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Message from President

Dear Esteemed member, Friends and colleagues,

Greetings to all!

I am honoured to be elected as the President of Persatuan Dermatology Malaysia (PDM) for 2022-2024 and thank all the members for entrusting me with the responsibility to lead the PDM for the next two years. My heartfelt

gratitude to the PDM immediate past-president, **Dato' Dr Noor Zalmy Azizan** and the **Executive Committee 2020 to 2022** for their outstanding leadership, commitment and dedication in carrying out the mandate and responsibilities of the Society.

I was elected as an executive member of the PDM in 2014. Dr Henry Foong was the president at that time and since then I have worked with three great and inspiring presidents, Dr. Agnes Heng, Dr. Chan Lee Chin and Dato' Dr. Noor Zalmy Azizan. As an executive member for eight years, it was indeed a steep learning experience for me but most importantly, the past presidents had imparted good leadership values and established great teamwork.

I am proud to introduce the PDM Executive Committee for 2022 to 2024: Vice-President, **Dr Tan Wooi Chiang**, Honorary Secretary, **Dr Peter Ch'ng Wee Beng**, Honorary Treasurer, **Dr. Sharifah Rosniza Syed Nong Chik**, and Committee members, **Dr. Benji Teoh Tze Yuen**, **Dr. Nazirin Ariffin**, **Dr. Kevin How Kang Nien** and **Dr. Teeba Raja**.

Annual Dermatology Conference- After much deliberation, it was finally decided that the theme for this year's Annual Dermatology Conference will be "**Women's Dermatology**"- promoting the skin health for women of all ages. This year's Annual Dermatology Conference will be held at Setia Spice Convention Centre Penang. Dr. Peter Ch'ng is the scientific chair and we have arranged a very interesting and stimulating scientific programme. To all members, do mark the date and try your very best to attend this year's conference.

The main objectives of PDM are on promoting continuous education, research and collaboration and advocacy role. I would like to elaborate further on PDM's commitments for the next two years.

Collaboration – I am proud to mention that PDM members had actively participated as speakers at The World Congress of Dermatology 2023 (WCD23) held in Singapore this year. There was a total 20 PDM members involved as speakers and I am delighted to see young dermatologists delivering excellent and of high quality presentations. Congratulations to all! PDM was given a platform at WCD23 to present **highlights from Malaysia**. Dato Dr. Noor Zalmy Azizan and myself chaired an one-hour session. We had three speakers, Associate Professor Adawiyah Abd Jamil, Dr. Leong Kin Fon and Dr. Suganthy Robinson sharing their experience on the following topics "Atopic Dermatitis in the Sunny Sunshine", "20 years of Gene Hunting in Malaysia" and "Malaysian Psoriasis Registry – The Journey So Far" respectively.

The PDM will be hosting the **26th Regional Conference of Dermatology (RCD)** in year 2024. The venue will be Kuala Lumpur Convention Centre and it will be an exciting conference in view of the fact that the PDM will be collaborating with The Chapter of Dermatology, Academy of Malaysia, Asian Society of Dermatopathology, Asian Academy of Dermatology and Venereology and Asian Society of Pigment Cell Research. This partnership will have a greater influence and allure more delegates! We have lined up exciting talks with leading experts from the Asia Pacific and around the globe.

As the President of the PDM, I was privileged to attend the ILDS Ordinary Annual General Meeting, Assembly of Delegates at the 25th WCD23 Singapore. This AGM was attended by 190-member dermatological societies representing 220,000 dermatologist

worldwide. I participated in the election of Regional Directors for the Board of ILDS and voted for the next city hosting 26th WCD! It was a memorable experience for me.

Education – The PDM has been actively organising dermatology updates and seminars for members both physically and virtually, and I firmly believe this new-age way of knowledge transfer will stay on. The PDM with Pharmaceutical collaboration have organised many virtual seminars, and to share a few topics here like, Psoriasis Masterclass, Shrinking the Psoriasis Assessment Gap: the evidence of gene-expression profiling to guidepractice pathways and expert consensus on holistic skin care routine. The PDM's website (dermatology.org.my) has been actively visited by members. It has the 'members only' section where society activities, announcements, current issues, guidelines, protocols, and slides on scientific meetings are shared. Members are encouraged to access our website.

The Dermatology Chapter under the leadership of Dr Henry Foong has been diligently conducting continuous medical education through webinars and conferences. The Dermatology Chapter had organised the **5th Annual Scientific Meeting** on the 29th & 30th April 2023, incorporating the **PDM Mid-term meeting** at Hospital Tunku Azizah Kuala Lumpur. The theme was Cutting Edge Dermatology and had very renowned speakers like Professor Rox Anderson (Harvard Medical School), Associate Professor Jeffery S. Dover (Yale Medical School), Dr. Richard Barlow (St John's Institute of Dermatology) and Dr. Yulianto Listiawan (President of Indonesia Dermatology & Venereology).

Research – The PDM supports research among its members and have established the PDM research grant to encourage research in the field of dermatology. This year the PDM had received six applications for PDM grant and three proposal have been approved while the other three are still under the review of the Research Committee.

As the Dermatology fraternity gets larger, the PDM, together with the **Malaysian Skin Foundation (MSF)** started in 2022 to promote and support more research through MSF grant for dermatologists.

The PDM commorates 35 years of **Malaysian Journal of Dermatology (MJD)** publication. The first MJD was published in year 1988 as hardcopy and the first founding editor was Dr. Steven Chow Kim Weng. Since 2007, MJD has been regularly publishing online. With more research, I hope that members, especially the trainees of the Advanced Masters in Dermatology would publish their dissertation work in the MJD to enhance the impact factor of the journal and qualify it to be indexed in the near future.

Paediatric Dermatology Sub Committee – The Paediatric Dermatology sub committee have been officially established to enhance the training, education, advocating skin health for children and strengthen paediatric dermatology national and international collaboration.

Advocacy Programme

The PDM is also committed in raising public awareness regarding skin health and skin diseases. The PDM will be organising **National Skin Health Day** on 3rd September 2023 at The Berjaya Times Square Shopping Complex and the event will be packed with exciting activities for public like mole check, counselling for general skin care including important health facts on acne, eczema and psoriasis. The Executive Committee members actively participated in educating public on common skin disorders and skin care through writing articles in mainstream media.

Lastly, I hope that we will continue to work together for the advancement of Dermatology for us, for our patients, our community and our nation. On behalf of all the Executive Committee members, I would like to thank everyone for your continuous support and encouragement throughout this year.

Dr Sabeera Begum Bt Kader Ibrahim

Executive Committee

2022 - 2024

President	: Dr Sabeera Begum
Vice President	: Dr Tan Wooi Chiang
Immediate Past President	: Dato' Dr Noor Zalmy Azizan
Hon Secretary	: Dr Peter Ch'ng Wee Beng
Hon Treasurer	: Dr Sharifah Rosniza Syed Nong Chik
Committee Member	: Dr Benji Teoh Tze Yuen Dr Nazirin Ariffin Dr Teeba Raja Dr Kevin How Kang Nien

PDM Sub-committee

A. Malaysia Journal of Dermatology (MJD)

Editor-in-Chief	: A/Dr Tan Wooi Chiang
Co-Editor	: Dr Tang Min Moon
Board Member	: A/Dr Henry Foong Boon Bee Dr Agnes Heng Yoke Hui Dr Chan Lee Chin Dr Chang Choong Chor Dr Norashikin Bt Shamsuddin A/Dr Adawiyah Bt Jamil A/Dr Felix Yap Boon Bin A/Dr Kwan Zhenli A/Dr Tarita Taib Dr Tang Jyh Jong Dr Ch'ng Chin Chwen

B. Cosmetic Dermatology and Laser Medicine Board (CDLM)

Chairperson	: Dr. Peter Ch'ng
Vice-chairperson	: Dr. Nazirin Ariffin
Committee members	: Dr. Henry Foong Dr. Lim Shueh wei Dr. Melinda Tong Dr. Priya Gill Dr. Ruban Nathan Dr. Ruth Ling Dato' Dr. Zalmy

C. PDM Research Committee

Chairperson	: Dr Chang Choong Chor
Committee Members	: Dr Tang Min Moon
	A/Dr Felix Yap Boon Bin
	A/Dr Adawiyah Jamil

D. Malaysian Contact Dermatitis Affiliation (MACDA)

Chairperson	: A/Dr Tarita Taib
Committee Members	: A/Dr Adawiyah Jamil Dr Michelle Voo Sook Yee Dr Sharifah Rosniza Syed Nong Chek Dr Norazura Mohamad Dr Meera A/Dr Kuppusamy Dr Lee Yong Wei Dr Norazlima binti Mohd Ali Dr Teeba Raja

E. Sub-Committee for Paediatric Dermatology

Chairperson	: Dr Ng Su Yuen
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From the Desk of the *Editor*

Dear friends and colleagues,

Sincere greetings to all !

It is my pleasure to share with you the 2023 Newsletter of Persatuan Dermatologi Malaysia. This 7th edition brings you the achievements, development and contributions of members for the year 2022/2023.



The objectives of PDM is to promote continuous medical education, training, research and collaboration/networking, and advocacy role. It has been an exciting year for the society, with a series of activities organized and also upcoming events. Allow me to highlight a few.

The **Malaysian Journal of Dermatology (MJD)** celebrates its 35th anniversary this year! Since the commencement in 1988, a total 50 volumes have been published. PDM acknowledges and appreciates this successful achievement. Hope to bring MJD to a higher level to be an indexed journal soon.

