



Message from the **PRESIDENT**

Dear members, colleagues, and friends,

First and foremost, I would like to extend my heartfelt gratitude to my **Executive Committee** for their unwavering commitment and support throughout this journey. Each member has contributed wholeheartedly, and together we have worked tirelessly towards advancing the society. My sincere appreciation also goes to the **Past Presidents' Council** for their invaluable guidance and expert advice, with special thanks to **Dr. Sabeera Begum**, who has been my reference and mentor.

The objectives of PDM remain clear – to promote continuous medical education, foster training and research, strengthen collaboration and networking, and to uphold our advocacy role. Over the past year, we have made meaningful progress in these areas through a series of impactful activities, events organized and initiatives. Among the highlights:

A. Education

PDM has actively organised dermatology updates and seminars, both in-person and virtually. Members spearheaded numerous educational initiatives for dermatologists, trainees, medical officers, and allied health personnel, including:

- **PDM Midterm Meeting 2025 on Laser & Energy-based Devices**
- **Northern Dermatology Summit**
- **Borneo Dermatology Update**
- **Immunodermatology Updates**
- **Updates in Contact Dermatitis**
- **Wound & Scar Masterclass**

In collaboration with the pharmaceutical sector, PDM has also organised masterclasses (Psoriasis, Atopic Eczema, Immunology), expert consensus workshops on skincare regimens, and a wide range of virtual lectures/webinars on conditions such as GPP, CSU, AD, and psoriasis.

The **PDM website (dermatology.org.my)** continues to be a valuable resource with sections like "News & Events" and "For Professionals", featuring guidelines, protocols, and scientific presentations.

Under the leadership of Dr. Henry Foong and Dr. Leong Kin Fon, the Dermatology Chapter has also been actively contributing to continuous medical education via webinars, workshops, and conferences.

B. Research & Publications

- **Research Grants:** PDM champions research through the PDM Research Grant, complemented by the MSF Grant to support dermatologists in research.
- **Malaysian Journal of Dermatology (MJD):** Since 2024, MJD has transitioned to a digital format with Wolters Kluwer Medknow. This advancement aims to attract more submissions, improve visibility, and eventually secure indexing status.
- **Clinical Guidelines & Publications:** PDM is actively engaged in the development and review of position papers and evidence-based clinical practice guidelines (CPGs), as well as the endorsement of expert consensus statements pertaining to dermatological diseases and skin health.
 - Clinical Practice Guideline (CPG) on Psoriasis Management, 2nd edition (2024)
 - National Vaccine-Preventable Diseases Recommendations for Older Persons in Malaysia 2025 by Malaysian Society of Geriatric Medicine
 - Position Statement on Safe and Appropriate Use of Topical Corticosteroids: Misuse of Topical Corticosteroids for Skin Bleaching, and Its Associated Harms 2025 by ILDS

C. Collaboration (International & Local)

- **International Leagues of Dermatological Societies (ILDS):** PDM members contributed to ILDS newsletters (2023/24) and the society was invited to attend the World Skin Summit 2025.
- **Leagues of Asian Dermatological Societies (LADS):** Hosted the **26th RCD at KLCC (2-5 Oct 2024)** with the **LADS AGM** attended by seven Asian societies.
- **AADV & ALDS:** Strengthened ties with Asian dermatology networks for collaboration and knowledge exchange.
- **SPIN & IRASPEN:** Through the National Psoriasis Registry, PDM contributes to these global psoriasis networks, sharing data, expertise, and educational resources.

- **Ministry of Health (MOH):** Collaborated on workshops (Leprosy, STI, Dermatology Nursing, Fellowship training). Notable initiatives include: Dermatology-Rheumatology Masterclass (led by Dr. Teeba Raja), Scar & Wound Masterclass 2025 in Penang, co-organised with national wound, orthopaedic, and plastic surgery teams.
- **National University of Malaysia (UKM):** Continued support for the Advanced Master in Dermatology training programme.
- **Networking & Partnerships:** Strengthening ties with regional and international societies to foster knowledge exchange and professional collaboration.

D. Advocacy & Public Engagement: The PDM is also committed in raising public awareness regarding skin health and skin diseases.

- **National Skin Health Day 2025:** Held in Penang (19 July 2025), attended by over 1,200 participants. Activities included serial lectures on acne, eczema, skin infection, skincare workshops, skin consultation, prick tests, wet-wrap demonstration, booth exhibitions, and pharmacist-led Know Your Medicine sessions.
- **Patient & Public Awareness:** PDM supported awareness campaigns for **World Psoriasis Day, World Eczema Day, World Leprosy Day & EB Awareness Week**.
- Engagement in patient education campaigns and collaboration with stakeholders to advocate for better access to dermatological care.
- The Executive Committee & members also actively participated in educating public on common skin disorders and skin care through writing articles in **mainstream media**. Media Publications (radio/TV interview/newspaper/magazine/social media/etc).

E. CSR & Humanitarian Dermatology Projects

- **Patient Support Groups:** Ongoing collaboration with DEBRA Malaysia, Ichthyosis Association, Psoriasis Association and Persatuan Ekzema Malaysia offering technical and financial support.
- **Project Adolescent Skin Health (PASH):** Initiated in 2018, continued through 2025 across multiple states, engaging students and teachers.
- **Community Outreach:** Projects for leprosy, psoriasis, EB and others at aborigine settlements, factories, health carnival and rural villages.
- **Patient Education:** Comic on Alopecia Areata (3 languages) in collaboration with Pfizer & Digital initiative on Chronic Spontaneous Urticaria in collaboration with Novartis.

This past year has been truly inspiring, marked by teamwork, innovation and shared purpose. None of it would have been possible without the dedication of our members and the collective spirit that drives PDM forward.

I would invite you to the **50th Golden Jubilee Annual General Meeting and Annual Dermatology Conference 2025 of the Persatuan Dermatologi Malaysia (PDM)**, taking place from 4-7 September 2025 at the Connexion Conference & Event Centre (Nexus), Bangsar South, Kuala Lumpur.

This year's conference is especially meaningful as we celebrate not only another successful scientific meeting, but also a remarkable milestone – 50 years since the founding of PDM. It is a moment for reflection, celebration, and anticipation of the future.

To mark this historic celebration, we have prepared a commemorative coffee table book and special souvenirs. We also warmly invite you to join us at the **PDM Annual Gala Dinner on 6 September 2025**.

As we move ahead, I am confident that PDM will scale greater heights in education, research, advocacy, and service to our community. Thank you for your trust, encouragement, and unwavering commitment.

Happy 50th Anniversary to PDM!

With warm regards,

Dr Tan Wooi Chiang
President (2024-2025)
Persatuan Dermatologi Malaysia



From the Desk of the **EDITOR**

Dear Friends and Colleagues,

Sincere greetings to all!

It is my pleasure to present to you the *2025 Newsletter of Persatuan Dermatologi Malaysia (PDM)*. This *9th edition* celebrates the achievements, growth, and valuable contributions of our members throughout the year 2024/2025.

This has been an eventful and productive year for PDM, with numerous activities successfully carried out. These include state and national-level CME programmes, collaborative efforts with regional and international dermatological societies, and impactful CSR initiatives, in line with PDM's continued commitment to professional development and community service.

Our core mission—to promote continuous medical education, research, training, networking, and advocacy—remains stronger than ever. It has been encouraging to witness the society grow in both reach and influence, with more events already

planned for the near future.

We are pleased to welcome 21 vibrant new members into our dermatology fraternity. Congratulations to Dr. Lim Jo Anne, recipient of the PDM Best Student Award 2024/2025, for her outstanding academic performance and dedication to the field.

A heartfelt thank you to all who shared their updates and insights for this newsletter. Your contributions truly reflect the collaborative spirit of our society.

This year also marks a momentous milestone: **PDM's 50th Golden Anniversary.** We are excited to celebrate this occasion with many small surprises. Please stay tune, and come for our Gala Dinner

Theme: **"Dermatology – Remember the Past, Embrace the Present, and Rise to the Future"**

We look forward to honouring our journey, celebrating present achievements, and preparing for a promising future together.

Last but not least, I hope the dermatology fraternity will continue to grow, support one another, and move forward as a united and progressive society.

