology, pigmentary disorders and acne and hidradenitis suppurativa.

We thank the speakers, the delegates, the exhibitors, the College of Physicians, the Department of Dermatology Massachusetts General Hospital, the PDM and the UMMC for making this conference a success.



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**Dr. Chang Choong Chor**

**Dr. Tang Min Moon**

**Dr. Felix Yap**

# President's Message



A year has passed by so quickly. I am truly humble to be given the mandate as the president but at the same time felt rather overwhelmed, knowing that I have taken on a great responsibility. I first joined the executive committee of the Persatuan Dermatologi Malaysia (PDM) as a committee member in 2006 and since then I have served under six exemplary and inspiring presidents. Just to keep up with their excellent work is a big task.

Advancement in knowledge, practice and training of dermatology has always been our priority. This year we have conducted three major scientific meetings. The PDM is honoured to be hosting the 15<sup>th</sup> Asia Pacific Environmental and Occupational Dermatology Symposium (APEODS) in conjunction with our 44<sup>th</sup> Annual Dermatology Conference. This is the first time APEODS is held in Malaysia. The event is made possible due to the hard work and contribution of the organising committee / exco members, support from the members of the APEOD and International Contact Dermatitis Research Group (ICDRG), the secretariat and biomedical industry. My sincere gratitude to all who has contributed in one way or other to the success of the conference.

The emphasis for this year midterm meeting, which was successfully held in April 2019, was on Dermato-surgery and Cosmetic Dermatology. A series of live demo, training and hands-on workshops and lecture sessions were conducted in Johor Bahru, University Malaya Medical Centre, Kuala Lumpur and Penang with Dr Richard Barlow from UK as our main trainer, Dr Peter Ch'ng and Dr Tan Leng Leng

The Dermatology Chapter was officially established in September 2018 by the Council of the College of Physicians, Academy of Medicine of Malaysia. Dr Henry Foong is officially elected as the chairperson. The Dermatology Chapter successfully held its 1st Annual Scientific Meeting at University Malaya Medical Centre, Kuala Lumpur on 6<sup>th</sup> - 7<sup>th</sup> July 2019. The theme of the meeting is "Cutting Edge Medical and Cosmetic Dermatology". The international guest speakers for this scientific meeting were Dr Gideon Smith from Harvard Medical School in Boston, USA and Dr Mark Koh Jean Ann from Singapore. Twenty-one of our local dermatologists joined the faculty list to share their knowledge and experience.

We also collaborated with members from different states and pharmaceutical companies in organising scientific conferences, seminars, educational sessions for dermatologists, dermatologist trainees, specialists and primary care doctors

The PDM is also committed to social responsibility where projects and activities are organised with the support of the PDM members to give education and impact to the general public and society as a whole. Project Adolescent Skin Health (PASH) which was started in 2018 continues to be held throughout 2019 involving students and teachers from schools in different states like Perak, Penang, Melaka and Selangor. Others include Skin Health Day, World Psoriasis Day, Leprosy Awareness Day and community outreach projects at both national and state levels.

In support of earth-friendly environment, we had opted for electronic (paperless) announcements, programme and abstract book and this year, e-book and e-newsletter. All of them will be uploaded to mobile apps during conference and later to the PDM website for viewing and archiving.

In the international front, we are a member of the League of ASEAN Dermatological Societies (LADS), Asian Academy of Dermatology and Venereology (AADV), the Asian League Of Dermatological Societies (ALDS) and the International League of Dermatological Societies (ILDS). We foster a close working relationship and networking among the members of the societies especially LADS members. We are also represented in the recent voting for ILDS regional directors and host country for the 25<sup>th</sup> World Congress of Dermatology at the recent 24<sup>th</sup> World Congress of Dermatology in Milan, Italy.

Together we will work for the advancement of Dermatology for us, for our patients and our community. On behalf of all the committee members we would like to thank everyone for your support and encouragement for us throughout the year.

Dr Chan Lee Chin  
President



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## From the desk of the Editor...

My dear friends,

It gives me great pleasure in bringing to you this year's newsletter of Persatuan Dermatologi Malaysia. As we have mentioned last year, the PDM would be embarking on a few sustainability programmes and, as a start, the first step is to reduce paper usage. That is why this would be our first PDM 'e-newsletter'.