Another event worth mentioning is **World Congress of Dermatology 2023 (WCD23)**. For the first time WCD is held in Southeast Asia! Singapore has successfully organized the dermatology conference and well attended by experts from all corners of the world. A great & fruitful meet-up and networking. A total of 260 Malaysian delegates attended the meeting. Twenty PDM members were invited to be the speakers to share their knowledge and expertise. Great to see our members and trainee's participation in free paper presentation (32 abstracts were chosen).

Congratulations to all! PDM also was given an opportunity at WCD23 to present **highlights from Malaysia**. Three speakers, Associate Professor Adawiyah Abd Jamil, Dr. Leong Kin Fon and Dr. Suganthy Robinson shared their experience on topics "Atopic Dermatitis in the Sunny Sunshine", "20 years of Gene Hunting in Malaysia" and "Malaysian Psoriasis Registry – The Journey So Far" respectively.

Mark your calendar: **26th Regional Conference of Dermatology (RCD2024)** is upon us. PDM is organising RCD2024 in conjunction with our Annual Dermatological Conference to be held at Kuala Lumpur Convention Center, Kuala Lumpur, 2-5 October 2024 under the theme "Medical & Cosmetic Dermatology- Global Panorama".

This year, PDM welcomes twenty three young and vibrant new members to our fraternity. Congratulations to Dr Wong Siu Bee and Dr Ooi Shin Yi - awardees for the PDM Best Student Award year 2022.

I would like to thank all for sharing their activities and developments with other members. Persatuan Dermatologi Malaysia applauds all the members who have continuously contributed to the success of our society.

May all of you be well and healthy. Thank you.

Dr Tan Wooi Chiang

Contact Us at

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www.dermatology.org.my
www.facebook.com/PDM.Malaysia

Meet OUR NEW MEMBERS

We are proud to introduce the new members for year 2023. PDM welcomes all new members and your participation will bring PDM to greater achievements.

BATCH MAY 2022



BATCH NOV 2022



PEDIATRIC DERMATOLOGIST BATCH 2022



5th Annual Scientific Meeting incorporating Dermatological Society of Malaysia (PDM) Mid-term Meeting

By Dr Latha Selvarajah & Assoc Prof Dr Henry Foong Boon Bee

Awards & Scholarships

Congratulations to all awardees !!!

A. Persatuan Dermatologi Malaysia Best Student Award 2022

PDM has inaugurated the "PDM Best Student Award" for the first time in year 2020 for Advanced Masters in Dermatology Students for excellence academic performance. The objectives are to acknowledge and promote student academic excellence, provide formal recognition of student achievements, motivate other students to perform better hence upgrading standards of excellence and achievement.

Congratulation to **Dr Wong Siu Bee (Batch May 2022)** & **Dr Ooi Shin Yi (Batch Nov 2022)**, our Advanced Master in Dermatology Student for their excellence academic performance for year 2022.

B. HCP Scholarship for EADV 2023

Dr Wong Kit Wan
Dr Lim Yee Ting

C. World Congress Dermatology Trainee Scholarships

Dr Chan Kam Veng
Dr Ong Chin Hai
Dr Chang Wei Hsi (Elizabeth)
Dr Chia Jian Qin
Dr Lim Ai Wei
Dr E Chia Qi
Dr Heh Ding Yang
Dr Lim Ai Y'ng
Dr Ishvant Kaur Sidhu A/P Joginder Singh
Dr Tan See Ling
Dr Lai Shiau Wei
Dr Loo Yin Pin
Dr Khoo Voon Ling

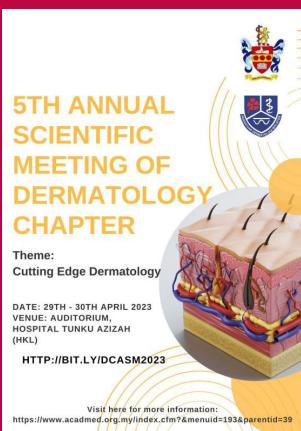
D. FMRG grant (20K) by Faculty of Medicine, UiTM, Award recipient: Tarita Taib, Research project: A Descriptive Analysis on Illegal Esthetic Medical Practise In Malaysia

E. ITEX 2023 (34th International Invention Innovation and Technology Exhibition Malaysia) - Gold Award. Project: Clinical Benefits of Combined *Stichopus horrens* & *Channa striatus* (Akuaris Skin Ease) in Patient with Stasis Eczema; Tarita Taib & Sabrina Abd Wahab

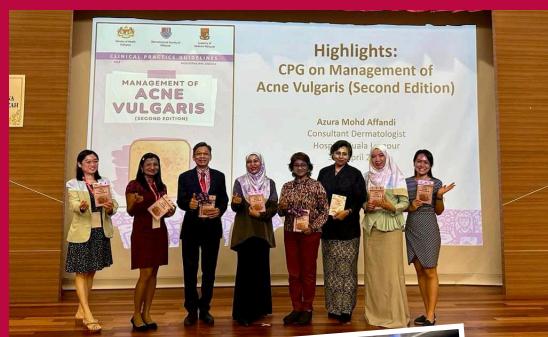
The event held from 29th - 30th April 2023 at Hospital Tunku Azizah, Kuala Lumpur. The theme for this year event was "Cutting Edge Dermatology". The organising chairman for the event was Dr Henry Foong, while the scientific chairman was Dr Leong Kin Fon.

In keeping with our theme and current trends in international meetings, we incorporated a double track program during this scientific meeting, where delegates had the opportunity to attend concurrent satellite workshops focusing on dermatology subspecialties such as dermatopathology, paediatric dermatology and vascular anomalies.

We had the honour of having eminent speakers with tremendous contributions in the field of dermatology. The plenary lectures were presented by Professor Rox Anderson, Department of Dermatology, Massachusetts General Hospital, Harvard Medical School, Boston and Dr Jeffrey S Dover, Director, Skincare Physicians of Chestnut Hill, Boston and Past President of the American Society for Lasers in Medicine and Surgery. Both of these speakers are world-renowned in the fields of Dermatology, in particular Laser medicine. This event also saw the participation of Dr Richard Barlow, Consultant Dermatologist and Dermatologic Surgeon, St John's Institute of Dermatology, London and ELITE@UM Fellow and Visiting Consultant, Division of Dermatology, University of Malaya, Kuala Lumpur and Professor Yulianto Listiawan, President of the Indonesian Society of Dermatology and Venereology as guest speakers. We also invited many talented local dermatologists who spoke on various topics including pediatric dermatology, atopic dermatitis, psoriasis, dermatomycosis, urticaria, acne, laser medicine, cutaneous drug reactions, contact dermatitis, cosmetic dermatology and hair/nail disorders. The program lineup also included case sharing by young dermatologists and dermatology fellows.



There was a special session during this meeting where a soft launch of the much anticipated Clinical Practice Guidelines on Management of Acne Vulgaris (2nd Edition) was successfully held.



We also had a total of 27 ePosters presentations, as well as active participation by the pharmaceutical companies in the booth exhibitions. The event received excellent feedbacks from the delegates.

World Congress of Dermatology 2023

3-8 July 2023

Dermatology Beyond Borders

By Dr Sabeera Begum Bt Kader Ibrahim

For the first time WCD is held in Southeast Asia! Singapore has successfully organized the dermatology conference and well attended by experts from all corners of the world. A great & fruitful meet-up and networking. A total of 260 Malaysian delegates attended the meeting. Twenty PDM members were invited to be the speakers to share their knowledge and expertise.



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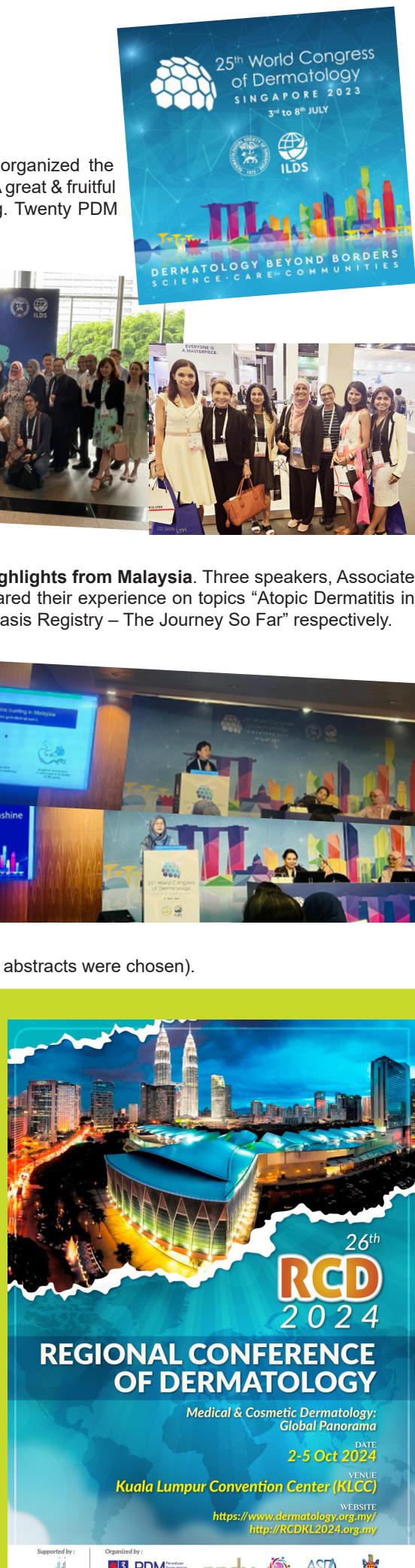


26th Regional Conference in Dermatology (RCD2024)

Malaysia would be hosting the **26th RCD** in collaboration with the Chapter of Dermatology, College of Physician, Academy of Malaysia, Asian Society of Dermatopathology (ASD), Asian Academy of Dermatology and Venereology (AADV) and League of ASEAN Dermatological Societies (LADS) on **2nd-5th Oct 2024**, at **Kuala Lumpur Convention Center (KLCC)**.