Warmest regards,

Dr Peter Ch'ng
Editor, PDM Newsletter 2025

EXECUTIVE COMMITTEE 2024-2025

President	Associate Professor Dr Tan Wooi Chiang
Vice President	Dr Peter Ch'ng Wee Beng
Immediate Past President	Dr Sabeera Begum
Hon. Secretary	Dr Sharifah Rosniza Binti Syed Nong Chek
Treasurer	Dr Benji Teoh Tze Yuen

Committee members	Dr How Kang Nien Dr Teeba Raja Dr Zareen Aidah Yahya Dr Nirmala Ponnuthurai Dr Leong Kin Fon
Auditor	

PDM SUB-COMMITTEES

a) Malaysia Journal of Dermatology (MJD)

Editor-in-Chief:

Associate Professor Dr Kwan Zhenli

Deputy Editors:

Dr Tang Min Moon

Associate Professor Dr Tan Wooi Chiang

Associate Editors:

Dr Chang Choong Chor

Dr Norashikin bt Shamsudin

Dr Tang Jyh Jong

Associate Professor Dr Tarita bt Taib

Dr Ch'ng Chin Chwen

Dr Teo Ying Xin (United Kingdom)

Dr Oh Choon Chiat (Singapore)

b) Cosmetic Dermatology and Laser Medicine Board (CDLM)

Chairperson: Dr Peter Ch'ng

Vice-chairperson: Dr Nazirin Ariffin

Committee members:

Dr Henry Foong

Dr Lim Shueh wei

Dr Melinda Tong

Dr Priya Gill

Dr Ruban Nathan

Dr Ruth Ling

Dato' Dr Zalmy

c) PDM Research Committee

Chairperson: Dr Chang Choong Chor

Committee Members:

Dr Tang Min Moon

Dr Felix Yap Boon Bin

d) Malaysian Contact Dermatitis Affiliation (MACDA)

Chairperson: Dr Teeba Raja

Committee members:

Associate Professor Dr Adawiyah

Dr Sharifah Rosniza

Dr Voo Sook Yee @Michelle

Dr Chia Jian Qin

Dr Ling Wee Yun

Dr Mazliha Mashor

Dr Elizabeth Chang Wei Hse

Dr Teo Hock Gin

Dr Abdul Rahman

e) Sub-Committee for Paediatric Dermatology

Chairperson: Dr Ng Su Yuen

f) Hair Sciences & Surgery Subcommittee

Chairperson: Dr Ruben Nathan

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62250 Putrajaya

Email: admin@dermatology.org.my

Website: <https://www.dermatology.org.my/events.php>
www.facebook.com/PDM.Malaysia

Meet OUR NEW MEMBERS

We're excited to welcome our new members for 2025! Thank you for joining the PDM family — together, we can achieve even greater things.

DERMATOLOGIST BATCH 2024/2025



Dr Tan Yi Jun

Hospital Sultan Idris Shah, Serdang



Dr Mabel Heah Meibo

Hospital Sultanah Nur Bahiyah, Alor Setar



Dr Chan Kam Veng

Hospital Tuanku Fauziah, Kangar



Dr Lim Jo Anne

Hospital Pakar USM



Dr Chin Hui Wenn

Hospital Kuala Lumpur



Dr Niwasini Ravindran

Hospital Tuanku Ja'afar Seremban



Dr Ingrid Ting Pao Lin

Hospital Miri



Dr Lai Shiau Wei

Hospital Putrajaya



Dr Siti Badariah Binti Zakaria

Hospital Raja Perempuan Zainab II, Kota Bharu



Dr Siti Aribah Binti Alias

Hospital Raja Perempuan Zainab II, Kota Bharu



Dr Teo Yan

Hospital Umum Sarawak



Dr Shaliza Binti Nawawi

Hospital Sultanah Aminah, Johor Bharu



Dr Chua Keow Yin

Hospital Sultan Ismail, Johor Bharu



Dr Jassriwati Binti Kosnin

Hospital Kuala Lumpur



Dr Nurul Iman Binti Pison

Hospital Tengku Ampuan Rahimah, Klang



Dr Fazleenah Binti Ajmul Hussain

Quest University Ipoh

PAEDIATRIC DERMATOLOGIST BATCH 2024/2025



Dr Reyhanah Binti Mohd Rashid

Hospital Sultan Ismail, Johor Bharu



Dr Lee Tyan Shin

Hospital Sultanah Nur Bahiyah, Alor Setar



Dr Mohd Sufian Ardi Bin Abd Ghani

Hospital Tengku Ampuan Afzan, Kuantan



Dr Nur Syazwin Binti Sies

Hospital Tunku Azizah, Kuala Lumpur



Dr Deidre Ooi

Hospital Wanita dan Kanak-Kanak Sabah

AWARDS & SCHOLARSHIPS

Congratulations to all awardees !!!

A. Persatuan Dermatologi Malaysia Best Student Award 2024/2025

PDM has inaugurated the "PDM Best Student Award" for the first time in year 2020 for Advanced Masters in Dermatology Students for excellence academic performance. The objectives are to acknowledge and promote student academic excellence, provide formal recognition of student achievements, motivate other students to perform better hence upgrading standards of excellence and achievement.

Congratulation to **Dr Lim Jo Anne (Batch 2024/2025)** for her excellence academic performance for year 2025.

B. PDM Research Grant 2025

The research grant recipients in 2025 are listed in the table below

Investigators	Research title	Grant awarded
1. Dr Ng Ling Fong Dr Teo Yan	The Clinical Characteristics of Alopecia Areata and Its Association with Disease Severity: A cross-sectional study at two tertiary centres.	RM 5,000
2. Dr Sangeetha Magason Dr Lee Choon Sian	A Cross-Sectional Study of Plasma Matrix Metalloproteinase-3 Levels in Psoriatic Arthropathy.	RM 3,000

C. Konvensyen QA/QI HKL 2025 (First Runner-up), 27 February 2025, Dewan Cendekiawan, Institut Penyiaran & Penerangan Tun Abdul Razak (IPPTAR) – Dr. Waheeda Kadir



Dr. Waheeda Kadir receiving the First Runner-up prize from Dato' Harikrishna (Director of Hospital Kuala Lumpur)

D. Best HKL CME Presenter 2025: Dr. Wong Lok Chin

E. Department of Dermatology, Hospital Kuala Lumpur accredited as "Atopic Dermatitis Centre of Reference and Excellence (AD CARE), Global Allergy and Asthma Excellence Network 11.5.2025, Hilton Hotel, Kuala Lumpur



F. Best Oral Presentation for General Dermatology Category for 26th Regional Congress of Dermatology: Prospective Cohort Study Evaluating the Effect of Neonatal Blue Light on Atopic Dermatitis: A Preliminary Report - Ho Wen Chung, Meroshini Sundaran, Yap Moon Yan, Lee Chi Fai, Intan Hakimah Bt Ismail, Lee Chin Meng, Lee Sut Enn, How Kang Nien

G. PDM Nomination to AAD 2026:

AAD Annual Meeting Registration Scholarship

1. Generalised Pustular Psoriasis in Pregnancy: A Retrospective Cohort Study on Clinical Profile, Obstetric and Neonatal Outcomes in Malaysia - Dr Tay Mei Ee
2. A Therapeutic Breakthrough in Recalcitrant Hailey-Hailey Disease with Dupilumab: First Case Report from Malaysia - Dr Tracy Tan

AAD Annual Meeting Strauss & Katz World Congress Fund Scholarship

1. Patch testing and Shoe-wear Allergy in Feet Dermatitis: A Cross-Sectional Study - Dr Jassriwati Kosnir
2. Clinical Profile, Treatment and Quality of Life of Inverse Psoriasis Patients in Malaysia: Data from the Malaysian Psoriasis Registry (2007-2020) - Dr Lim AY

HIGHLIGHTS

26th Regional Conference of Dermatology 2024	05	Johor Dermatology activities	14
Pre- Congress RCD workshop: Fillers and Botulinum Toxin	06	PDM Mid-Term Meeting	15
RCD 2024 Pre-Congress Workshop RCDKL: Modern Genetics in Genodermatoses	06	Wound and Scar Masterclass 2025	16
Advanced Master of Dermatology Programme	07	Malaysian Psoriasis Registry	18
Perak Paediatric Dermatology Update	08	Malaysian Journal of Dermatology	18
Sarawak Paediatric Dermatology Update (SPDU)	08	New Horizons in Psoriasis Care: Release of the "Second Edition Clinical Practice Guideline on the Management of Psoriasis"	19
Activities of the Dermatology Chapter, College of Physician, AMM	09	Activities by Psoriasis Association of Malaysia (PAM) in 2024/2025	19
Activities of the Department of Dermatology, Hospital Kuala Lumpur	10	Penang Adolescent Dermatology Workshop 2025	21
Sabah Dermatology Activities	11	Corporate Social Responsibility (CSR) Activities	24
12th Northern Dermatology Summit 2025	12	Radio / TV interview / Newspaper / Magazine Publications	25

26th Regional Conference of Dermatology 2024

In 2024, after a 14-year wait, PDM proudly hosted the **26th Regional Conference of Dermatology (RCD)** from **2-5 October** at the **Kuala Lumpur Convention Centre (KLCC)**. Organised in collaboration with several leading local and international societies — including the **League of ASEAN Dermatological Societies (LADS)**, **Asian Academy of Dermatology and Venereology (AADV)**, **Asian Society of Dermatopathology (ASD)**, **International Psoriasis Council (IPC)**, and the **College of Physicians, Academy of Medicine Malaysia** — the event brought together over a thousand participants (Total of 1032 delegates) from across the globe for four days of scientific exchange, innovation and networking.