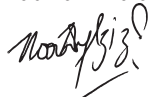
Another year has flown by so quickly with lots of events and happenings involving our members and the Society as a whole.

This year, the Persatuan Dermatologi Malaysia is honored to be chosen to host the 15th Asia Pacific Environmental & Occupational Dermatology Symposium (APEODS) in Kuala Lumpur from 12<sup>th</sup> – 15<sup>th</sup> September 2019. This will be held in conjunction with our 44<sup>th</sup> Annual Dermatology Conference. PDM would like to take this opportunity to thank Dr Rohna Ridzwan, the Organising Chairperson, who has been working tirelessly with her committee to come up with an interesting programme to further our understanding on environmental and occupational contact dermatitis by the experts of contact dermatitis from all over the globe.

2019 newsletter will also feature all the happenings and activities from all over Malaysia. I would also like to thank all our contributors for sharing their news and achievements with all of our members. I am happy and proud that the PDM has evolved so much from when I first joined to what it is today. This is evident from all the activities that had took place throughout the year. Kudos to all.

Lastly, I would like to wish all of you a successful and fruitful meeting. It also time to reconnect with old friends while keeping abreast with the latest developments in Contact Dermatitis and Occupational Dermatology.

Selamat Hari Malaysia!



Dato' Dr Noor Zalmy Azizan  
Vice-President



## Introducing Our New Members

Persatuan Dermatologi Malaysia would like to welcome the following new members to the society.



**Dr Harneet Kaur Ranu**  
(Ranu Specialist Skin and Aesthetic Clinic, Alor Setar, Kedah)



**Dr Lee Yoong Wei**  
(Hospital Sultanah Aminah, Johor Bahru)



**Dr Loh Ken Chen**  
(Hospital Sultanah Bahiyah, Alor Setar Kedah)



**Dr Loo Chai Har**  
(Hospital Pulau Pinang)



**Meera Kuppusamy**  
(UITM, Sungai Buloh, Selangor)



**Norazlima binti Mohd Ali**  
(Hospital Pulau Pinang)

## Advanced Master of Dermatology Programme Report

Dr Norazirah Md Nor

Programme Coordinator, Department of Medicine, UKM

### AdvMDerm

There are a total of 34 trainees currently in the Advanced Master of Dermatology Programme including the new June 2019 intakes. The latest intake in June 2019, made history as the largest batch of intake in this programme with a total of 11 new trainees. As for the five final year trainees, Dr Wong Kit Wan, Dr Goh Siew Wen, Dr Kiing Jiu Wen, Dr Teeba Raja and Dr How Kang Nien, they will be sitting for their exam in May 2020.

### New intake

The 17<sup>th</sup> batch of the Advanced Master of Dermatology (AdvMDerm) enrolled into the programme on 1<sup>st</sup> December 2018. They were Dr Gan Teck Sheng (Hospital QE, Kota Kinabalu), Dr Darshini C. Pillay (Hospital Tengku Ampuan Rahimah, Klang), Dr Norazila Mohamed Akil (Hospital Ampang), Dr Satnam Singh (Hospital Tuanku Jaafar, Seremban), Dr Shafinaz Salehan (Hospital Sultanah Nur Zahirah, Kuala Trengganu), Dr Sabrina Ab Wahab (UITM) and Dr Wan Syazween Lyana (Universiti Kebangsaan Malaysia Medical Centre).

The 18<sup>th</sup> batch had enrolled on 1<sup>st</sup> June 2019. This is the biggest ever intake to this programme with total of 11 new trainees. They are Dr Lim Jin Huang (Hospital Sultanah Aminah, Johor Bahru), Dr Tan Wee Foong (Hosp QE, Kota Kinabalu), Dr Chang Wei His (Hospital Melaka), Dr Leong Wei Cheng (Hospital Raja Perempuan



This was taken after the examination in May 2019. From bottom left: Dr. Norazirah Md Nor, Datin Dr Asmah Johar, Dr Mazlin Mohd Baseri, Associate Professor Dr Adawiyah Jamil, Dr Low Dy-Win, Dr Lee Choon Sian and Dr Low Dyoi-E.