We've started preparing for our RCD2024. The conference will be an incredible opportunity for us to learn, connect and be inspired by some of the brightest minds in both medical & cosmetic dermatology. So, stay tuned.

We welcome all of you to Kuala Lumpur in 2024!



Education and Training Events

Advanced Master in Dermatology Programme Report Sept 2023

Assoc. Prof. Dr. Adawiyah Jamil

AdvMDerm

There are currently 102 graduates of the AdvMDerm in total, and 53 are currently undergoing their training. Twenty-four are in their final year and will be sitting for their examination in November 2023. There are 15 candidates in the June 2022-2025 batch, 6 in the Dec 2022-2025 batch and another 6 in the June 2023-2026 batch.

New intake

The 23rd batch of the AdvMDerm enrolled into the programme on 1st June 2022. They were Dr Heah Swee Kuan, Dr Nur Izreena Ismail, Dr Khairun Amalin bt Mohd Hishamuddin, Dr Nur Farahin binti Abdul Rahim, Dr. Kok Yi Yun and Dr Ho Wen Chung.

Examination

Ten candidates sat for the examination from 8th to 11th November 2022. We would like to thank the esteemed examiners Associate Prof Dr Tarita Taib and Dr Norli Marwyne Mohammed Noor for their commitment, expertise and hard work. The next examination will be in November 2023 with 24 candidates at the Department of Medicine, Hospital Canselor Tuanku Muhriz, Faculty of Medicine, University Kebangsaan Malaysia.



AdvMDerm examination 8th to 11th November 2022. Standing from left to right: Dr. Tee Chiaw Ting, Dr. Chua Keow Yin, Dr. Nik Aimee Faheem, Dr. Chang Wei Hsi, Dr. Zareen Aidah Yahya, Dr. Lim Tzzy Huei, Dr. Tu Pooh Koon, Dr. Abdul Rahman Che Abdul Rahim, Dr. Yew Kwang Meng and Dr. Ooi Shin Yee. Sitting left to right: Dr Mohan Arumugam, Associate Prof. Dr. Tarita Taib, Dr Norli Marwyne Mohammed Noor, Associate Prof. Dr. Adawiyah Jamil.

Graduates / new dermatologists

Congratulations to 12 new dermatologists! The 18th batch of AdvMDerm received their degree at the 49th University Kebangsaan Malaysia Convocation Ceremony 2022. The following are the graduates with their current place of practice in brackets next to their names.



From left: Dr. Lee Sut Enn (Hospital Serdang), Dr. Kanimoli Rathakrishnan (Hospital Sg Buloh), Dr Janet Lee Hoong May (Hospital Pulau Pinang), Dr Ee Siew Lee (Hospital Tuanku Jaafar), Dr Rani Manohari Kuppusamy (Hospital Putrajaya), Dr Leong Wei Cheng (Hospital Raja Permaisuri Bainun), Dr Wong Siu Bee (Hospital Sultanah Bahiyah), Dr. Lee Shen Wei (Hospital Sultanah Bahiyah), Dr. Tan Wen Foong (Hospital Queen Elizabeth), Dr. Lim Jin Huang (Hospital Sultan Ismail). Absent: Dr. Liyana Dhamirah Aminuddin (UiTM) and Dr. Sabrina Ab Wahab (UiTM).

Aesthetic Workshop for Advanced Masters Programme

By Dr Peter Ch'ng Wee Beng

Throughout 2023, the board managed to conduct a few hands-on botulinum toxin and fillers workshops for dermatologists and trainees:

- 1) At UMMC in May 2023
- 2) At HUKM in August 2023
- 3) Pre-conference workshop for our AGM 2023
- 4) A few private dermatologists' clinics

COSMETIC DERMATOLOGY WORKSHOP
Botulinum Toxin
13th August 2023
Seminar Room, Level 5, Jalanan Persekutuan
Hospital Canselor Tuanku Muhriz

Dr Peter Ch'ng Wee Beng
Consultant Dermatologist
Peter Ch'ng Laser & Skin
Specialist Clinic

Dr Henry Foong Bee Bee
Consultant Dermatologist
Foong Skin Specialist Clinic

*Participation by invitation only



Activities of the Dermatology Chapter, College of Physician, AMM 2022/2023

By Dr Latha Selvarajah & Assoc Prof Dr Henry Foong Boon Bee

The Dermatology Chapter is dedicated to promote the highest standards of dermatologic patient care in the country. There were many workshops, meetings and discussions held by the Dermatology Chapter to help promote awareness on dermatological conditions, as well as giving updates in the latest management of skin conditions.

Events organized by the Dermatology Chapter from Nov 2022 to 2023 are as follows:

Date	Event / Title	Venue
21 st Nov 2022	Medical Dermatology Update Guest Speaker: Assoc Prof Steven Chen, Dept of Dermatology, MGH, Harvard Medical School, Boston	Hilton Hotel, KL
27 th Nov 2022	Inflammatory Skin Diseases	Grand Alora Hotel, Alor Setar
8 th Jan 2023	2 nd Borneo Regional Scientific Meeting	Marriott Hotel, KK, Sabah
15 th Jan 2023	Dermatological Surgery Workshop Guest Speaker: Dr Richard Barlow, St John Institute of Dermatology, London	UMMC, KL
2 nd April 2023	Autoimmune Connective Tissue Disease and Inpatient Dermatology Webinar Guest Speaker: Assoc Prof Alisa Fermia, New York University School of Medicine, NY, USA	Virtual
29 th -30 th April 2023	5th Annual Scientific Meeting/ Mid Term Meeting Guest Speaker: Professor Rox Anderson, Department of Dermatology, Harvard Medical School, Boston, USA	Hospital Tunku Azizah, KL
17 th June 2023	Johor Dermatology Update 2023	Renaissance Hotel, JB
24 th June 2023	Atopic Dermatitis and Inflammatory Skin Diseases	Weil Hotel, Ipoh
14 th -15 th July 2023	Atopic Dermatitis and Acne: Update in Aesthetic Medicine and Surgery Conference 2023	KL Convention Centre
3 rd Sept 2023	3 rd Borneo Regional Scientific Meeting	Marriott Hotel, Kota Kinabalu

In summary, the Dermatology Chapter strives to make the field of Dermatology in Malaysia a world-class standard by providing excellent training and opportunities to its members to pursue further in this field. With the increasing membership every year, our aim is move forward towards excellence in Dermatology.

Medical Dermatology Update @ 21st Nov 2022



2nd Borneo Regional Scientific Meeting @ 8th Jan 2023



Dermatological Surgery Workshop @ 15th Jan 2023



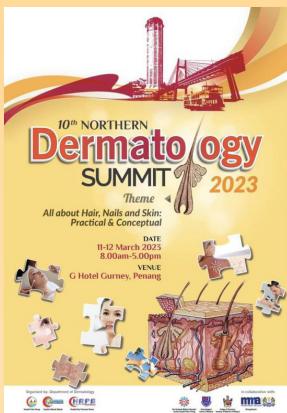
Autoimmune Connective Tissue Disease and Inpatient Dermatology Webinar @ 2nd Apr 2023



10th Northern Dermatology Summit 2023

By Dr Tan Wooi Chiang

This is the 10th consecutive year we have organized the Northern Dermatology Summit (NDS), a collaboration by the Department of Dermatology, Hospital Pulau Pinang, Hospital Sultanah Bahiyah, Hospital Raja Permaisuri Bainun; Malaysian Medical Association (MMA) Penang Branch; Persatuan Dermatologi Malaysia and Dermatology Chapter, Academy of Medicine of Malaysia.



Following the release of COVID Standard Operating Procedure (SOP), we transit into the 'old normal' post-pandemic, we have decided to hold NDS 2023 as a fully physical meeting! - to enable more interaction and the bonding of fellowship and camaraderie which will not be possible with a virtual meeting.

Despite the COVID-19 pandemic, there have been many new sciences, developments/discoveries and advances in the field



Practical Paediatric Dermatology

By Dr Oh Hoey Hoey

Paediatric Department Penang General Hospital organized an annual paediatric update encompassing 'Practical Paediatric Dermatology' on 10th June 2023 at G Hotel Gurney, Penang. The one-day event comprising symposiums of various topics was attended by 254 participants from various parts of Malaysia, with 10 guest speakers who graciously came from as far as Kuala Lumpur to make this event a success.



of dermatology. Therefore, our scientific committee has put together a remarkably programme to keep us up to date on various aspects in Dermatology - Theme: All about Hair, Nails & skin: Practical & Conceptual. The event was a huge success and attracted a total of 400 participants and 35 pharmaceutical exhibitors.

The objective of this course was to introduce a regular continuous medical education programme for both government and private practitioners, with the hope of improving standard of care in Dermatology. The topics chosen are the common dermatological conditions that we encounter in our daily practice and some update on various aspect of Cosmetic and Medical Dermatology.