The scientific agenda showcased the latest breakthroughs, innovative medical technology and skill updates in medical and cosmetic dermatology, paediatric dermatology, dermatopathology, dermatosurgery, and emerging technologies. **Across 5 pre-congress workshops, 33 symposiums, and 6 plenary lectures, 42 international and 38 local experts shared insights on cutting-edge science and clinical best practices.** PDM also received **285 e-posters and 18 free papers**, highlighting original research from across the region.

Another highlight of the conference was the **FAADV Fellowship Conferment Ceremony** held on the final day — a momentous occasion recognising excellence, dedication, and contribution to the field of dermatology. This prestigious honour, awarded by the **Asian Academy of Dermatology and Venereology (AADV)**, symbolises the highest level of professional achievement and commitment to advancing skin health in Asia.

In this memorable ceremony, **30 Malaysian dermatologists** proudly received the Fellowship of the Asian Academy of Dermatology and Venereology (FAADV). The recognition not only celebrated their individual accomplishments in clinical practice, research, and education, but also underscored Malaysia's growing influence and leadership in the regional dermatology community. The atmosphere was one of pride, camaraderie and inspiration — marking a fitting finale to four days of world-class scientific exchange and collaboration.



The RCD 2024 opening ceremony was officiated by the Honourable Health Minister Datuk Seri Hj Dr Dzulkefly Bin Ahmad



Following the ceremony, Dr Sabeera Begum and Dr Tan Wooi Chiang accompanied the Minister on a tour of the exhibition booths, showcasing the latest innovations, technologies, and collaborations in dermatology.



The LADS Council Meeting was also held during the conference, attended by representatives from all member countries, further strengthening regional collaboration and unity within the dermatology community.



During the final day's FAADV Fellowship Conferment Ceremony, 30 Malaysian dermatologists were proudly awarded the Fellowship of the Asian Academy of Dermatology and Venereology (FAADV).

Pre-Congress Workshop RCDKL: Botulinum toxin and fillers Hands on workshop

By Dr Peter Ch'ng

The **Pre-Congress Hands-on Workshop on Botulinum Toxin and Fillers** was indeed a key event during the **26th Regional Congress of Dermatology (RCDKL)**, held on **October 2, 2024**, at **Hospital Tunku Azizah in Kuala Lumpur**. This workshop was organized to offer **practical training** for doctors to improve or refine their skills in administering **botulinum toxin** and **dermal fillers**—two key treatments in cosmetic dermatology.

Event Breakdown:

- **Morning Sessions (Fillers Focus):** The day began with insightful **lectures** on dermal fillers by **Dr. Peter Ch'ng** and **Dr. Tanongkiet** from Thailand. Their talks covered:
 - The latest techniques in dermal filler injections for facial contouring, volume restoration and skin booster.
 - Patient selection and managing complications.

This was followed by a **hands-on workshop** where attendees practiced techniques on volunteers under expert supervision.

- **Afternoon Sessions (Botulinum Toxin Focus):** After lunch, **Dr. Peter Ch'ng** gave another detailed lecture, this time focusing on **botulinum toxin** (often referred to as Botox), its applications, and safety measures in aesthetic treatments such as wrinkle reduction and facial rejuvenation.

This was followed by a **second hands-on workshop** on **botulinum toxin injections**, facilitated by **Dr. Patrick Huang** from Taiwan and **Dr. Peter Ch'ng**. During this session, attendees had the opportunity to inject botulinum

toxin injections on **volunteers**, getting hands-on experience under expert guidance.

Participant Attendance:

- 37 participants attended the **fillers workshop**
- 34 participants attended the **botulinum toxin workshop**.

This combination of **lectures** and **hands-on training** offered participants a comprehensive experience, blending theoretical knowledge with practical application. We also managed to generate net income of RM56,800 for PDM through this workshop.



RCD 2024 Pre-Congress Workshop RCDKL: Modern Genetics in Genodermatoses

As part of the 26th Regional Congress of Dermatology, a pre-congress workshop on modern genetics in genodermatoses took place on October 2, 2024, at Hospital Tunku Azizah in Kuala Lumpur, one day before the main event. The workshop attracted a diverse group of participants, including local and international delegates, all focusing on genetic skin disorders.

The distinguished international panel included dermatology experts Dr. Leong Kin Fon from Malaysia, Professor Tay Yong Kwong from Singapore, Professor Sandipan Dhar from India and consultant clinical geneticist from Malaysia, Dr. Winnie Ong. The faculty of speakers presented a variety of clinical cases on genodermatoses, organized into sessions covering topics such as erythrodermic and scaly conditions, epidermolysis bullosa, ectodermal dysplasias, autoinflammatory syndromes, and mosaic skin disorders.

Participants gained valuable insights into practical approaches for managing genodermatoses and the critical role of genotype-phenotype correlation. This collaborative effort between dermatology and genetics professionals will undoubtedly serve as a foundation for future workshops.



Advanced Master in Dermatology Programme Report Sept 2025

By Assoc. Prof. Dr. Adawiyah Jamil,
Programme Head, Department of Medicine, Universiti
Kebangsaan Malaysia

AdvMDerm

One hundred and forty (140) dermatologists have been produced by the AdvMDerm programme since 2022. Thirty-five students (35) are currently enrolled. Sixteen are in their final year, ten will be sitting for their examinations in December 2025 and six in June 2026. There are eight candidates in the Dec 2023 – Dec 2026 batch, and eleven in the Dec 2024 – Dec 2027 batch.

New intake

The 25th batch of the AdvMDerm enrolled into the programme on 1st Dec 2024. They were Dr. Aminuddin bin Hasnol Aidi, Dr. Chan Gin Peng, Dr. Benedict Sachdev a/l Manjit Singh, Dr. Ng Ling Fong, Dr. Goh Shiau Fui, Dr. Mohd Arif Abdul Malik Khiew, Dr. Sangeetha a/p Magason, Dr. Dalleen Leong Pei Chin, Dr. Mah Tsing Yee, Dr. Nurul Izzah binti Aziz and Dr. Ooi Bai Han.

Examination

The last examination saw fourteen candidates sitting for the examination at the Department of Medicine, Hospital Canselor Tuanku Muhriz, Faculty of Medicine, University Kebangsaan Malaysia from 5th to 8th May 2025. Dr. Lim Jo Anne scored the highest overall marks, and she will be receiving the PDM Best Student 2025 award. We would like to thank the esteemed examiners Datin Dr Asmah Johar, Prof. Dr. Richard Barlow, Dr. Nazatul Shima Abdul Rahim and Dr. Ng Fei Yin for their commitment, expertise and hard work. The next examination will be in November 2025 with 10 candidates.



AdvMDerm examination 5-8th May 2025. Standing from left to right: Dr. Shaliza Binti Nawawi, Dr. Ingrid Ting Pao Lin, Dr. Siti Badariah Binti Zakaria, Dr. Lai Shiau Wei, Dr Lim Jo Anne, Dr Tan Yi Jun, Dr. Chin Hui Wenn, Dr. Chan Kam Veng, Dr. Siti Aribah Binti Alias, Dr. Jassriwati Binti Kosnini, Dr. Mabel Heah Meibo, Dr Teo Yan, Dr. Niwasini A/P Ravindran and Dr. Nurul Iman Binti Pison

Sitting from the left: Assoc Prof Dr. Adawiyah Jamil, Dr Mohan Arumugam, Datin Dr Asmah Johar, Prof Dr. Richard Barlow, Dr. Nazatul Shima Abdul Rahim, Dr Ng Fei Yin, Dr Azura Mohd Affandi.

