



Message from the **PRESIDENT**

Dear Members, Colleagues and Friends,

It is my great pleasure to share this message with you as we reflect on another meaningful and productive year for the **Persatuan Dermatologi Malaysia (PDM)**.

I would like to express my heartfelt appreciation to all our members, colleagues, and partners for your continued support and active participation. I am especially grateful to my **Executive Committee** for their dedication, teamwork, and unwavering commitment throughout this journey. Together, we have worked tirelessly to strengthen our Society and translate our shared goals into meaningful initiatives.

My sincere appreciation also goes to the **Past Presidents' Council** for their wisdom, guidance, and expert advice. I would like to extend my special thanks to **Dr Sabeera Begum**, who has been an important reference and mentor to me throughout my tenure.

Ultimately, PDM's strength lies in its people and in our shared commitment to **dermatology, our profession, and our patients**.

Celebrating 50 Years of PDM

The year 2025 was especially significant as PDM celebrated **50 years since its founding**.

The **50th Golden Jubilee Annual General Meeting and Annual Dermatology Conference 2025**, held from **4-7 September 2025 at Connexion Conference & Event Centre, Bangsar South, Kuala Lumpur**, was a landmark celebration of five decades of **education, research, advocacy, friendship, and service**.

It was an opportunity to honour those who built our Society, celebrate our achievements, and reflect on the journey of Malaysian dermatology. A **Golden Jubilee coffee-table book and special souvenirs** were prepared to commemorate this important milestone and preserve the memories of PDM's first 50 years.

As we celebrate our heritage, we also look ahead with renewed commitment to PDM's core objectives: **education, training, research, collaboration, advocacy, and service to our patients and community**.

Highlights of 2025-2026

A. Education – Expanding Learning Opportunities

Continuous medical education remains at the heart of PDM. During the year, our members organised and supported a wide range of **conferences, seminars, workshops, masterclasses, and webinars** for dermatologists, trainees, medical officers, and allied health professionals. These programmes expanded access to continuing education, strengthened clinical knowledge, and encouraged professional exchange across Malaysia.

Key programmes included:

- **50th Golden Jubilee AGM & ADC 2025**
- **PDM Midterm Meeting – Paediatric Dermatology: Back to Basics & Beyond**
- **1st Advanced Cadaver Workshop for Dermatologic Surgery & Injectables**
- **Dermatology Masterclass in Disorders of Hair**
- **Northern Dermatology Summit**
- **Borneo Dermatology Update**
- **Imaging in Clinical Dermatology Masterclass**

We also strengthened collaboration with **FPMPAM** through **Dermatology Sunday** at the 8th **FPMPAM IPH Annual Scientific Meeting**. Together with our **industry partners**, we conducted masterclasses in **psoriasis, atopic eczema, and immunology**, expert consensus workshops, and webinars covering **GPP, CSU, HS, atopic dermatitis, and psoriasis**.

The **PDM website** continued to provide access to guidelines, protocols, scientific presentations, and professional updates, while the **Dermatology Chapter**, under Dr Henry Foong and Dr Leong Kin Fon, continued to contribute actively through webinars, workshops, and conferences.

B. Research and Publications – Building Malaysian Evidence

PDM continued to support research through the **PDM Research Grant** and **MSF Grant**, encouraging members to undertake research relevant to Malaysian patients and clinical practice.

The **Malaysian Journal of Dermatology (MJD)** has progressed to a digital platform with **Wolters Kluwer Medknow**, enhancing its accessibility and visibility and supporting our aspiration for future indexing.

For the first time, a **supplementary MJD issue** was prepared featuring abstracts presented at PDM ADC and AGM from **2023-2026**, providing greater visibility to the academic contributions of our members.

Our members also contributed to clinical practice guidelines, position papers, and expert consensus statements covering important areas including **systemic lupus erythematosus, hidradenitis suppurativa, acne vulgaris, and alopecia areata**.

These efforts strengthen our local evidence base, support evidence-based care, and promote research and academic development within Malaysian dermatology.

C. Collaboration – Connecting Malaysia with the World

PDM continued to strengthen its international, regional, and local partnerships.

Our members contributed to **ILDS newsletters in 2025 and 2026**, and we are particularly proud of **Dr Henry Boon Bee Foong**, who received the **ILDS 2026 Certificate of Appreciation Award in International Leadership**. Our members also participated in the **World Skin Summit 2025 in Cape Town, South Africa**, further broadening international engagement.

PDM also strengthened its engagement with **LADS, AADV, ALDS and Skin of Color Society (SOCS)**, and participated in international psoriasis networks including **SPIN and IRASPEN** through the National Psoriasis Registry. Locally, PDM continued to collaborate with the **Ministry of Health** in areas including **leprosy, STI, dermatology nursing, fellowship training, and clinical practice guidelines**. We also continued our support for the **Advanced Master in Dermatology programme at UKM**.

Looking ahead, PDM will participate in the **27th Regional Conference of Dermatology in Hanoi** and the **7th Indochina Conference of Dermatology in Vientiane**. These partnerships strengthen knowledge exchange, professional networks, training, and the international presence of Malaysian dermatology.

D. Advocacy and Public Engagement – Bringing Dermatology to the Community

PDM remains committed to improving public understanding of skin health and ensuring access to reliable dermatological information and appropriate care.