We lined up distinguished local speakers to share their experience with us this year.

My fellow comrades - 20 of them: Associate Professor Dr Henry Foong Boon Bee (Ipoh), Dr Lee Kim Sia (KL), Dr Leong Kin Fon (KL), Dr Tang Jyh Jong (Ipoh), Dr Chong Yew Thong (Penang), Dr Khor Yek Huan (Penang), Dr Ch'ng Chin Chwen (KL), Dr Lee Hock Leng (Ipoh), Dr Latha Selvarajah (Johor), Associate Professor Dr Kwan Zhenli (KL), Dr Oh Hoey Hoey (Penang), Dr Yeoh Chin Aun (Penang), Dr Loh Ken Chen (Kedah), Dr Loo Chai Har (Penang), Dr Norazlima Mohd Ali (Penang), Dr Low Dy-Win (Kedah), Dr Teh Yeon Chiat (KL), Dr Lee Shen Wei (Kedah), Dr Janet Lee Hoong May (Penang) and Dr Ooi Shin Yi (Kedah).

I would like to take this opportunity to express my sincere thanks to all the speakers who had willing to sacrifice their precious time to travel all the way to Penang to share their knowledge with us. The programme was very intense with lectures given by experts in their respective areas of interests. The scientific sessions were highly informative and well attended. The participants found the summit very useful and practical.



National Leprosy Control Programme / Leprosy Training Activities

Kursus Pengurusan Kawalan Kusta Peringkat Kebangsaan

Organized by Department of Dermatology, Hospital Kuala Lumpur

Date: 22.5.2023

Venue: Hospital Tunku Azizah



Pahang

Leprosy active case detection (ACD) and post-exposure prophylaxis with single-dose rifampicin (PEP-SDR) program with JKN Pahang

1. Kampung Permatang Keledang on 1.2.23
2. Kampung Sawah Batu on 5-7.5.23
3. Kampung Sg Mok on 9-11.6.23

Terengganu

Kursus Pengurusan Kusta, PKD Kemaman, 15th March 2023, KK Batu 2 ½, Kemaman, Terengganu

Johor Leprosy Workshop

This event was held on 14th May 2023 at Hospital Sultanah Aminah Johor Bahru. All paramedics and medical officers working in Johor were invited to participate in this event. Our team members delivered talks on leprosy. There were hands on stations with real leprosy patients to illustrate slit skin smear, signs and symptoms, and complications relating to leprosy to the participants.



Enthusiastic paramedics from HSAJB demonstrating slit skin smear

Participants were given the opportunity to examine our leprosy patients and palpate their peripheral nerves during the Leprosy workshop

Penang

1. Projek Lakar Program Kawalan Kusta Peringkat Negeri Pulau Pinang - Anjuran bersama JKN, Allied Health Centre of Excellence, Jln Sg Pinang, 29th March 2023
2. Kursus Pengendalian Kes Kusta (Managing Leprosy Effectively Workshop MaLE) - Anjuran bersama JKN, Pejabat Daerah SPT, 6 Sept 2023

Kedah

Pengukuhan Program Kawalan Penyakit Kusta Peringkat Negeri Kedah - Anjuran bersama JKN, 5th July 2023, Kolej Kejururawatan Sungai Petani

Selangor

1. LAKAR (Program Kawalan Kusta Kebangsaan), 23-24 Jun 2023, at MKAK Sungai Buloh & Kampung Paya Jaras Hilir



Sabah State Paediatric and Adolescent Dermatology Course

Dr Michelle Voo

Event organised by Department of Dermatology, Hospital Queen Elizabeth

Venue: Auditorium, Hospital Queen Elizabeth

Date: 5th Aug 2022



Advanced Master of Dermatology Masterclass 2023

Organized by Department of Dermatology, Hospital Kuala Lumpur

Date: 20.5.2023

Venue: Crystal Crown Hotel, Petaling Jaya



CONTACT DERMATITIS AND CUTANEOUS ALLERGY UPDATE 2023, HOSPITAL SELAYANG

By Dr Teeba Raja & Dr Elizabeth Chang

On 21st May 2023, the Dermatology Department of Hospital Selayang orchestrated the "Contact Dermatitis and Cutaneous Allergy Update 2023" at the Hospital Selayang Auditorium. Conceived with the core aim to disseminate the latest advancements in contact dermatitis and to hone practical skills related to its management, the event accomplished these objectives splendidly.

A testament to the course's success was the impressive turnout of 147 participants, spanning dermatologists, dermatology fellows, medical officers, staff nurses, and paramedics. The day unfolded in a meticulously coordinated series of lectures delivered by revered experts in the field.

1. Dr. Teeba Raja outlined the elementary principles and pathophysiology of contact dermatitis
2. Dr. Leong Kin Fon delineated an approach to contact dermatitis within paediatric groups
3. Dr. Sharifah Rosniza not only elaborated on the standard and extended patch tests series in Malaysia but also enlightened the attendees on the latest developments in the European standard series
4. Dr. Teh Yeon Chiat elucidated the conundrum of cutaneous drug hypersensitivity
5. Dr. How Kang Nien took the audience through the intricate nuances of occupational contact dermatitis
6. Dr. Elizabeth Chang Wei Hsi navigated through the evolution of contact allergens from 2000 to the present, culminating with an outlook on emerging trends



Dr. Teeba Raja (Head of Dermatology Selayang and chairperson of the event), presented a token of appreciation to Dr. Sharifah Rosniza, who gave a keynote lecture on patch testing at a dermatology masterclass. Dr. Sharifah is in charge of patch testing at Hospital Kuala Lumpur and has published numerous articles on contact dermatitis.



Dr Elizabeth Chang (secretary) and Dr Siti Nasuha (project manager), under leadership of Dr Teeba Raja, worked hand in hand with the devoted organising team from Dermatology Selayang, making this event a memorable one.

A series of immersive, hands-on workshops comprised the afternoon session. These workshops featured six segmented learning stations, each demonstrating distinct types and methods of skin testing. These included:

1. Station 1: Preparing and Performing Patch Tests & Short-contact Patch Tests, skillfully facilitated by Dr Irshath Ibrahim Ali, Dr. Lim Ai Y'ng & patch test nurse Kashmawaty Lehen
2. Station 2: Executing Repeat Open Application Test, Use Test, As is, Semi-open and Open Patch Tests, ably guided by Dr. Darshini Chandrasakaranpillay & Dr Teh Yih Herng
3. Station 3: Dilution of Wash-off Allergens, led by the expert duo, Dr. Mazliha Mashor & Dr. Ishvant Sidhu
4. Station 4: Photo-testing and photo patch-testing, conducted by Dr. Azila Akil, Dr. Teoh Xin Yun & Physiotherapist Raden Khursiah
5. Station 5: Skin Prick Tests, managed by Dr. Siti Nuraihan Nordin & Dr. Kanimoli Rathakrishnan
6. Station 6: Skin Prick and Intradermal Drug Tests demonstrated by Dr. Teh Yeon Chiat & Dr Zareen Yahya

Keeping the enthusiasm alive, a competitive and riveting quiz session ensued. The ultimate victors were Dr. Ting Yen Loo - first place, Dr. Jason Wong Lok Chin - runner up, and the third place going to Dr. Lim Mong Wayne.

Moreover, we successfully hosted the crucial "Government Dermatology Contact Dermatitis Meeting 2023". This assembly convened dermatologists and representatives from government and university hospitals nationwide. A significant highlight of the meeting was setting a clear trajectory for collaborative patch test data collection and paving the path towards the creation of a National Patch Test Registry.

We appreciate the invaluable contributions of all participants and speakers, for making this event truly transformative in the field of dermatology.



Dr. Teh Yeon Chiat and Dr Zareen demonstrated intradermal drug test for antibiotic hypersensitivity on Dr. Jason at station 6



The facilitators and participants of the dermatology masterclass after a fruitful day of learning. Up left to right, Doctors: Mazliha, Ishvant, The Yih Herng, Irshath, Darshini, Elizabeth, Zareen. Down left to right, Doctors: Lim Ai Yng, Teoh Xin Yun, E Chia Qi, Kanimoli, Azila, Physiotherapist Raden, The Yeon Chiat, Siti Nuraihan

1ST NATIONAL DERMATOLOGY- RHEUMATOLOGY MASTERCLASS, HOSPITAL SELAYANG

By Dr Teeba Raja & Dr Elizabeth Chang

Dermatologists and rheumatologists frequently collaborate to address a spectrum of conditions impacting both the skin and joints, including psoriasis, lupus erythematosus, dermatomyositis, vasculitis, scleroderma, rheumatoid arthritis, and various others. This underscores the vital significance of their partnership, enabling early diagnoses and facilitating a comprehensive, multidisciplinary approach to patient care.

With this principle in mind, the Departments of Dermatology and Rheumatology at Hospital Selayang jointly organized the "1st National Dermatology-Rheumatology Masterclass 2023" on August 5th, 2023. This event proved immensely beneficial for aspiring dermatologists and rheumatologists, physicians, medical officers, staff nurses and paramedics across the nation, attracting a total of 164 participants who engaged in a full-day program.

The masterclass was thoughtfully structured to make it more interactive. In the morning, three sessions covered rheumatology and dermatology aspects of lupus erythematosus, dermatomyositis, and psoriasis. Knowledgeable speakers from each field shared insights, followed by engaging case presentations and panel discussions. In the afternoon, there was an interactive vasculitis session featuring case-based learning and intriguing quizzes. This was followed by expert-delivered lectures on scleroderma and a workshop focusing on the use of capillaroscopes and dermatoscopes to identify nail capillary changes in dermatomyositis and lupus erythematosus. Additionally, certified rheumatologists provided instruction on performing Rodnan scoring.