Graduates / new dermatologists

Congratulations to 24 new dermatologists! The 20th batch of AdvMDerm received their degree at the 51st University Kebangsaan Malaysia Convocation Ceremony 2024. The following are the graduates with their current place of practice in brackets next to their names.

Back row left to right: Dr Nurfadhilah binti Yusof (Hospital Sultanah Nur Zahirah), Dr. Khoo Voon Ling (Hospital Pulau Pinang), Dr. Ling Wee Yun (Bagan Specialist Centre), Dr. Tracy Tan See Ling (Hospital Selayang), Dr. Ting Yen Loo (Hospital Kuala Lumpur), Dr. E Chia Qi (Hospital Sungai Buloh), Dr. Lim Ai Y'ng (Hospital Raja Permaisuri Bainun), Dr. Teoh Xin Yun (Hospital Queen Elizabeth), Dr. Loo Yin Pin (Hospital Pulau Pinang), Dr. Priyya Subramaniam (Hospital Kuala Lumpur), Dr. Ummu Aiman Faisal (USIM), Dr. Ishvant Kaur Sidhu (KPJ Kajang Specialist Hospital), Dr. Waheeda Diana Abdul Kadir (Hospital Kuala Lumpur), Dr. Subashini Govindarajoo (Hospital Tuanku Ja'afar), Dr. Lim Ai Wei (Hospital Putrajaya). Front row left to right: Dr. Jason Wong Lok Chin (Hospital Kuala Lumpur), Dr. Mohd Firdaus bin Zakaria (Hospital Tengku Ampuan Rahimah), Dr. Heh Ding Yang (Hospital Sultanah Bahiyah), Dr. Teo Hock Gin (Hospital Sibu), Dr. Lim Mong Wayne (Mawar Medical Centre, Seremban), Dr. Kew Chen Hui (Pantai Hospital Penang), Dr. Ng Lim Chui (Hospital Melaka), Dr. Tay Mei Ee (Hospital Sultanah Aminah), Dr. Chia Jian Qin (Hospital Pakar Sultanah Fatimah)



Perak Paediatric Dermatology Update in May 2025

This event was organized by Paediatric Dermatology Unit of Paediatric Department, Hospital Raja Permaisuri Bainun and Paediatric Dermatology Subcommittee, Persatuan Dermatologi Malaysia and held in HRPB, Ipoh.

The Perak Paediatric Dermatology Update 2025 was organized to enhance the knowledge and clinical skills of healthcare professionals managing skin conditions in children. This event brought together medical practitioners from diverse backgrounds to share insights, practical updates, and best practices in paediatric dermatology.

A total of 118 paediatric specialists and medical officers from within Perak state, family medicine specialists, dermatology trainees, private general practitioners and allied healthcare professionals (e.g., nurses and medical assistants) from government and private attended the course.

This one-day course featured a series of morning lectures and afternoon workshops covering the following key topics:

- 1) Atopic dermatitis
- 2) Food allergies
- 3) Contact dermatitis in children
- 4) Infantile Haemangioma

- 5) Skin infection in children
- 6) Neonatal dermatoses
- 7) Common drug rash in children
- 8) Sharing of interesting cases in Paediatric dermatology clinic
- 9) Afternoon workshop and hands-on on wet wrap therapy, eczema education, prick therapy/KOH application for molluscum contagiosum, wound dressing.

Speakers included experienced paediatric dermatologists and dermatologists. Participants actively engaged in Q&A sessions workshops. Post-event feedback was collected online. 90% rated the overall course as excellent or very good. Participants valued the clarity of presentations, practical relevance, and quality of visual material and suggested extending the course to two days and conducting it regularly/annually.



Sarawak Paediatric Dermatology Update (SPDU) in July 2025

This event was organized by Paediatric Dermatology Unit of Paediatric Department and Dermatology Department, Sarawak General Hospital and Paediatric Dermatology Sub-committee of Persatuan Dermatologi Malaysia and held in Imperial Hotel Kuching, Sarawak.

This update aims to provide valuable insights into the diagnosis and management of common and uncommon skin conditions in children and adolescents. The topics covered will include atopic eczema, acne, allergy, childhood psoriasis, pigmented birthmarks, vascular anomalies, cutaneous infection, skin inflammatory disorders & vesicobullous diseases.

Target group for this workshop are doctors in the field of paediatrics and dermatology, primary care doctors, doctors from district hospitals, general practitioners, and allied health personnel (nurses and medical assistants) who are interested in updating their knowledge in the field of paediatric dermatology. A total of 253 health care practitioners participated in this programme.



Speakers are experienced paediatric dermatologists and dermatologists from Singapore, Kuala Lumpur, Selangor and Sabah.



Dermatology Chapter, College Of Physicians, Academy Of Medicine Of Malaysia

Report by Dr Henry Foong Boon Bee and Dr Latha Selvarajah

Introduction

The Dermatology Chapter of the College of Physicians, Academy of Medicine of Malaysia, remains steadfast in its mission to elevate the practice and education of Dermatology across the nation. Since its establishment in 2018, the Chapter has actively promoted excellence in Dermatology through scientific meetings, workshops, and collaborative academic initiatives.

Over the past year, the Chapter has successfully organized numerous impactful events featuring both national and international experts. These activities reflect our continued commitment to providing up-to-date knowledge and fostering professional networking within the dermatology fraternity.

Summary of Activities

Date	Event	Description	Venue
8-9 Jun 24	Johor Dermatology Update	Collaboration with Johor Dermatology	Amari Hotel, JB
22 Jun 24	Northern Regional Scientific Meeting	Pigmentary disorders and Atopic Dermatitis	Weil Hotel, Ipoh
30 Jun 24	Central Regional Scientific Meeting	Halt the Allergic March - Dream or Reality	Sime Darby Convention Centre, KL
30 Jun 24	Lasers, Injectables and Dermatologic Surgery Webinar	International Guest Speaker: Prof Chang Keun Oh, Pusan University, Busan, Korea	Virtual
17 Aug 24	1st Annual Advances in Dermatology	International Guest Speakers: Prof Vasanop Vachiramon & Dr Naththachat Jurairattannaporn (Mahidol Univ, Bangkok) Dr Richard Barlow (UMMC/St John Institute, UK) Dr Oh Choon Chiat (S'pore GH) Dr Lynette Wee Wei Yi (KKWCH, S'pore)	Renaissance Johor Bahru
25 Aug 24	Southern Regional Scientific Meeting	Dermatology Update for Primary Care	Courtyard by Marriott, Melaka
2-5 Oct 24	6th Annual Scientific Meeting	Held in conjunction with the 26th Regional Conference of Dermatology	KLCC
8 Dec 24	4th Borneo Regional Scientific Meeting	Kolo Mee Dermatology 2024	Sheraton Kuching
27 Apr 25	Recent Challenges and Drug Development in the Treatment of Fungal Skin Infections Webinar	International Guest Speakers: Dr Pan Jiun Yit (NSC, S'pore) and Dr Prajwal Pudasaini (Civil Service Hosp, Nepal)	Virtual
1 Jun 25	Updates in Contact Dermatitis: An International Teaching Course	International Guest Speakers: Prof Goh Chee Leok (NSC, S'pore) Dr Pailin Paungpet (Institute of Derm, Bangkok)	AC Hotel by Marriott, Ipoh



Department of Dermatology Hospital Kuala Lumpur 2024/2025

Trainees undergoing a mock written exam during the course

A. LIST OF CME ACTIVITIES

1. 'INTENSIVE COURSE 2025 ADVANCED MASTER OF DERMATOLOGY'

Venue: Wyndham Grand Bangsar Kuala Lumpur

Date and Time: 20.4.2025, 8am-5 pm

Attended by 49 Advanced Master of Dermatology trainees

Organised by Department of Dermatology Hospital Kuala Lumpur



Dr. Zuliatul Faizah Baharom delivering a lecture

2. KURSUS PEGURUSAN KAWALAN KUSTA PERINGKAT KEBANGSAAN

Venue: Auditorium Utama, Hospital Kuala Lumpur

Date and time: 26.5.2025-27.5.2025

Attended by 134 participants (dermatology trainees, family medicine specialists, medical officers, medical assistants and nurses)