Bainun, Ipoh), Dr Kanimoli Rathakrishnan (Hosp Serdang), Dr Rani Manohari Kuppusamy (Hospital Selayang), Dr Lee Sut Enn (Hosp Umum Sarawak, Kuching), Dr Wong Siu Bee (Hospital Tengku Ampuan Afzan, Kuantan), Dr Janet Lee Hoong May (Hospital Pulau Pinang) and Dr Ee Siew Li (Hospital Umum Sarawak, Kuching).

### Examinations

The last examination was conducted in May 2019 with three candidates; Dr Low Dy-Win, Dr Low Dyoi-E and Dr Lee Choon Sian. The invited examiner for the exam were Datin Dr Asmah Johar and Dr Mazlin Mohd Baseri. All three candidates had successfully passed their exam and will be having their graduation in October 2019.

## News From THE NORTH

### Skin Health Day in conjunction with celebration of World Psoriasis Day 2018 (Northern Malaysia)

Dr Tan Wooi Chiang

27<sup>th</sup> October 2018

World Psoriasis Day (WPD) is a day specially dedicated to people with psoriasis and/or psoriatic arthritis. It was first initiated in 2004, and is celebrated on 29<sup>th</sup> October each year. It aims to raise awareness, increase understanding and build unity among psoriasis community.

The theme for World Psoriasis Day Celebration 2018 was **“TREAT PSORIASIS SERIOUSLY”**. Psoriasis Association of Penang, Kedah and Perak had been celebrating the World Psoriasis Day since 2013. The Department of Dermatology, Hospital Pulau Pinang, in collaboration with the Psoriasis Association of Penang, Kedah, Perak and the Persatuan Dermatologi Malaysia celebrated WPD on **27<sup>th</sup> October 2018** at **ACC, Hospital Pulau Pinang**. The event was attended by a total of about 400 participants (patients and their family members).

This event was officiated by **Y.A.B. Tuan Chow Kon Yeow, Penang Chief Minister**. It started off with **“Zumba (Dance) for Psoriasis; Dance for Charity”**, then followed by a **series of lectures** on Skin Care Essentials, Treatment for skin hyperpigmentation, management of psoriasis and **patient sharing session** - Living with Psoriasis. Patients [En Afiruddin Tapa (Lecturer, UUM) and SN Nazirah Bt Abdul Halim (Staff nurse, HSB)] were interviewed. After the lectures, the fun continued with games where participants were rewarded with small gifts. The event ended with **Panel Forum**: The Multifaceted Nature of Psoriasis – Meet the expert.

Overall, it was an educational and fun day for patients with psoriasis and their care takers. There was also good media coverage of the event. We would like to take this opportunity to thank all the sponsors and participants for making it a memorable day for all.





## Penang Injectable Workshop 2019

Dr Tan Wooi Chiang

29<sup>th</sup> – 30<sup>th</sup> April 2019

The Penang Injectable Workshop 2019 was organised by **Department of Dermatology, Hospital Pulau Pinang in collaboration with the PDM**. It was a one and a-half days' workshop (29<sup>th</sup> and 30<sup>th</sup> April 2019 - Monday & Tuesday). This year, we were privileged to have **Dr Richard Barlow**, consultant dermatologist and dermato-surgeon from Guys and St Thomas' Hospital, UK as our guest speaker and trainer. Dr Barlow shared his invaluable advice and comments on clinical and as well as the practical tips on dermato-surgery / dermatology procedures.

We had a fruitful workshop, well attended by 30 participants. The first day focused on topics such as 'Practical Tips in Skin Surgery (Skin biopsy, removal of tumour / cyst / lipoma / skin cancers, etc)' and Botulinum Toxin and Fillers (Patient assessment and consultation, Indications and contraindications, type selection and safety and risk issues). These are followed by discussions of five challenging dermatology cases from a private hospital.

The second day was even more exciting and engaging, when Dr Richard had demonstrated to the delegates the technique of how to inject botox and filler effectively and safely (wrinkles, palmoplantar hyperhidrosis). He also shared multiple video clips on different types and techniques of botox and fillers injection for various indications. The organiser had arranged the real patients to be present at the workshop venue. Participants could take history, examine skin lesions, assess the condition and give counselling prior to injections. Hands-on practice was conducted under the supervision by Dr Barlow.

The workshop ended with further discussions on "Managing filler and botox complications". The speakers and participants enjoyed the theoretical and practical aspect of the discussions. Active participation and engagements between the speakers and the delegates clearly marked the success of the 2019 workshop.