This masterclass exemplified the fruitful partnership between dermatologists and rheumatologists, demonstrating its pivotal role in advancing medical knowledge and improving patient outcomes.



An encouraging turn out of 164 doctors consisting mainly of Dermatology, Rheumatology, Pediatric-dermatology and Paediatric rheumatology fellows from all over Malaysia.

Systemic Lupus Erythematosus plenary - Chairperson: Dr Habibah Yussof (Head of Medicine and Rheumatology, HSel), Speakers: Dr Azura Ninti Mohd Affandi (Senior consultant Dermatologist, HKL) & Dr Norliza Zainudin (Rheumatologist, HSel)



Dermatomyositis Plenary - Chairperson: Dr Tang Swee Ping (National Head of Paediatric Rheumatology & Head of Paediatric, HSel), Speakers:

Dr Suganthi Thevarajah (National Head of Service & Head of Dermatology, HKL) & Dr Dayang Masyrinartie (Rheumatologist, HTAA)



A wonderful joint effort between the Department of Dermatology & Rheumatology of Hospital Selayang. Here are part of the dedicated project committees, smiling with relief after all went well.



Scleroderma and Vasculitis Plenary - Left to right Dr Tang Jyh Jong (Head of Dermatology, HRPB), A/P Dr Raja Jasmin (Consultant Rheumatologist, UMMC), Dr Teeba Raja (Head of Dermatology, HSel), Dr Benji Teoh (Co-founder CDS Clinic)



Modified Rodnan Scoring hands on training, demonstrated by Dr Dayang on a patient with scleroderma



Dr Liau Swee Min (Rheumatologist), demonstrating nail fold capillaroscopy findings on real life scleroderma patients during hands on training.



Dr Jason Wong (Dermatology fellow, HKL) who was the master of ceremony for this event, performing nail-fold capillaroscopy under guidance of Dr Lim Shiau Li, (Rheumatologist, HSerdang)

Johor Dermatosurgery Workshop 2023

By Dr Evelyn Yap Wen Yee

A dermatosurgery workshop was held on 18th June 2023 in Hospital Sultan Ismail. Three esteemed dermatologists were invited as trainers/facilitators for this event and they were: Dr Richard Barlow from St John's Institute of Dermatology in London, Associate Prof Dr Kwan Zhenli from University Malaya Medical Centre and Dr Foo Seow Hoong from Gleneagles Medini Medical Centre Johor Bahru. During this workshop, facial anatomy, basic surgical techniques and local anaesthetics were covered. The participants included 21 dermatologists, trainees, and medical officers working in the Dermatology departments of Hospital Sultanah Aminah Johor Bahru, Hospital Sultan Ismail Johor Bahru and Hospital Pakar Sultanah Fatimah, Muar, Johor.



Dr Foo with some of the participants of Johor Dermatosurgery Workshop



With our esteemed speakers, Dr Richard Barlow, A/P Dr Kwan Zhenli, and Dr Foo Seow Hoong during the Johor Dermatosurgery Workshop

Modern Wound Dressing Workshop

By Dr Lee Shen Wei

Workshop was dated 1st June 2023 in Institut Latihan Kementerian Kesihatan Malaysia (Kejururawatan) Alor Setar. Total 90 participants including doctors and paramedics.



Sarawak Atopic Eczema Workshop

By Dr Tang Min Moon

Date: 5/8/2023

Venue: Imperial Hotel Kuching



20th Kelantan Dermatology Updates

By Dr Wan Noor Hasbee Wan Abdullah

The event was held on 29-30th July 2023 at H-Elite hotel. This annual program were organized by Dept of Dermatology HRPZ II in collaboration with Jabatan Kesihatan Negeri Kelantan, Dermatology Chapter, College of Physician, Academy of Medicine, MMA and Kelab Dermatologi HRPZ II. The program managed to gather 150 participants mainly doctors from primary care, specialist and general practitioner. The event was officiated by YB Tuan Lukansiman bin Awang Sauni, Deputy Minister of Health on 29th July 2023.



Johor Dermatology Update 2023

By Dr Evelyn Yap Wen Yee

Our annual dermatology update was held on 17th June 2023 at Renaissance Hotel JB with an overwhelming response of 200 participants, involving dermatologists, trainees, medical officers, general practitioners and paramedics working in the state of Johor. A wide variety of topics were covered ranging from atopic eczema and acne to lasers, and genital dermatology. There is a hands on session in the afternoon on contact dermatitis, which covered indications of patch testing, followed by a demonstration of patch test.



Doctors and staff of Dermatology Departments of Hospital Sultanah Aminah Johor Bahru, Hospital Sultan Ismail Johor Bahru and Hospital Pakar Sultanah Fatimah Muar along with our invited speakers for the Johor Derm Update

Kedah Dermatology Update (KDU) 2023

By Dr Lee Shen Wei

The Kedah Dermatology Update was an annual event held from 2014 until the year 2020, when it was disrupted due to the COVID-19 lockdown. However, after a hiatus of four years, the event was finally resumed. The preparation for KDU 2023 began in December 2022, with valuable guidance from our former head of department, Dr. Low Dy Win, and a collaborative effort between the Kedah Dermatological Society and the MMA.

KDU 2023 turned out to be a successful event, held on 22nd July 2023 at the Auditorium of Hospital Sultanah Bahiyah. A total of 180 participants attended, including doctors, paramedics, and medical students from both government and private sectors. The event received sponsorship from 13 drug companies, who contributed to both the booths and symposium.



Organising committee of Kedah Dermatology Update 2023

The symposium covered various topics, with presentations on acne vulgaris by Dr. Lee SW, pregnancy dermatoses by Dr. Wong SB, skin aging by Dr. Loh KC, syphilis by Dr. Ooi SY, superficial fungal infection and sporotrichosis by Dr. Tu PK, scabies and pediculosis by Dr. Chan KV, and adverse cutaneous drug reactions by Dr. Ong CH. Dr. Mabel Heah also spoke about common viral infections. Moreover, esteemed speakers, Dr. Tan Wooi Chiang and Dr. Low Dy-win, delivered talks on psoriasis and atopic eczema during the symposium.

To keep the event engaging, exciting quizzes in Kahoot format were organized, and prizes were awarded to the top 5 scorers. Additionally, 15 lucky draw prizes were distributed among participants after visiting all the drug companies' booths. The event concluded at 4.30 pm, leaving everyone hopeful for continued improvement in the years to come.



Booth visits



External speaker:

Dr Loh Ken Chen, Dr Tan Wooi Chiang & Dr Low Dywin



Participants in the auditorium

Fellowship in Mohs and Advanced Dermatological Surgery in St John's Institute of Dermatology, London, United Kingdom

By Assoc Prof Kwan Zhenli

Mohs micrographic surgery (MMS) is the gold standard treatment for high-risk non-melanoma skin cancers particularly basal cell carcinoma and squamous cell carcinoma. Besides offering superior cure rates, tissue-sparing benefits are useful for cosmetically sensitive areas. I was fortunate to be offered an opportunity to pursue my fellowship training in St John's Institute of Dermatology at Guy's Hospital, London, United Kingdom under the supervision of Dr Raj Mallipeddi. Dr Mallipeddi is a consultant dermatologist and dermatological surgeon who is the lead clinician at the Dermatological Surgery and Laser Unit (DSL) at St John's Institute of Dermatology.

I spent a year in London from May 2021 to April 2022 learning and refining various techniques in Mohs micrographic surgery, dermatological surgery and nail biopsy. As part of the fellowship requirements, I was able to participate in and perform more than 500 cases of Mohs micrographic surgery and more than 400 cases of reconstructions including flaps and full-thickness skin grafts. During the fellowship, there was also exposure to laser procedures, photodynamic therapy as well as botulinum toxin injections for axillary hyperhidrosis and cosmetic indications. Furthermore, I had the opportunity to be involved in various educational and research activities including participation in multidisciplinary skin cancer meetings.

The fellowship was a truly educational and enlightening experience. I particularly cherish the friendships and working relationships forged during my stint. Moving forward, I hope to continue developing the Mohs micrographic service in Malaysia as well as contribute to educational efforts in dermatological surgery locally.

Lastly, I would like to thank my team at the University of Malaya Medical Centre for their support as well as the Faculty of Medicine, University of Malaya for the opportunity to pursue my training abroad.



Malaysian Psoriasis Registry 2023

(Website: <http://www.dermatology.org.my/DermReg/index.htm>)

By Dr. Suganthy Robinson

The Malaysian Psoriasis Registry (MPR) currently has over 30290 psoriasis patients registered in its database.

MPR activities for 2022/2023:

1. At present, a total of 40 centers contribute data to the registry which include 36 government centres, 2 private centres and 2 universities. University and private dermatologists are strongly encouraged to contribute so that the registry may accurately represent psoriasis patients in Malaysia.
2. Notifications for all psoriasis patients are done once and six monthly thereafter for those on phototherapy and systemic treatment.
3. Registration forms to register as users are available at <http://www.dermatology.org.my/DermReg/sdp.html>. All dermatologists with institutional e-mails are eligible to register. As a registered user, you would be able to perform data entry and download data for your center.
4. We have published 1 annual reports, 6 manuscripts in peer reviewed journals and presented 6 abstracts and posters at local and international conferences. These publications are available at <http://www.dermatology.org.my/DermReg/publications.html>.