Organised by Department of Dermatology Hospital Kuala Lumpur



Course participants and speakers

3. HKL DERMATOLOGY SYMPOSIUM 2025

Venue: The Vertical Connexion Conference & Event Centre

Date and Time: 13.7.2025, 8am-6pm

Attended by 200 delegates

Organised by Department of Dermatology Hospital Kuala Lumpur and Kelab Dermatologi KL



Dr. Faizal Bakhtiar delivering his talk



Supported by 26 pharmaceutical companies



The Organising Committee

4. Hair & Scalp Workshop

Organised by Department of Dermatology Hospital Kuala Lumpur and Kelab Dermatologi KL

Venue: Mardhiyyah Hotel & Suites, Shah Alam

Date and time: 3.8.2025, 8am-5.30pm

Attended by 35 Advanced Master of Dermatology Trainees



Dr. Kwan Zhenli giving her lecture



The workshop participants

Sabah State Activities 2025

Prepared by Dr Voo Sook Yee @ Michelle

Borneo Dermatology Update 2025

The Borneo Dermatology Update (BDU) 2025 was successfully carried out on 10-11th May 2025 at Hilton Hotel Kota Kinabalu, Sabah. It was a collaboration between Department of Dermatology, Hospital Queen Elizabeth, Department of Dermatology Hospital, Umum Sarawak, supported by Malaysian Medical Association (Sabah branch) and Persatuan Dermatologi Malaysia. This one and half day event was graced by 12 esteemed board-certified dermatologists who generously share their knowledge, experience and expertise. A big thank you to our generous sponsors for their commitment and support.



Stress Management and Soft Skills Course

We have also successfully organized Stress Management and Soft Skills Course on 27th Feb 2025 at Hospital Queen Elizabeth. As most dermatological diseases are associated with psychological co-morbidities it is

important to equip ourselves with the awareness and skills to better help our patients. *“How do I help myself, my family or my patients who are in stress?”, “Why am I angry?”, “Improving emotional intelligence”, “Tips on relaxation and relaxation techniques”* are among the highlights of the course. All the participants benefited from the course.



Presentation at the EADV Prague, 22-24th May 2025



I received the EADV Imrich Sarkany non-European Memorial Scholarship to attend the EADV symposiums in Prague last May. It was an important step in my professional development. The sessions gave me valuable insights into new research, practical updates in clinical care and perspectives from dermatologists around the world. These experiences have encouraged me to improve my approach to patient care and apply the knowledge gained in my daily practice. I also had the opportunity to present a poster entitled “Clinical Characteristics, Treatment and Quality of Life of Palmoplantar Psoriasis Patients in Malaysia”. I am grateful to my co-authors who have provided guidance in preparation of the poster.

~ Dr Teoh Xin Yun, Hospital Queen Elizabeth

12th Northern Dermatology Summit 2025

by Dr Tan Wooi Chiang

Date: 22-24 Feb 2025

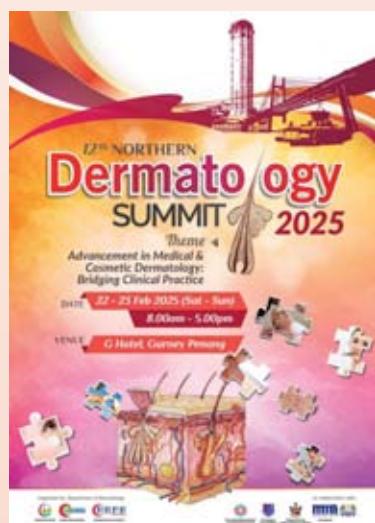
Venue: G Hotel, Gurney Penang

Theme: Advancement in Medical & Cosmetic Dermatology - Bridging Clinical Practice

This marks the twelfth consecutive year that we have orchestrated the Northern Dermatology Summit (NDS), a collaborative endeavor involving the Department of Dermatology at Hospital Pulau Pinang, Hospital Sultanah Bahiyah and Hospital Raja Permaisuri Bainun; Malaysian Medical Association (MMA) Penang Branch; Persatuan Dermatologi Malaysia; and Dermatology Chapter of the Academy of Medicine of Malaysia.

NDS has been established as an annual regional symposium dedicated to addressing the most pressing challenges within the realm of dermatology. This course also functions as a vital educational platform for dermatology, offering a comprehensive continuous education program for both governmental and private practitioners, with the aspiration of enhancing the standards of care within the field. Consequently, our scientific committee has meticulously curated an exceptional program designed to keep us informed of a diverse array of topics in dermatology. This year's theme for NDS is "Advancements in Medical and Cosmetic Dermatology—Bridging Clinical Practice."

This summit will also provide evidence-based teachings to practicing professionals. Comprehensive guidelines, encompassing both conventional and contemporary advancements in management as well as expanded treatment modalities, are succinctly reviewed. A diverse array of topics are addressed, covering both prevalent and rare conditions within the field of medical and cosmetic dermatology, which are of significant relevance.



This is the first time NDS has extended to a 3-days event. The proceedings will commence with the main conference on 22nd and 23rd of February 2025, followed by Wound & Scar Masterclass on the 24th February 2025. The agenda is very intense with lectures given by experts in their respective areas of interests, complemented by practical, hands-on sessions. The scientific

presentations were profoundly enlightening, pragmatic and reflective of the latest advancements in the field. The aims of conducting hands-on workshops is to convene specialists and practitioners from diverse disciplines, facilitating the exchange of insights, fostering discussions on innovative practices, and strengthening professional

networks, particularly in the field of wound and scar management.

This event witnessed a robust participation of 482 participants hailing from various regions across Malaysia and garnered the involvement of 45 pharmaceutical exhibitors. The participants expressed that the summit was exceptionally beneficial and pragmatic. This year, we lined up of 33 distinguished guest speakers, encompassing various specialties—including dermatology, wound care, oncology, orthopaedic surgery, and plastic surgery—who generously shared their invaluable expertise with us.



Baricitinib (AA indication) Launching Event

My fellow comrades - 33 in total: Associate Prof Tom Chih-Chieh Chan (Taiwan), Associate Professor Dr Henry Foong Boon Bee (Ipoh), Dr (Ms) Hasliza binti Md Shahir (Penang, Plastic), Dato Dr (Mr) Azuhairy B Azid (Penang, Orthopaedic), Dr Leong Kin Fon (KL), Dr Tang Jyh Jong (Ipoh), Dr Chong Yew Thong (Penang), Dr Lim Shueh Wei (Penang), Dr Khor Yek Huan (Penang), Dr Fong Chin Heng (Penang, Oncology), Dr Ch'ng Chin Chwen (KL), Dr Mok Zhun Rui (Singapore), Dr Oh Hoey Hoey (Penang), Dr Yeoh Chin Aun (Penang), Dr Nur Ashikin Bt Ahmad (KL), Dr Lee Hock Leng (Taiping), Dr Loh Ken Chen (Kedah), Dr Loo Chai Har (Penang), Dr Norazlima Mohd Ali (Penang), Dr Ramesvari A/P Pararajasingam Pillai (Penang, Wound team), Dr Rachael Shamini Danasamy (Penang, Wound team), Dr Low Dywin (Penang), Dr How Kang Nien (KL), Dr Teh Yeon Chiat (KL), Dr Lee Shen Wei (Kedah), Dr Janet Lee Hoong May (Penang), Dr Leong Wei Cheng (Ipoh), Dr Ooi Shin Yi (Penang), Dr Khoo Voon Ling (Perlis), Dr Loo Yin Pin (Penang), Dr Ling Wee Yun (Penang) and Dr Lee Tyan Shin (Kedah).

I would like to seize this opportunity to convey my heartfelt appreciation to all the distinguished speakers who graciously dedicated their invaluable time to journey to Penang and impart their wisdom to us. I extend my sincere gratitude to the diligent committee members and all the sponsors for their generous and unwavering support, without which this event would not have been possible, nor achieved such resounding success.



Speaker: Dr Henry Foong



Speaker: Dr Khor Yek Huan



Speaker: Dr Loh Ken Chen



Speaker: Dr Loo Chai Har



Q&A session of the Eucerin Lunch Symposium, chaired by Dr. Tan



Speaker: Dr Norazlima Bt Mohd Ali



Speaker: Dr Oh Hoey Hoey



Speaker: Dr Tang Jyh Jong



Group photo of NDS 2025 organizing committee



Loreal Booth



Galderma Booth



Taisho/Hoe Booth



Eucerin Booth



Smiles and thumbs up from Dr Loo Chai Har, Dr Teh Yeon Chiat & Dr Tan
NDS 2025, held at G Hotel Gurney, Penang — celebrating a successful day of learning and collaboration.