We would like to extend our special thanks to Dr Chan Lee Chin (President, Persatuan Dermatologi Malaysia) for her contribution in making this conference a success. We also like to thank the PDM for sponsoring and supporting the CPD / CME activities.

and Dr Norazlima Mohd Ali (Penang). I would like to take this opportunity to express my sincere thanks to all speakers who were willing to sacrifice their precious time to travel all the way to share their knowledge with us.

The programme was very intense with lectures given by experts in their respective areas of interests. The scientific sessions were highly informative and well attended. There was an overwhelming response from participants - a total of 350. The participants found it very useful and practical.



## 7th Northern Dermatology Summit 2019 Exploring the New Approaches and Innovations in Dermatology

Dr Tan Wooi Chiang

4<sup>th</sup> – 5<sup>th</sup> May 2019

This is the 7<sup>th</sup> consecutive year we organised the Northern Dermatology Summit (NDS), a collaboration between **Department of Dermatology, Hospital Pulau Pinang, Hospital Sultanah Bahiyah, Hospital Raja Permaisuri Bainun, Hospital Tuanku Fauziah, Malaysian Medical Association (MMA), Persatuan Dermatologi Malaysia and Academy of Medicine of Malaysia**. The objective of this course is to introduce a regular continuous medical education programme for both government doctors and private practitioners, with the hope of improving standard of care in Dermatology including cosmetic dermatology. The topics chosen are the common dermatologic conditions we encounter in our daily practice and some update on various aspect of dermatology. We have a line-up of distinguished overseas and local speakers to share their experience with us this year.

My fellow comrades – 15 of them: Professor Pravit Asawanonda (Thailand), Dr Roland Chu (Singapore), Dr Henry Foong Boon Bee (Ipoh), Dr Chan Lee Chin (Penang), Dr Tang Jyh Jong (Ipoh), Dr Chong Yew Thong (Penang), Dr Peter Ch'ng Wee Beng (KL), Dr Khor Yek Huan (Penang), Dr Lee Hock Leng (Ipoh), Dr Oh Hoey Hoey (Penang), Dr Yeoh Chin Aun (Kedah), Dr Madiha Bt Muhd Sarkan (Ipoh), Dr Loh Ken Chen (Kedah), Dr Loo Chai Har (Penang)





## HOSPITAL KUALA LUMPUR

The Department of Dermatology, Hospital Kuala Lumpur has always prided itself in conducting various activities to provide and upgrade the dermatological services for the whole country. Apart from being the main teaching centre for dermatological trainees, Derm HKL is also a teaching hub for medical students, Medicine and Family Medicine Master students and also for the allied healthcare workers. We have conducted a few CME activities this year. We had our annual Dermatology for Primary Care course on 7<sup>th</sup> April 2019 at the Main Auditorium, HKL. Our target audience this year was for government medical officers who are managing skin cases at Klinik Kesihatan around Malaysia. Hence, the theme was; 'Keeping up-to-date with Dermatology for Government doctors'. Our external speakers were Dr Dawn Ambrose (Hospital Ampang), Dr Ng Ting Guan (Hospital Tengku Ampuan Rahimah, Klang), Dr Chang Choong Chor (Gleneagles Hosp), Dr Heah Sheau Szu (Paediatrics Hospital Kuala Lumpur) and Dr Benji Teoh (Hospital Selayang). We had about 120 participants on that day.

On 22<sup>nd</sup> till 25<sup>th</sup> July 2018, Derm HKL also conducted a leprosy course for doctors and paramedics; "Kursus Pengurusan Kusta Kenagsaan Klinikal dan Makmal". Our invited speakers were Dr Rafidah binti Baharudin who is the senior principal assistant director for Infectious disease Control at the Ministry of Health and Encik Amrish Shah, Microbiologist from Makmal Kesihatan Awam Kebangsaan. This was well attended with about 80 participants. Not only this course has created awareness among the medical doctors regarding the management of leprosy but it was also a technical workshop for the paramedics to teach them the technique to carry out slit skin smears (SSS) and reading the slides for SSS. The Ministry of Health has approved the Postbasic Dermatology Care for allied healthcare workers who want to provide specialized

dermatology nursing care the MOH hospitals. Derm HKL has been chosen as the training ground for these nurses and medical assistants.