35th Anniversary of Malaysian Journal of Dermatology (MJD)



By Dr Tan Wooi Chiang

The Malaysian Journal of Dermatology welcomes manuscripts on all aspects of cutaneous medicine and surgery in the form of original articles, research papers, case reports and correspondence. Contributions are accepted for publication on condition that they are submitted exclusively to the Malaysian Journal of Dermatology.

Founding Editor

Dr Steven Chow Kim Weng (1987-1993)

Past Editors

Datuk Dr Rosidah Baba (1994-1998)

Dr Mardziah Alias (1999-2002)

Dr Koh Chuan Keng (2003-2004)

Dr Najeeb Ahmad bin Mohd Safdar (2005-2006)

Associate Professor Dr Henry Foong Boon Bee (2007-2008)

Dr Rohna Ridzuan (2009-2014)

Associate Professor Dr Felix Yap Boon Bin (2015-2016)

Current Editors

Associate Professor Dr Tan Wooi Chiang & Dr Tang Min Moon (2017-present)

Achievement & Progress

Malaysian Journal of Dermatology is the official journal of Dermatological Society of Malaysia (PDM), publishes evidence-based dermatology, clinical trials, epidemiology, qualitative and outcomes research biannually since 1988.

The first MJD was published in year 1988 as hardcopy and the first founding editor was Dr. Steven Chow Kim Weng. It is being listed in the WHO western pacific region Index Medicus, (WPRIM) since 1994. Since 2007, MJD has been regularly publishing online. Currently, MJD is published twice a year (June & December issues).

We believe being Malaysian is our unique niche- multi-ethnic, diversity of cultures, traditions & climates; our priority will be for scientific knowledge about dermatological diseases found in Malaysia and for the practice of dermatology being medical or cosmetic in Malaysia.

The editorial columns will always try to reflect the society's views and attitudes towards dermatology problems in the country. The MJD will also archive knowledge about the changing pattern of skin diseases both medical & surgical, advances of the understanding, management, treatment of skin diseases and our endeavours to them

We seek articles that are of educational value to doctors. We will consider all unsolicited articles submitted to the journal and will publish genuine, precise & relevant review articles. During the past 1 year, the editorial board received 35 manuscripts for consideration of publication. The acceptance rate was 82.9%.

We would like to congratulate MJD editorial board for another successful year. We have managed to publish 2 MJD issues, Volume 49 Dec 2022 and Volume 50 June 2023. We also like to thank all the external reviewers for their invaluable contributions in reviewing the submitted articles.

The Way forward

This year MJD is celebrating the 35th anniversary. The visionary mission of MJD is to be a peer reviewed scientific journal of the highest quality and aim to be listed in the internationally accepted reference index of medical journals in near future. Now is the right time to move forward to bring our journal to the next level. We would like to propose to join journal publishing partnership with Wolters Kluwer (Medknow).



Community Services

Activities by the Psoriasis Association of Malaysia (PAM) from Jul 2022 – Jul 2023

By Dr Azura Mohd Affandi, Medical Advisor of PAM

Date	Event
27 th Oct 22	Dr Azura Mohd Affandi and Sofia Lovi Ramasamy appeared on Selamat Pagi Malaysia, RTM to promote awareness on psoriasis and World Psoriasis Day.
29 th Oct 22	In conjunction with World Psoriasis Day 2022 , the KL Tower and Kuantan Tower was lighted in orange and purple hues , the official colour of PAM. Dr Azura and Sofia was also interviewed by LiteFM in conjunction with the event.
30 th Oct 22	World Psoriasis Day 2022 was celebrated with much fanfare at the Nu Sentral Shopping Mall, KL Sentral, Kuala Lumpur .
10 th Nov 22	To shed light on psoriasis and how this disease is impacting Malaysians, Biztech. asia caught up with Dr K. Thiruchelvam, Deputy President of PAM. During the conversation, Dr Thiru spoke about the causes of psoriasis, symptoms and treatment options available. He also touched on the association's role in creating awareness of psoriasis as well as how the organization is empowering patients and caregivers with the tools to cope with and manage the disease.
12 th Nov 22	Rocye Wong and Sofia Lovi, Malaysian patients advocate, corrected the disparity through an #IFPA project titled #AllTheColorsWeAre . A growing image library on IFPA's website presents psoriatic disease in diverse people and in real-life contexts. These images are available for free download. https://bit.ly/3WL1tvE
10 th Dec 22	PAM participated in a virtual forum organized by NCD Malaysia entitled ' My Right to Health '. The forum discussed the unfair discrimination of people living with NCDs in medical insurance policies.
12 th Dec 22	PAM participated in Universal Health Coverage Day organized by NCD Malaysia. The forum was joined by various 'umbrellas': YB Tuan Lukansiman Awang Sauni, YBhg Tan Sri Dr S. Subramaniam, YB Dato Seri Haji Dzulkefly Ahmad and YBhg Tuan Khairy Jamaluddin, civil society organisations, people living with NCDs, advocates, state executive councilors, members of the parliament, medical associations, international health or service organisations, healthcare workers, research institutions, academia and the private sector. The guidebook Many Small Umbrellas: A Guide for UHC in Non-Communicable Diseases (NCDs) was also launched on that day.
17 th Dec 22	PAM participated in the soft launch of Malaysian Skin Foundation (MSF) at Hospital Tunku Azizah. PAM would like to thank MSF for their kind donation and support for patients with chronic skin diseases in Malaysia.
17 th June 23	30 th PAM Annual General Meeting was held at the Royal Selangor Club, Kuala Lumpur. Specialist talks on mindfulness, tax relief for serious illnesses and coping with challenges at the workplace for psoriatic patients were presented by Miss Lowania Rajamohan, Encik Azrin Hisyam Yahaya and Dr Peter Ch'ng, respectively.
25 th June 23	Sofia and Dr Azura shared the stage at ASPIRE (Access, Pharmaceutical, Health & Economics) Conference at Hilton Hotel, Kuala Lumpur. Making an impact on patient life: Real case sharing opened the eyes of the participants on the devastating consequences of severe psoriasis and late treatment.
27 th June 23	PAM participated in Psoriatic Disease Patient Summit Asia-Pacific 2023 . This was a virtual event where members connected with fellow patients and gained valuable insights in managing psoriasis and breakthrough treatments.
2 nd -3 rd Jul 23	A few PAM members participated in International Federation Psoriasis Association (IFPA) meeting in Singapore . Among topics discussed included access to psoriasis care in respective countries.
3 rd Jul 2023	Sofia (PAM), Chiara (Psoriasis Indonesia) and Dr Azura took the stage at IFPA Forum Asia 2023 in Singapore, shedding light on mental health and psoriatic disease. The forum was very impactful, leaving the audience in tears with honest sharing by the patients.
4 th Jul 2023	Sofia participated in the Asia Pacific Dermatology Leaders roundtable meeting in Singapore . The forum proved to be a valuable platform for collective learning, with leaders from Japan, China, Taiwan, Philippines who shared their best practices and examples to emulate.
15 th Jul 2023	Super Itch Relief Workshop at Sandbox Co-working Space, Sri Petaling . Dr Azura shared the tips and tricks in managing itch in skin disease. The proceeds from the event was donated to PAM.

We would like to thank all pharmaceutical companies for their continuous support in ensuring educational activities for patients continued every year. We look forward to collaborate with other organizations and organize more educational activities for psoriasis patients in the future.



Penang Psoriasis Patient Education Workshop 2023

Access for All

By Dr Tan Wooi Chiang

This is the 2nd time the Department of Dermatology, Hospital Pulau Pinang and Persatuan Penyayang Pesakit Psoriasis Pulau Pinang (PPPPP) jointly organized the Penang Psoriasis Patient Education Workshop 2023 on 18th Jun 2023 from 8.00 am to 2.00 pm at G Hotel Gurney in Penang.

The workshop started off with “**Dance with Lisa**” in the early morning. Then followed by “**Chat with doctors**” Two talks, entitled “What you should know about psoriasis” and “What is new in psoriasis treatment”. The Mandarin segment was facilitated by Dr Loo Chai Har and Dr Tan Wooi Chiang, while Dr Norazlima Bt Mohd Ali and Dr Khor Yek Huan were the panelists in the Malay segment.



After opening ceremony, “**Patient Sharing Session**” was started, 2 patients with psoriasis were invited and interviewed on their experiences and journey as a patient. Then followed by “**Mind Sharing Session**” by counsellor Miss Tan Yan Ting (HP Training House Sdn Bhd). Before conclude the day, there was an interactive “**Fun with Quiz Game**” session for all participants. Total of 10 prizes were given to the top 10 scorers.



I would like to take this opportunity to express my sincere thanks to all the speakers/facilitators who were willing to sacrifice their precious time to share their knowledge with all the participants.

Epidermolysis bullosa in Malaysia and Mexico

Collaborator: Persatuan Dermatologi Malaysia, Molnlycke Health Care

Date: 11 July 2023

Venue: University of Malaya Medical Centre



World Psoriasis Day Celebration 2022/2023

World Psoriasis Day Celebration at KL

World Psoriasis Day 2022 was celebrated with much fanfare at the Nu Sentral Shopping Mall, KL Sentral, Kuala Lumpur on 30 Oct 2022.