Zuellig Pharma Booth

Johor Dermatology Activities

In 2025, the Johor Dermatology fraternity continued to lead initiatives in clinical education, public engagement, and multidisciplinary collaboration across the state and region.

A key highlight was **Johor Dermatology Update 2025**, held on **21 June 2025** at **Fraser Place Johor Bahru**, with the theme "*Dermatology at the Frontline*". Co-organised with the Dermatology Chapter of the College of Physicians, Academy of Medicine Malaysia, the event attracted over 200 healthcare professionals in the southern region.



Caption: Team of speakers for Johor Dermatology Update



Caption: Industry partners at Johor Dermatology Update foHands on Wound Care workshop

This year's programme focused on practical dermatology for primary care and hospital-based teams, covering a range of common and complex skin conditions. Sessions addressed diagnostic challenges, chronic inflammatory dermatoses, skin signs of internal disease, and evolving treatment options. It concluded with a fully subscribed hands-on wound care and laser workshop. The event had overwhelmingly positive feedback.

Beyond academic contributions, the team remained committed to patient-centred advocacy. In October 2024, the Johor Dermatology Team partnered once again with Persatuan Psoriasis Johor to organise the annual World Psoriasis Day celebration. Held at the Pusat Komuniti Gelang Patah, this event brought together patients, caregivers, and healthcare professionals to promote awareness, empowerment, and access to care for those living with psoriasis. Activities included patient sharing sessions, health screenings, and updates on the latest treatments, creating a safe space for education and community building.



Caption: Speech by Mr Faiz, president of PAJ.



Caption: Talks and Q&A with the public



Caption: Games and activities for children

The Johor dermatology team participated in many other events nationwide in the past year, including national conferences such as the Regional Conference in Dermatology (RCD), Contact Dermatitis Update, Family Medicine Scientific Conference, and Southern Medical Update. Members also conducted outreach and technical training on leprosy and slit skin smear techniques in collaboration with district health offices. With strong partnerships and continued support from PDM, we look forward to building on this momentum in the coming year to deliver even greater impact at both the clinical and community levels.



Caption: Slit Skin Smear Workshop



Caption: SSS hands on session

CME Activities

Topic	Event Name	Venue	Date
Johor Dermatology Update 2025	HSIJB, HSAJB, HPSF Muar, Derm Chapter AMM	Fraser's Place Hotel Johor Bahru	21/06/25
Basic Dermatology Workshop	Hospital Sultan Ismail Dermatology Unit	Hospital Sultan Ismail Johor Bahru	25/04/25
Bengkel Slit Skin Smear (Sss) Dan Program Saringan Kusta Kilang Pertama Springroll Peringkat Pejabat Kesihatan Daerah Pontian	Pejabat Kesihatan Daerah Pontian	Bilik Mesyuarat Pejabat Kesihatan Daerah Pontian Dan Kilang Pestama Springroll Fontian	30/04/25
Program Lakar Bersama Komuniti Peringkat Daerah Johor	Unit Tibi/Kusta Pkd Jb	Dewan Raya Kg Melayu Pandan	11/10/24

Social Projects

Event Name	Venue	Date	Event Name
World Psoriasis Day Celebration Johor State Level	Pusat Komuniti Gelang Patah	26/10/24	World Psoriasis Day Celebration Johor State Level

PDM Midterm Meeting 2025

Date: 17–18 May 2025 (Saturday & Sunday)
 Venue: Medical Academies of Malaysia Building, Putrajaya
 Theme: Laser and Energy-Based Devices in Dermatology

Overview

The Persatuan Dermatologi Malaysia (PDM) successfully hosted its Midterm Meeting 2025 on 17–18 May at the Medical Academies of Malaysia Building, Putrajaya. Themed “Laser and Energy-Based Devices in Dermatology,” the meeting brought together experts and practitioners to discuss current innovations, clinical applications, and future directions in laser dermatology.

Scientific Highlights

The 2-day scientific program featured in-depth lectures, interactive Q&A sessions, and expert panel discussions focusing on the practical use of energy-based devices in various dermatologic conditions. Attendees gained valuable updates on laser technologies, safety protocols, and treatment outcomes.

Distinguished Speaker Faculty

1. Dr Geun-Soo Lee – Dr Woo & Hann's Skin & Laser Clinic, South Korea
2. Dr Hong Jin Joo – Cheongdam Glassy Dermatology, South Korea
3. Associate Prof Dr Henry Foong Boon Bee – Foong Skin Specialist Clinic, Ipoh
4. Dato' Dr Noor Zalmy Azizan – Thomson Hospital, Kota Damansara
5. Dr Leong Kin Fon – Hospital Tunku Azizah, Kuala Lumpur
6. Dr Peter Ch'ng Wee Beng – Gleneagles Hospital, Kuala Lumpur
7. Dr Khor Yek Huan – Island Hospital, Penang
8. Associate Prof Dr Kwan Zhenli – UMMC, Kuala Lumpur
9. Dr Ruth Ling Hee Ninh – The Corner Skin Specialist Clinic, Sarawak
10. Dr How Kang Nien – UPM, Selangor

Conclusion

The PDM Midterm Meeting 2025 was a great success, fostering collaborative learning and meaningful

discussions among dermatologists across the region. The society extends its gratitude to all speakers, participants, and sponsors for their support and contributions.



PDM Mid-Term Faculty Dinner at the Iconic Petronas Twin Towers



PDM Mid-Term Faculty Dinner at the Iconic Petronas Twin Towers

Wound & Scar Masterclass 2025

Date: 24th February 2025

Venue: G Hotel, Gurney Penang

A one-day intensive masterclass designed to elevate clinical proficiency in wound / dressing management and scar management. The programme brought together a multidisciplinary team including wound specialists, wound care teams, orthopedic surgeons, plastic surgeons, physiotherapist / occupational therapist and dermatologists. This integrated team approach allowed participants to explore holistic patient care strategies and to understand how different specialties contribute to wound and scar management.

Morning Session: Wound Diagnosis & Management

A. Lectures:

The masterclass commenced with a series of structured lectures focused on accurate wound diagnosis and evidence-based management approaches. Topics covered included wound assessment techniques, infection risk evaluation, and appropriate dressing selection.

B. Breakout Practical Session:

Participants then engaged in hands-on breakout sessions designed to refine practical skills in wound cleansing, debridement, and dressing application. Emphasis was placed on real-world case scenarios, enabling teams to collaborate and apply theoretical knowledge in tactile, supervised settings.

Afternoon Session: Scar Management - Laser & Energy-Based Device

The afternoon began with expert-led presentations on the principles, indications, and safety protocols associated with laser and energy-based devices for scar treatment.

Participants rotated through practical stations, gaining direct experience with:

- a. Cryosurgery
- b. CO₂ Laser
- c. PicoLaser
- d. Microneedling Radiofrequency

Conclusion

The Wound and Scar Masterclass 2025 at G Hotel Gurney was a well structured, impactful event that successfully blended didactic education with immersive, practical experiences. By engaging multiple disciplines and modern technologies, it equipped clinicians with the tools and collaborative frameworks to deliver advanced wound and scar care.



Demonstration of ABI measurement at one of the hands-on stations



Group photo with Dr Hasliza binti Md Shahir (Plastic Surgeon), Dato' Dr Azuhairy B. Azid (Orthopaedic Surgeon), and Wound Team from Hospital Pulau Pinang during the Wound and Scar Masterclass 2025.



Group photo with Physiotherapy Team from Hospital Pulau Pinang



Dr Ramesvari Wound specialist delivering a lecture on "Principles of Wound Care"



Dr Ooi sharing insights on "Diagnosis and Management of Venous Leg Ulcers"



Wound specialist, Dr Rachael Shamini Danasamypresenting on the topic of "Compression Therapy" as a key component in wound management at the Wound and Scar Masterclass 2025.



Dr Hasliza binti Md Shahir delivering a lecture on "Surgical Management of Hidradenitis Suppurativa (HS)"



Dr Lee sharing expert insights on "Atypical Wounds: Diagnosis and Treatment"



Oncologist Dr Fong delivering a lecture on the role of radiotherapy in dermatology



Dr Mok sharing essential tips on pre- and post-laser care to optimize patient outcomes



"How to Clean Your Wound" Station



Modern Wound Dressing Station



Preparation prior to laser treatment



Picolaser treatment station



Fractional CO2 laser treatment station



Microneedling RF treatment station



Cryosurgery station

The Malaysian Psoriasis Registry 2025

Website:

<http://www.dermatology.org.my/DermReg/index.htm>



The Malaysian Psoriasis Registry (MPR) currently has 34356 psoriasis patients registered in its database.