HKL was also chosen as the venue to launch our Clinical Practice Guidelines for Atopic Eczema. This was held on 19<sup>th</sup> March 2019 at Auditorium Utama, HKL and was officiated by Datuk Dr Azman Abu Bakar; Deputy Director-General of Health (Medical) We would also like to thank all those involved who had made this event a success mainly the CPG unit of Health Technology Assessment Section of Ministry of Health (MaHTAS), the members of the development committee of CPG for AE and the Pengarah of HKL, Dr Heric Corray. for giving his full support in organising this event.



## POSTBASIC DERMATOLOGY CARE

| Datin Dr Asmah Johar and Dr Sharifah Rosniza

Postbasic Dermatology Care has been a success with the cooperation of *Bahagian Pengurusan Latihan* Ministry of Health, government dermatologists and paramedics and Institut Latihan Ministry of Health Sungei Buloh. The support that was given from all those involved has made it possible for the training to be conducted in various places including Hospital Kuala Lumpur, Jabatan Kesihatan Negeri, Health Clinics and *Institut Latihan* Ministry of Health Sungei Buloh.

To date 23 nurses and medical assistants have passed and completed their training. We had 18 paramedics in the second intake and they have just sat for their examinations in August 2018. The first twotrainee's intakes which were in September 2018 and March 2019 were mainly reserved for nurses and medical assistants working in dermatology departments from various states in Malaysia. This is to ensure that the paramedics are more skillful and able to contribute more in the running of the departments especially where paramedics can be more involved in daycare and in-patient care.

In order to sustain this training programme, dedicated tutors identified are Madam Siti Amalina Mazlan and Madam Zuraida Othman. Both will also need to undergo and complete the training to ensure their credibility in conducting this programme. All those involved in the running of the programme including dermatologists, tutors, paramedics and family physician have dedicated a lot of their time and gave their best support and we are therefore thankful to all of them.

We are hopeful that there will more training centres in the future such as in Johor and Alor Setar where nursing colleges are available and there are adequate numbers of dermatologists in these states to assist with the day-to-day running of the programme.



## University Malaya Medical Centre

### Pre Mid Term PDM, Live Demo “Mohs Micrographic Surgery and Surgical reconstruction”

Dr Tan Leng Leng

Head Dermatology University of Malaya

As the chairman, organiser, speaker and participant for Pre Mid Term PDM, Live Demo “Mohs Micrographic Surgery and Surgical reconstruction”, I would like to express my gratitude to the Persatuan Dermatologi Malaysia and the president, Dr Chan Lee Chin, and the vice-president, Dato’ Dr Zalmy Zalmy, for the great support, making the Live Demo of Mohs Micrographic Surgery in University Malaya on 25<sup>th</sup> April 2019 a great success.

Top four Highlights from the Workshop:

1. Invited speaker, Professor Richard Barlow, renowned consultant dermatologist and Mohs surgeon, gave a series of informative lectures on Mohs Micrographic surgery and reconstructive surgeries on different part of the face, mouth, eyes and lips.
2. Head of Division of Dermatology University Malaya, Dr Tan Leng Leng, delivered lectures on the “Mohs Micrographic Surgery” in Malaysia and shared cases on Mohs Micrographic surgery performed with various surgical reconstructions.
3. Professor Shahrul, Head of Medical Department, famous consultant geriatrician, gave a welcoming speech and officiating the conference.
4. Prof Richard Barlow, Dr Tan Leng Leng, performing Live Demo on:
  - a. Mohs Micrographic surgery
  - b. Tissue resection technique, marking and sampling collection
  - c. Divided Mohs section and Frozen section histology
  - d. Surgical reconstruction

This workshop has benefitted consultant dermatologists from all over Malaysia, Dermatology trainees, medical officers, house officers and medical students of University of Malaya. In future, the UMMC will conduct more dermatosurgery and Mohs workshop due to the overwhelming response.



pilot project of Community Leader Empowerment in the control of leprosy from 4<sup>th</sup> September 2018 to 29<sup>th</sup> March 2019, where community leaders of indigenous populations in Pahang were empowered to detect leprosy in their community and encourage individuals to seek professional help early. The project demonstrated increased cases of leprosy detected and notified compared to conventional active case detection (ACD) methods. Apart from that, the Dermatology Department was also involved in the training of paramedical staff to recognize leprosy and perform slit skin smear in Jerantut district, as part of the annual LaKAR programme.