The event was officiated by YB Fahmi Fadzil (MP of Lembah Pantai) and Dr Sabeera Begum (President of PDM). There was also handing over of the 'White Paper on Psoriasis' by Galen Centre to YB Fahmi Fadzil, and sharing by Miss Rocyie Wong on 'Psoriasis and Stress Management'.

The highlight of the event was a fashion show by psoriatic patients, who vowed the audience that day. Fun activities lined up for the day included choral speaking, magic show, sand art and face painting.

Dr Azura, Dr K.Thiruchelvam and Sofia participated in media engagements in conjunction with WPD 2022. Free skin consultations by MOH doctors were also well received at the event. There was also patient story and photography exhibition.



World Psoriasis Day Celebration at Johor

This annual event was organized on 29th October 2022 at the Sapphire Hall, Good Hope Hotel Skudai, Johor. All our patients with psoriasis and also members of the public were invited to participate in raising awareness regarding psoriasis. It was a successful event that involved various activities such as physical exercise session, dietitian and medical talks. Several fun, hands on activities suitable for all age groups were included, such as making pumpkin apple stamps, Halloween rock painting, design your own planet and cup creating. The event ended with the Annual General Meeting of Psoriasis Association of Johor.



Some of our psoriasis with Dr Latha, advisor of the Psoriasis Association of Johor



Office bearers of Psoriasis Association of Johor (PAJ) with Dr Latha



Physical exercise sessions during the World Psoriasis Day celebration

Single Dose Rifampicin Chemoprophylaxis for Leprosy

By Dr Rajalingam Ramalingam

The single-dose rifampicin (SDR) chemoprophylaxis programme for leprosy was first launched in Malaysia at Kampung Orang Asli Sawah Batu, Pekan, Pahang on 5th to 6th July 2022. This initiative continues to expand to other areas of Pahang in year 2023.

1. Leprosy active case detection (ACD) and post-exposure prophylaxis with single-dose rifampicin (PEP-SDR) program with JKN Pahang: Kampung Permatang Keledang on 1.2.23
2. Leprosy ACD and PEP-SDR program with JKN Pahang: Kampung Sawah Batu on 5-7.5.23
3. Leprosy ACD and PEP-SDR program with JKN Pahang: Kampung Sg Mok on 9-11.6.23

Yaws Screening Campaign in Sungai Kejar Hulu Perak

By Dr Tang Jyh Jong

Yaws is a long forgotten tropical skin infection caused by *Treponema Pallidum* subspecies *Pertenuie* which mainly affects children in poor rural communities in tropical countries. In Malaysia, the history of campaign against yaws started in 1920 and a yaws elimination unit was formed in MOH in 1954 which eventually merged with the general health services when the rates was <2 per 100,000. Since then, the disease often goes unrecognised and misdiagnosed due to its rarity. In 2007, there was an aboriginal family with confirmed case of yaws in Sg Kejar, Hulu Perak and four of the family members (1 adult and 3 children) were treated with IM Benzathine penicillin. Subsequently many villagers in the same area were noted to have positive rapid treponemal test (RTT) during a routine health screening in 2022. This led to initiation of yaws screening campaign in the village followed by mass drug administration with Azithromycin to eliminate the infection among the villagers.

Mass yaws screening was carried out in Sg Kejar from July 2022 till October 2022 with collaboration between PKD Hulu Perak, JKN Perak and Dermatology department HRPB. Screening for active yaws lesions was done followed by RTT. Those with positive RTT will be subjected for RPR and TPPA if consented for blood taking. Tab Azithromycin 30mg per kg or 2 g stat was given to the villagers aged > 2 months old who were agreeable for the mass drug administration. A total of 158 villagers were screened with majority male (60%). There were 14 patients who refused RTT and for the remaining 144 villagers, 23% (36 patients) had positive RTT but only 23 patients had undergone confirmatory test with RPR and TPPA which was positive in all 23 cases. All these 36 RTT positive cases were adults and majority were asymptomatic consistent with latent yaws except one adult male patient who had crusted skin lesion with positive RTT but refused for RPR and TPPA. All 36 positive RTT cases were treated with oral Azithromycin. Amongst the 122 villagers who were RTT-negative or refused RTT, 82 received empirical oral Azithromycin while the remaining 40 refused oral Azithromycin.

Yaws is still existing in the current era and primary care physicians must have high index of suspicion when dealing with any patients in rural areas. Health education and mass screening for affected communities is crucial and prompt treatment must be advocated to eliminate it.



Corporate Social Responsibility (CSR)

A. Project for Adolescent Skin Health (PASH)

Acne awareness and management talk by Dr. Teeba Raja at Tenby International School. Total of 600 high school students (aged 12-17 years) benefited from the talk.



Invited talk on **Malaysia Hari ini** at **TV3** on 9th Feb 2023 by Dr Elizabeth Chang Wei Hsi. Topic :Kesan penggunaan Arang Dalam Kesihatan & Kecantikan.



B. Radio / TV interview

RTM – Selamat Pagi Malaysia – 27th Oct 2022 by Dr Azura Mohd Affandi: Hari Psoriasis Sedunia 2022. <https://youtu.be/dZbt4v7YD50>

Lite FM – 29th Oct 2022 by Dr Azura Mohd Affandi: Hari Psoriasis Sedunia 2022.

BFM – 5th Dec 2022 by Dr Azura Mohd Affandi: Psoriasis Treatment



RTM Laporan Khas - Berita terkini TV dan online website (29 Jan 2023)

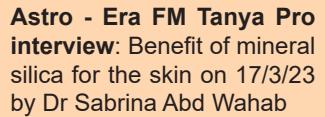
Expert opinion: A/P Dr Tarita Taib & Dr Mohan Arumugam - Keadaan persekitaran antara faktor penyakit kusta merebak.



TV3 - Malaysia Hari Ini:
Peluh Badan Melampau,
Bagaimana Mengatasinya,
24 Jan 23 by A/P Dr Tarita
Taib



Astro - Era FM Tanya Pro interview: Benefit of mineral silica for the skin on 14/7/23 by A/P Tarita Taib.



Astro - Era FM Tanya Pro interview: Benefit of mineral silica for the skin on 17/3/23 by Dr Sabrina Abd Wahab

REDfm Your Health, from REDfm 91.9mhz (English), RTM Sarawak

1. Acne (4/8/23; 2.30pm) by Dr Kiing Jiu Wen
2. Cutaneous Adverse Drug Reaction (23/6/23; 2.30pm) by Dr Tang Min Moon
3. Psoriasis by Dr Lim Tzyy Huei

Mutiara FM Penang, Psoriasis (23 Sept 2022) by Dr Norazlima bt Mohd Ali

Stesen Radio Terengganu.FM, Atopic Dermatitis (28th Feb 23) by Dr Norazura Mohamad

C. Newspaper / Media Publications

Harian Metro – 6th Nov 2022 by Dr Azura Mohd Affandi: Keradangan kulit kronik. <https://www.hmetro.com.my/sihat/2022/11/900255/keradangan-kulit-kronik>

Utusan Malaysia – 2nd Jan 2023 by Dr Azura Mohd Affandi: 'Saya diejek, dilabel kena kurap'. <https://www.utusan.com.my/premium/2023/01/saya-diejek-dilabel-kena-kurap/>



Advocacy Programme

MALAYSIAN SKIN FOUNDATION

DermaHope - The Hope that never fades

By Dr Agnes Heng Yoke Hui

Shortly after its inception, Malaysian Skin Foundation (MSF) organised a **Patient Awareness Day** in conjunction with its **soft launch** at the main auditorium of Hospital Tunku Azizah Kuala Lumpur on 17 December 2022. The event was spearheaded by Dato Dr Noor Zalmy Azizan and her team. The objective of the campaign was to create awareness of the various life-affecting skin diseases such as psoriasis, eczema, hidradenitis suppurativa and epidermolysis bullosa.

Dr Azura, Dr Benji, Dr Kartini and Dr Diedre gave a series of talks on these skin diseases while some of our trainees were involved in providing free skin consultation to the public. The various patient support groups such as Psoriasis Association of Malaysia, DEBRA Malaysia, Persatuan Ekzema Malaysia, PEKIM, Hidradenitis Suppurativa Support Group and Psoriasis Association of Johor were invited to witness the soft launch during which a small donation were given out to each of them as a token of encouragement for the work that they had done in supporting people afflicted by these diseases.



Between February to April 2023, MSF collaborated with the Public Relations students of Universiti Tunku Abdul Rahman (UTAR) Kampar, with the objective to introduce MSF to the public and to highlight the unmet healthcare needs of individuals who suffer from skin diseases. The students embarked on a social media campaign as well as roadshows which took them from Penang to Perak to Selangor to create awareness to the public. The students also interviewed a few patients who shared their experiences on coping with their skin diseases. The finale was a **Grand Launch cum Charity Dinner** held at Aloft Hotel on 29 April 2023.



MSF rolled out its Patient Assistance Programme (PAP) in April 2023, the purpose of which is to provide financial assistance to eligible individuals based on recommendation from their treating dermatologists. There was a total of 12 applicants between April to May 2023, out of which 11 were successful. The amount of financial assistance ranged from RM500 to RM1,000 per month for a period of 6 months, subjected to renewal for another 6 months.

MSF unveiled its dedicated website, accessible at malaysianskinfoundation.org.my, providing a comprehensive platform for the public to explore the foundation's objectives, vision, mission, and core values. Additionally, visitors can conveniently locate dermatologists, gain insights into prevalent skin conditions, and contribute through donation links.