Governance Board and Steering Committee (2023-2024):

Governance Board members:

1. Dr. Azura Mohd Affandi (Chairperson)
2. Datin Dr. Asmah Johar
3. Dr. Chang Choong Chor

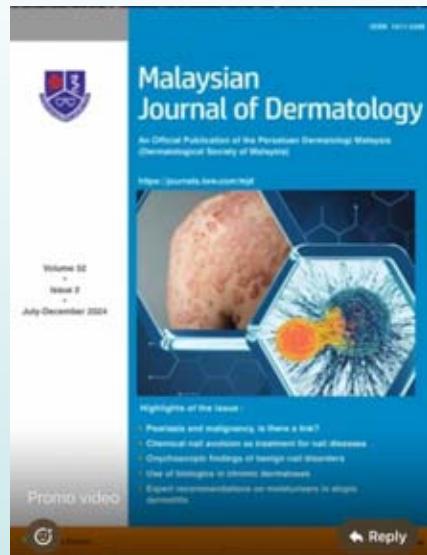
Steering Committee:

1. Dr. Suganthy Robinson (Chairperson)
2. Dr. Rajalingam Ramalingam
3. Dr. Voo Sook Yee
4. Dr. Tang Min Moon
5. Dr. Latha Selvarajah
6. Dr. Tan Wooi Chiang
7. Dr. Mohan Arumugam
8. Dr. Ng Su Yen
9. Dr. Lalitha Pillay A/P B Gopinathan
10. Dr. Loo Chai Har
11. Dr. Chang Wei His
12. Dr. Wong Lok Chin

MPR activities for 2024/2025

- a) A joint governance board and steering committee meeting was held on 6.10.2024 at Crystal Crown Hotel, Petaling Jaya.
- b) At present, a total of 41 centers contribute data to the registry which includes 36 government centres, 3 private centres and 2 universities. University and private dermatologists are strongly encouraged to contribute so that the registry may accurately represent psoriasis patients in Malaysia.
- c) For 2024/2025, the MPR presented a poster at the EADV Symposium 2025 Prague 22-24 May 2025: XY Teoh, SYM Voo, S Robinson, Z Kwan, MM Tang. Clinical Characteristics, Treatment and Quality of Life of Palmoplantar Psoriasis Patients in Malaysia.
- d) We encourage the use of our data for clinical management, policy making, resource planning and publications. Data request guidelines and forms can be obtained from <http://www.dermatology.org.my/DermReg/datarequest.html>.
- e) The MPR funds are currently under 'Kelab Dermatologi KL' under the care of the Dermatology Department of Hospital Kuala Lumpur.
- f) Efforts are under way to start The Malaysian Pustular Psoriasis Registry (a sub registry under the MPR).

Malaysian Journal of Dermatology



Since June 2024, the Malaysian Journal of Dermatology (MJD) has been published by Wolters Kluwer Medknow. MJD is the official peer-reviewed publication of Persatuan Dermatologi Malaysia (Dermatological Society of Malaysia) and is published twice yearly (June and December issue). The journal is available for reading online via the MJD website at <https://journals.lww.com/mjd/pages/default.aspx> while the submission platform is accessible at <https://review.jow.medknow.com/MJD>.

The journal has been indexed in the Western Pacific Research Index Medicus (WPRIM) since 2009 and is now registered with the following abstracting partners: Baidu Scholar, China National Knowledge Infrastructure (CNKI), EBSCO Publishing's Electronic Databases, Ex Libris - Primo Central, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TDNet and Wanfang Data.

Between August 2024 and August 2025, there have been two issues of the journal released on the website. The MJD published a range of submissions including review articles, original articles, case reports and correspondence. While featuring Malaysian research in the field of dermatology, the MJD also showcased work from regional authors including Singapore, India and Bangladesh.

Moving forward, we hope that our endeavours can promote and encourage dermatologists in Malaysia and the wider region to produce and publish their research on this public platform. We also eventually aim to index the MJD in the Scopus and Web of Science databases.

We welcome submissions of original articles, case reports and reviews for publication in MJD. Share your research and contribute to advancing dermatology in Malaysia and the region!

New Horizons in Psoriasis Care: Release of the “Second Edition Clinical Practice Guideline on the Management of Psoriasis”

By Dr Tang Jyh Jong

After months of dedication, hard work, and collaboration, we are pleased to announce the release of the Second Edition of the Clinical Practice Guideline (CPG) on the Management of Psoriasis in Malaysia. This updated guideline serves as a practical, evidence-based resource for clinicians across all healthcare settings, ensuring consistent, high-quality, and up-to-date care for people with psoriasis.

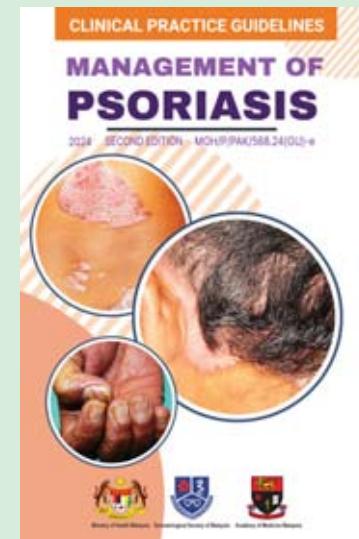
The first edition, published in 2013, laid the foundation for standardising care and improving outcomes. Since then, psoriasis management has evolved significantly, with the advent of newer biologics and small molecule therapies targeting specific immunological pathways. In light of these advances, it is timely and essential to update the guideline to reflect current best practices.

This second edition is the product of multidisciplinary collaboration involving dermatologists, paediatric dermatologists, rheumatologists, pharmacists, primary care physicians, and public health experts. Its development involved countless meetings, rigorous literature reviews, and robust evidence-based discussions to ensure its recommendations are relevant, practical, and of the highest quality.

Key highlights include:

- Updated disease severity classification, emphasising treatment goals aligned with the treat-to-target approach.
- A stepwise treatment algorithm based on disease severity, integrating conventional and newer advanced therapies.
- Practical guidance for primary care providers to improve early diagnosis, comorbidity screening, treatment and timely referrals.
- Recommendations for special populations, including children, pregnant women, patients with psoriatic arthritis, and those with comorbidities.

We believe this milestone will pave the way for better, more consistent psoriasis care nationwide. We encourage all healthcare providers to familiarise themselves with this updated resource and integrate its recommendations into practice, working together to improve outcomes and quality of life for every patient with psoriasis in Malaysia.



Unveiling the Psoriasis CPG 2nd Edition – advancing care, empowering clinicians.

Activities by Psoriasis Association of Malaysia (PAM) in 2024/2025

History and Founding

Founded in the spirit of support and advocacy, the Psoriasis Association of Malaysia (PAM) has played a vital role in the landscape of dermatological care and patient empowerment since its establishment in 1994. Over the past three decades, PAM has been a cornerstone in the lives of thousands of Malaysians living with psoriasis, a chronic, immune-mediated skin condition that affects physical, emotional, and social well-being.

The inception of PAM was driven by a collective vision of dermatologists, healthcare professionals, and patients to create a dedicated support system for individuals with psoriasis. Spearheaded by passionate advocates and supported by the Ministry of Health Malaysia and Persatuan Dermatologi Malaysia (PDM), PAM was officially registered as a non-profit organization to raise awareness, provide education, and advocate for better treatment access.

PAM's early years focused on grassroots outreach, organizing support group meetings and public awareness campaigns. Dermatologists from both public and private sectors were instrumental in providing expert guidance, helping to bridge the gap between patients and healthcare services.

Milestones and Achievements

PAM has evolved from a small patient initiative into a nationally recognized organization with significant achievements in patient empowerment, public education, policy advocacy, and strategic collaboration.

1. Patient Support and Education

The Association has regularly conducted seminars, workshops, webinars, and peer support group sessions that help patients better understand their condition and manage it more effectively. The PAM website and social media channels serve as key platforms for digital engagement, offering up-to-date information, event announcements, and interactive support.



Group photo of the Development Group and Review Committee taken during the CPG Psoriasis draft meeting on 8 October 2024.