Lastly, the Department is also active in public health awareness campaigns, namely in facilitating skin health and skin care forums for university students of Universiti Tenaga Nasional (UNITEN), Kampus Sultan Haji Ahmad Shah, Bandar Muadzam Shah (17/7/19), for the general public in Karnival Koi Nak Sihat Peringkat Negeri Pahang (13th April 2019) and for Pahang population on live Pahang FM radio show (4<sup>th</sup> June 2019).

## Hospital Ampang

Dr. Dawn Ambrose

The Department of Dermatology, Hospital Ampang has been given an honourable opportunity to host and organise the Selangor Dermatology Update 201, which was recently held on 10<sup>th</sup> July 2019. Echoing the theme “Back to Basics” from last year’s successful Selangor-Kuala Lumpur Dermatology Update for Primary Care, we have explored further in revisiting our pre-clinical theories and applying into current clinical practice. The theme for the Selangor Dermatology Update 2019 was “Back To Basics – Integrating Into Practice”. This event has engaged a multidisciplinary faculty of speakers and attended by approximately 200 participants from various practices.



## NEWS FROM THE EAST COAST

### Dermatology activities in Pahang

Dr Raj Ramalingam

Hands-on training courses and workshops organised by the department



Beginning in 2019, the state dermatologist has expanded dermatology services to include Hospital Kuala Lipis and Hospital Muadzam Shah, in addition to Hospital Sultan Haji

Ahmad Shah in Temerloh. This is to provide comprehensive care and consultation to patients in remote areas in Pahang. The 1<sup>st</sup> Pahang Dermatology Champions Meeting was held on 25<sup>th</sup> February 2019 where a total of 22 “champions” from 11 hospitals in the state of Pahang were elected to facilitate proper management and referral of patients with dermatological diseases, as well as to decentralize treatment to district hospitals. The event included a meeting, lectures and quizzes on basic dermatological diseases, and hands-on practical sessions for simple skin biopsies, dressings and application of topical medicaments. Similar dermatology courses and workshops were organised for in-house pharmacists (17<sup>th</sup> April 2019) and nurses (8<sup>th</sup> July 2019), in order to better counsel patients and to ensure proper in-patient treatment.

The Dermatology Department, in conjunction with the State Health Department (JKN Pahang) and the World Health Organization (WHO), successfully completed a six-month



WHO-KKM-JKNP Community Leader Empowerment Project  
(4/9/18-29/3/19)



## Dermatology activities in Kelantan

Dr Wan Hasbee

On 16<sup>th</sup> July 2019, Jabatan Kesihatan Negeri Kelantan in close collaboration with Pusat Kesihatan Daerah Gua Musang and Jabatan Dermatologi Hospital Raja Perempuan Zainab II had organised a one-day medical camp focusing on skin health among orang asli Batek at PLKN Gua Musang. The objective is to do screening followed by treatment for skin disorders that had been plaguing orang asli community in Gua Musang. From the examinations, the majority of orang asli are suffering from tinea infections particularly tinea imbricata. A few of them had secondary yaws. They were given intramuscular benzathine penicillin and their contacts were given stat dose of oral azithromycin.



## NEWS FROM THE SOUTH

### Dermatology Activities in Johor

Dr Latha Selvarajah

The Dermatology Departments of Hospital Sultanah Aminah Johor Bahru, Hospital Sultan Ismail Johor Bahru and Hospital Pakar Sultanah Fatimah Muar have conducted many activities and meetings throughout September 2018 until June 2019 as highlighted below:

#### 1. World Psoriasis Day Celebration

This annual event was organised on 20<sup>th</sup> October 2018 at the Concourse Area of Aeon Tebrau City Johor Bahru shopping mall. It was held in collaboration with Persatuan Doktor-Doktor Johor and also Psoriasis Association of Johor. All our patients with psoriasis and also members of the public were invited to join to raise awareness about psoriasis. It was a successful event attended by almost 200 people, with many departments supporting this event by setting up booths on that day. Among them were Departments of Physiotherapy, Occupational Therapy and Pharmacy, as well as a blood bank drive.