Moving forward, MSF is actively seeking collaboration with young and mid-career dermatologists for impactful research endeavors. Dr. Moonyza Akmal Binti Ahmad Kamil, affiliated with the Department of Dermatology at Hospital Kuala Lumpur, is spearheading a multicenter study on biologics' survival in psoriasis. MSF is also inviting applications for research funding, thereby fostering a platform for innovative research within the realm of dermatology.

CLINICAL PRACTICE GUIDELINES ON THE MANAGEMENT OF ACNE VULGARIS (2nd EDITION)

By Dr Azura Mohd Affandi

Chairperson of the Development Group

Acne vulgaris is a common skin disease. A common misconception by the public is that acne vulgaris is a self-limiting teenage skin problem and thus, does not warrant treatment. However, it has been found to adversely affect the patients' social life, self-esteem and body image. It also has the potential to cause scarring in some patients and may contribute to significant psychological distress, like depression and anxiety, if left untreated.

The first edition of Acne CPG was published in 2012. The rationale for developing the second edition is due to the rising prevalence and incidence of acne vulgaris and to standardize the management of acne vulgaris by healthcare professionals. Variation in practice in the management of acne vulgaris warrants an evidence-based guidelines to guide healthcare providers on the issue. This is especially so when cosmeceutical products can be easily bought over the counter by the patients, hence a chapter on cosmeceuticals was included in this updated edition. Advancement in the diagnosis and treatment in acne vulgaris necessitate related updates to be addressed in the new edition of the CPG. Thus, the updated version also addresses the latest treatment modalities in the management of acne vulgaris.

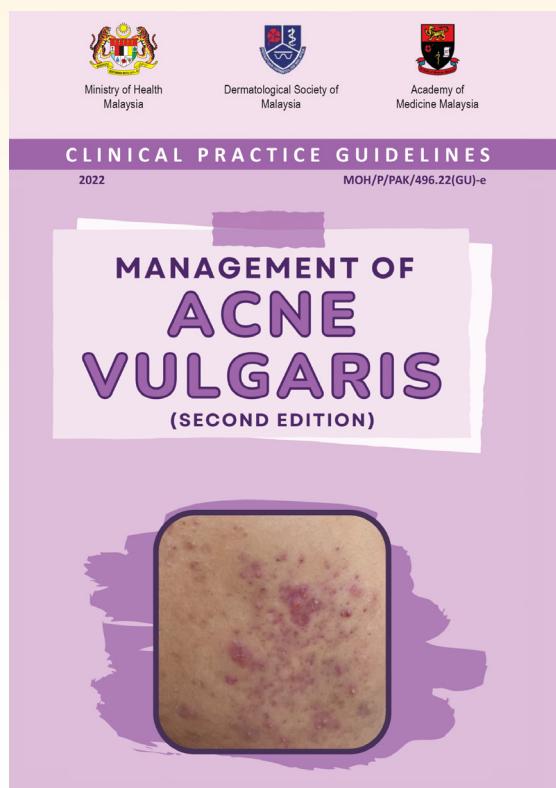
The members of the Development Group for the CPG were from the Ministry of Health, Ministry of Higher Education and private sector. There was active involvement of a multidisciplinary Review Committee during the process of the CPG development. The CPG was also reviewed externally by international and local experts in acne vulgaris. The development of the CPG was initially dampened when the Covid-19 pandemic hits, and eventually, after 3 years, the Second Edition of the CPG on the Management of Acne Vulgaris was finally published in 2022. Training of trainers was conducted on 15th May 2023 at Institut Kanser Negara (IKN), Putrajaya. The event was attended by specialists and medical officers from all over Malaysia. The CPG was officially launched by Dr Azman Yacob, Director of Medical Development Division, Ministry of Health Malaysia on 11th July 2023 at IKN, Putrajaya. Since its publication, the CPG has been presented at various conferences, such as the 5th Annual Scientific Meeting of Dermatology Chapter on 30th April 2023 and Kelantan Dermatology Update on 29th July 2023.

It is hoped that this CPG can be a useful source of reference for all involved in the management of patients with acne vulgaris. The CPG is available on the following websites:

<http://www.acadmed.org.my>

<https://www.dermatology.org.my/>

<http://www.moh.gov.my>



2nd Edition CPG on Management of Psoriasis Vulgaris : What's coming?

By Dr Tang Jyh Jong

The first Clinical Practice Guidelines (CPG) on the Management of Psoriasis Vulgaris in Malaysia was published in 2013. Since then, there have been many new developments in the therapeutic armamentarium of psoriasis vulgaris (PV) due to continually advancing knowledge of the pathophysiology of the disease and thus it is timely to revise our CPG. This second edition will update recommendations for managing PV based on the best and latest evidence available to provide evidence-based guidance to all healthcare providers involved in caring for patients with PV. The aim of this CPG is to assist clinicians and other healthcare providers in making evidence-based decisions on holistic management of PV. Treatment goals and recommendations will be stated to ensure that all patients receive appropriate and adequate care.

The new CPG development group consist multidisciplinary team of dermatologists (8), paediatric dermatologists (2), rheumatologists (2), family medicine specialists (2) and pharmacists (2). We are guided by Dr Mohd Aminuddin and Dr Nur Hanani from Malaysia Health Technology assessment Section (MAHTAS). Our review committees also consist of multidisciplinary team of dermatologists (4), family medicine specialists (2), rheumatologist (1), paediatric dermatologist (1), pharmacist (1) and patient advocate (1). We had our first meeting to discuss about the CPG protocol on 18/11/2022 and the protocol was then presented to the review committee on 14/2/23. After finalizing our protocol, the evidence was then retrieved systematically. We are currently in the stage of appraising all the evidence to produce evidence table.

In this new edition, we are going to redefine the definition of disease severity and determine the new treatment goal. In addition, we are going to relook into comorbidities, aggravating factors and risk factors of PV. All treatment modalities such as non-pharmacological treatment, topical therapy (including new small molecules eg phosphodiesterase inhibitor, januse kinase inhibitor inhibitor, aryl hydrocarbon receptor modulating agent), phototherapy, conventional systemic agent, biologics (TNF-alpha inhibitor, IL12/23 inhibitor, IL17 inhibitor, IL23 inhibitor and biosimilar), oral small molecules (januse kinase inhibitor, phosphodiesterase inhibitor) and combination therapy will be appraised in terms of their efficacy and safety in the management of PV. We are also going to look at the effective and safe treatment for special group of patients including paediatric and pregnant/ lactating mother with PV. The special groups will also include those with psoriatic arthritis, tuberculosis, viral hepatitis B & C, heart failure, chronic kidney disease, HIV or cancer. We will discuss about special considerations in PV patient on systemic/ biologics treatment requiring surgery or vaccination. The criteria to refer patients with PV to dermatological or rheumatological service or combined clinic will be determined to enable seamless care of patients with PV between hospital and community care.

Manual Pengurusan Kusta (MPK) 3rd edition Leprosy Treatment in Malaysia: An Update

By Dr Rajalingam Ramalingam

The **Manual Pengurusan Kusta (MPK)** was recently revised and its 3rd edition (2023) outlines both treatment of leprosy in Malaysia as well as post-exposure management of contacts. The MPK is adapted from the World Health Organization (WHO) guidelines for the management of leprosy 2018. The new treatment regimen consists of rifampicin, clofazimine and dapsone for both pauci- and multi-bacillary leprosy:

Age group	Drug	Dosage and frequency	Duration	
			MB	PB
Adult	Rifampicin	600 mg once a month	12 months	6 months
	Clofazimine	300 mg once a month and 50 mg daily		
	Dapsone	100 mg daily		
Children (10-14 years)	Rifampicin	450 mg once a month	12 months	6 months
	Clofazimine	150 mg once a month, 50 mg daily		
	Dapsone	50 mg daily		
Children <10 years old or <40 kg	Rifampicin	10 mg/kg once month	12 months	6 months
	Clofazimine	6 mg/kg once a month and 1 mg/kg daily		
	Dapsone	2 mg/kg daily		

The MPK also includes treatment of drug-resistant leprosy:

Resistance type	Treatment	
	First 6 months (daily)	Next 18 months (daily)
Rifampicin resistance	Ofloxacin 400 mg* + minocycline 100 mg + clofazimine 50 mg	Ofloxacin 400 mg* OR minocycline 100 mg + clofazimine 50 mg
	Ofloxacin 400 mg* + clarithromycin 500 mg + clofazimine 50 mg	Ofloxacin 400 mg* + clofazimine 50 mg
Rifampicin and ofloxacin resistance	Clarithromycin 500 mg + minocycline 100 mg + clofazimine 50 mg	Clarithromycin 500 mg OR minocycline 100 mg + clofazimine 50 mg

*Ofloxacin 400 mg can be replaced by levofloxacin 500 mg OR moxifloxacin 400 mg

Post-exposure chemoprophylaxis with single-dose rifampicin for leprosy contacts may be given via individual or blanket approach:

Age/weight	Rifampicin single dose
15 years and above	600 mg
10-14 years	450 mg
Children 6-9 years (weight \geq 20 kg)	300 mg
Children <20 kg (\geq 2 years)	10-15 mg/kg

The development of this new CPG requires hard work of all committee members of the development group and reviewers to produce a valuable resource to guide the healthcare professionals from primary to tertiary levels to deliver the best possible care for their patients with PV. We sincerely hope that we will be able to share the outcome of this second edition CPG on management of psoriasis vulgaris by end of 2024.



Protocol Presentation to Review Committee on 14/2/2023