Since post-COVID, PAM has been actively commemorating World Psoriasis Day in public spaces such as shopping malls to raise awareness.



Scalp Psoriasis Workshop for barbers and hairstylists to help them better understand the condition and learn how to care for clients with psoriatic disease. Approximately 30-60 participants also produced guidelines for both the patient and hairdresser.



Boehringer Ingelheim, in collaboration with the Psoriasis Association of Malaysia (PAM) and Oxwhite®, an exclusive premium lifestyle apparel brand, launched The Healing Kit, a specially designed care package to help ease the burden of those experiencing flare-ups of generalized pustular psoriasis (GPP).

2. Awareness and Public Engagement



Kelantan's First Psoriasis Awareness Programme: A Milestone for Patients and Community - Bringing visibility, validation, and vital information to those living with psoriatic disease



PAM expanded outreach to schools, educational program for schoolchildren in Kuala Lumpur, fostering empathy and early awareness.

3. Digital Innovation: Beyond the Surface Podcast

4. Policy and Healthcare Advocacy

PAM has continuously engaged with national stakeholders to influence healthcare policy and improve treatment access. PAM received funding and program endorsement from the Ministry of Health Malaysia in 2023 and was invited to participate in the MOH National Budget Dialogue 2024, a recognition of PAM's maturity as a healthcare advocacy body.



Historic Milestone: Advocating for Psoriatic Community in National Budget 2025

Sofia Lovi Ramasamy (right) and association adviser Dr K. Thiruchelvam (centre) speaking to Health Minister Datuk Seri Dr Dzulkefly Ahmad.

5. National and International Collaborations

PAM has forged impactful partnerships both locally and abroad. It actively contributes to IFPA forums and summits, providing Malaysian perspectives on global psoriasis issues. Locally, PAM supported the launch of the Malaysian Skin Foundation in 2023 and participated in national health events such as Universal Health Coverage Day organized by NCD Malaysia.



PAM have been actively involved in most of the activities that is organized by NCD Malaysia.

PAM is a member of :-



International Alliance of Dermatology Patient Organizations

Penang Adolescent Dermatology Workshop 2025

Date: 19 July 2025

Venue: SMJK Jit Sin, Bukit Mertajam, Penang

Dr Tan Wooi Chiang

The Penang Adolescent Dermatology Workshop 2025, held in conjunction with National Skin Health Day 2025, was a great success on 19 July 2025, attracting enthusiastic participation from 1,208 students and teachers. The event was jointly organized by the **Dermatological Society of Malaysia, Dermatology Department of Penang General Hospital, and Jit Sin High School 8994 Alumni Association**, underscoring a strong collaboration between medical professionals and local educational institutions.

Targeting adolescents and the school community, the workshop aimed to equip young individuals with credible, science-based skincare knowledge while addressing common dermatological concerns in a practical, youth-friendly format.

Objectives of the Workshop

1. Promote skin health awareness among adolescents through age-appropriate education and engagement.
2. Debunk common myths related to skincare and dermatological conditions using scientific evidence and clear explanations.
3. Encourage early consultation and timely intervention for chronic or recurring skin problems to prevent complications.



Highlights and Engagements

A. **Expert Talks:** Dermatologists delivered highly engaging talks in both Chinese and English on acne, eczema, infections, and skincare. Each session concluded with a **quiz, prizes and Q&A**, promoting active learning.

The workshop featured a dynamic schedule starting with an opening ceremony and followed by a series of bilingual educational sessions:

1. Get To Know Dermatology
2. Let's Talk About Acne
3. Coping and Living with Eczema
4. Skin Infections: Tips for Managing
5. Skin Care is Healthcare



"Don't just follow what you see on social media - seek proper advice from certified dermatologist. Healthy skin begins with accurate, evidence-based knowledge," said Dr Tan. He also guided students on how to identify certified dermatologists.



Bilingual expert talks on acne



Bilingual expert talks on eczema



Bilingual expert talks on Skin Infection



Lecture on "Glow from within - Eat Smart, Drink Right!"

B. Hands-on Workshops on basic skin care: The *Dermatologica Group Skin Workshop* demonstrated proper product use and skincare techniques tailored for teenagers.



A practical skincare demonstration session emphasized proper skin routine

C. Skin Consultation and Skin Prick Test Booths: Pre-registered participants received personalized dermatology consultations and underwent skin prick testing for common allergens.



Skin Consultation Booth



Skin Prick Test Booth

D. Exhibition Area: Booths from leading skincare brands provided educational materials, product samples, and live demonstrations.



Know Your Medication Booth



Know Your Medication Booth



Loreal Booth



Eucerin Booth



Dermalogica Booth



Taisho/Hoe Booth

E. Interactive Engagements: The crowd enjoyed a fun *lucky draw*, along with complimentary refreshments, skin care samples and goodie bags.



Interactive quizzes



Lucky draw excitement



Interactive games at booth exhibition area

Sponsors and Partners

A special thanks to our sponsors whose generous support made the event impactful:

1. Beiersdorf (*Eucerin*)
2. Galderma (*Cetaphil*)
3. L'Oréal (*La Roche-Posay*)
4. Hoe Pharmaceuticals (*Ezerra, T3*)
5. Ego Pharmaceuticals (*QV*)
6. Spritzer
7. Dermalogica
8. Hyphens Pharma (*Ceradan*)

Conclusion

The Penang Adolescent Dermatology Workshop 2025 achieved its mission of empowering the younger generation with scientifically accurate and relevant dermatological knowledge. With strong turnout, professional engagement, and vibrant support from industry and community stakeholders, this workshop marked a significant step in promoting skin health literacy among Malaysian youth.

Participants left not only with increased awareness and confidence in managing skin health but also with the message: **Be informed, be confident, be yourself—fearlessly.**



Group Photo from Dermatology, Hospital Pulau Pinang Team



Group Photo from Jit Sin 89/94 team(Co-organizer)

Corporate Social Responsibility (CSR) Activities

Pahang

1. Leprosy active case detection (ACD) and post-exposure prophylaxis with single-dose rifampicin (PEP-SDR) program with JKN Pahang: Kampung Felda Mempaga 4 on 18.2.24
2. Leprosy ACD and PEP-SDR program with JKN Pahang: Kampung Sawah Batu on 4.5.24
3. Leprosy ACD and PEP-SDR program with JKN Pahang: PKD Pekan on 25.6.24
4. Dermatology Person-in-charge (PIC) Course on 11.4.25 in Hospital Tengku Ampuan Afzan, Kuantan



Leprosy ACD & PEP-SDR program with JKN Pahang: Kampung Felda Mempaga 4, 18.2.24



Leprosy ACD & PEP-SDR program with JKN Pahang: Kampung Sawah Batu, 4.5.24



Leprosy ACD & PEP-SDR program with JKN Pahang: PKD Pekan, 25.6.24



Dermatology Person-in-charge (PIC) Course on 18.10.24 in Hospital Tengku Ampuan Afzan, Kuantan



Dermatology Person-in-charge (PIC) Course, 11.4.25, Hospital Tengku Ampuan Afzan, Kuantan

Sarawak

Leprosy Active Case Detection At Long Urun Belaga, Sarawak on 25-26/4/2024



Leprosy Active Case Detection at Long Lamai and Long Beruang Miri Sarawak on 24-26/9/2024



Penang

One Hope Charity Health Carnival on 16 May 2025



The Skin Clinic of Penang Hospital set up a skin examination booth and displayed posters on common skin diseases to raise public awareness during the One Hope Charity Health Carnival.

Radio / TV interview / Newspaper / Magazine Publications

Our members are passionate about promoting skin health and empowering the public with knowledge on common skin diseases. Through social media, newspapers, magazines, and public talks, we strive to make accurate information accessible and raise greater awareness for healthier skin.

1. Galen-GPP Forum @ KL

A launch and roundtable discussion on a Generalized Pustular Psoriasis (GPP) 2024 report by the Galen Centre for Health and Social Policy in Kuala Lumpur on November 19, 2024.



2. World Atopic Eczema Day 2024



World Eczema Day 2024 Celebration on 7 September 2024 by Department of Dermatology, Hospital Kuala Lumpur



Dr Moonyza Akmal invited as Panelist for Malaysia Society of Rheumatology – Singapore Society of Rheumatology 2025



Radio interview - Astro News Interview in Conjunction with World Vitiligo Day 2025@25 June 2025. Vitiligo: Cakna, Jangan Hina.

Paper publication @ Sin Chew Daily