#### 2. World Skin Health Day Activity

This activity was held on 3<sup>rd</sup> November 2018 together with the Medical Health Camp organised by Persatuan Doktor-Doktor Johor at SKJ(C) Ken Boon in Kukup, Johor. Our Dermatologist gave a talk on acne and skin cancer, as well as free skin consultation for the public during the camp.

#### 3. World Leprosy Awareness Day

This event was held on 27<sup>th</sup> January 2019 at Hospital Sultanah Aminah Johor Bahru, in collaboration with Jabatan Kesihatan Negeri Johor. Our team members delivered talk about leprosy, and a poster exhibition was held.

#### 4. Mid Term PDM Meeting (Johor State Level)

A dermatosurgery workshop was held from 22<sup>nd</sup> to 23<sup>rd</sup> April 2019 in Hospital Sultan Ismail, with Dr Richard Barlow guiding our team of consultant dermatologists, trainees, physicians, medical officers and paramedics in performing excisions and simple skin grafting, as well as hands-on training on filler and botulinum injections. A total of 30 participants attended this workshop.

#### 5. Johor Dermatology Update

Our annual dermatology update was held on 20<sup>th</sup> April 2019 at Holiday Villa Hotel Johor Bahru with an overwhelming response of 150 participants. This event was supported by the MMA Johor (SCHOMOS Branch), with speakers comprising all the Johor Government Dermatologists and trainees, our visiting paediatric dermatologist, and also an invited consultant paediatric allergist from the National University Hospital, Singapore.





## SARAWAK UPDATE ON SEXUALLY TRANSMITTED INFECTIONS 2019

This event was held on 25<sup>th</sup> April 2019, at CRC Auditorium, Sarawak General Hospital. It was a one-day event which gave opportunity towards a common goal of imparting knowledge about STIs among medical officers, specialists, especially family medicine specialists and other supporting staff in the day to day management of STIs and hence propagating awareness about complexities in present scenarios.

This conference was officiated by the Director of Sarawak General Hospital, Dr Chin Zin Hing. Our speakers from Kuching were Dr Pubalan Muniandy, Dr Roland Kiing, Dr Normala Haris, Dr Christine Wong, Dr Nur Shairah, Dr Foo Sze Ying and Dr Ruziana Miss. The external speakers were Dr Suganthi Thevarajah (Hospital Kuala Lumpur), Dr Vijaya Letchumi Krishnasamy (Hospital Kuala Lumpur), and Dr Wee Ai Leen (Hospital Tuanku Jaafar, Seremban). This update was attended by 156 delegates. The delegates comprised government and private doctors, and also paramedics.

## NEWS FROM SARAWAK

### Dr Pubalan Muniandy

The Department of Dermatology, Sarawak General Hospital had successfully organised two events in 2019, co-organised by the Malaysian Medical Association Sarawak Branch. There were:

- Sarawak Update on Sexually Transmitted Infections 2019
- Borneo Dermatology Update 2019



## BORNEO DERMATOLOGY UPDATE 2019

In conjunction with the Rainforest World Music Festival 2019, the Borneo Dermatology Update 2019 was held on 13<sup>th</sup> and 14<sup>th</sup> July 2019 at the Imperial Hotel, Kuching. It was the first Borneo Dermatology Update in Sarawak, which was a one and a-half day conference covering various aspects in Dermatology at primary care level with a particular emphasis on latest treatment developments in Dermatology and especially a session on laser treatment.

This conference was officiated by the Director of Sarawak General Hospital, Dr Chin Zin Hing. 162 delegates attended this conference. The delegates were mainly medical practitioners from the government and private sectors and included paramedics and pharmacists. Our speakers from Kuching were Dr Pubalan Muniandy, Dr Roland Kiing, Dr Teh Cheng Lay, Dr Ruth Ling and Miss Sim Siew Mei. The external speakers were Dr Azura Mohd Affandi (Hospital Kuala Lumpur), Dr Leong Kin Fon (Hospital Kuala Lumpur), Dr Benji Teoh (Hospital Selayang), Dr Latha Selvarajah (Hospital Sultan Ismail, Johor Bahru), Dr Dawn Ambrose (Hospital Ampang), Dr Wee Ai Leen (Hospital Tuanku Jaafar, Seremban) and Dr Tang Jyh Jong (Hospital Raja Perempuan Bainun, Ipoh). The event was well attended and there was active participation of the delegates and all of them stayed till the end.