The **National Skin Health Awareness Carnival 2026 in Penang** attracted more than 729 participants, featuring educational talks, skin consultations, screening activities, skincare and medication advice. The programme also taught the public how to identify a qualified and certified dermatologist, verify their professional credentials and qualifications, and choose appropriate and safe dermatological or aesthetic care. Through these efforts, PDM aims to empower the public to make informed healthcare choices and seek timely advice from appropriately trained professionals.

The **Penang Adolescent Dermatology Workshop** reached **1,929 participants**, providing education on acne, eczema, skin infections, skincare, medication use, and practical skin health.

Another PDM initiative, **UNIFY (Urticaria Integrated Digital Platform)**, was developed for patients with CSU. It aims to improve disease understanding, empower patients to monitor their symptoms and treatment outcomes, strengthen doctor-patient communication, and support better follow-up and continuity of care.

PDM also supported **World Psoriasis Day, World Eczema Day, World Leprosy Day, and EB Awareness Week**, while our members actively contributed to public education through **television, radio, newspapers, magazines, social media, and digital platforms**.

These initiatives bring dermatology beyond the clinic, promote early recognition of skin disease, empower patients, and improve access to reliable information.

E. CSR and Humanitarian Dermatology – Reaching Those in Need

PDM's commitment extends to patients and communities who may face barriers to dermatological care.

We continued our collaboration with patient organisations including **DEBRA Malaysia, Ichthyosis Association (PERKID / PEKIM), Psoriasis Association (PAM / PPPPP / PAJ), and Persatuan Ekzema Malaysia**, providing technical, educational, and financial support.

Project Adolescent Skin Health (PASH), initiated in 2018, continued across multiple states, engaging students and teachers in promoting healthy skin practices.

Our members also participated in outreach programmes addressing **leprosy, psoriasis, EB, and other skin conditions**, reaching **Orang Asli communities, rural villages, and community health programmes**.

Patient education was further supported through a **Alopecia Areata comic**, developed in collaboration with Pfizer, and a **digital CSU initiative** developed in collaboration with Novartis.

Looking Ahead

The past year has been one of **teamwork, innovation, collaboration, and shared purpose**. These achievements demonstrate what PDM can accomplish when we work together towards a common goal.

As we move beyond our Golden Jubilee, we must build on this strong foundation and continue to **educate, innovate, collaborate, advocate, and serve**.

I warmly invite all members to join us at the **PDM 51st AGM & ADC 2026**, to be held from **10-13 September 2026 at the Penang Waterfront Convention Centre (PWCC), Penang, Malaysia**, where we can celebrate our achievements, renew friendships, and look towards the next chapter of PDM.

Thank you for your trust, encouragement, and unwavering commitment to PDM.

Let us continue this journey together – united by our commitment to excellence in dermatology, lifelong learning, meaningful collaboration, and better care for our patients.

With warmest regards,

Associate Prof Dr Tan Wooi Chiang
President (2024-2026)
Persatuan Dermatologi Malaysia (PDM)





From the Desk of the EDITOR

Dear Friends and Colleagues,

Sincere greetings to all!

It is my pleasure to present to you the **2026 Newsletter of Persatuan Dermatologi Malaysia (PDM)**. This **10th edition** celebrates the achievements, growth, and valuable contributions of our members throughout the year 2025/2026.

This has been an eventful and productive year for PDM, with numerous activities successfully carried out. These include state and national-level CME programmes, collaborative efforts with regional and international dermatological societies, and impactful CSR initiatives, in line with PDM's continued commitment to professional development and community service.

Our core mission—to promote continuous medical education, research, training, networking, and advocacy—remains

stronger than ever. It has been encouraging to witness the society grow in both reach and influence, with more events already planned for the near future.

We are pleased to welcome 12 vibrant new members into our dermatology fraternity. Congratulations to **Dr. Elora Ong Yoke Ling**, recipient of the PDM Best Student Award 2025, for her outstanding academic performance and dedication to the field.

A heartfelt thank you to all who shared their updates and insights for this newsletter. Your contributions truly reflect the collaborative spirit of our society.

This year also marks **PDM's 51st Annual Dermatology Conference and AGM**. We have lined up a great scientific programme and exciting Gala Dinner. Please do join in the celebration

Theme: Innovating Dermatology: Advancing Care, Bridging Gaps, Inspiring the Future

Last but not least, I hope the dermatology fraternity will continue to grow, support one another, and move forward as a united and progressive society.

Warmest regards,

Peter Ch'ng
Editor, PDM Newsletter 2026
Persatuan Dermatologi Malaysia

PDM OFFICE BEARERS FOR THE TERM 2025-2026

President
Vice President
Immediate Past President
Hon. Secretary
Treasurer
Committee members

Auditor

Associate Professor Dr Tan Wooi Chiang
Dr Peter Ch'ng Wee Beng
Dr Sabeera Begum
Dr Sharifah Rosniza Binti Syed Nong Chek
Dr Benji Teoh Tze Yuen
Associate Professor Dr How Kang Nien
Dr Teeba Raja
Dr Zareen Aidah Yahya
Dr Nirmala Ponnuthurai
Dr Leong Kin Fon

PDM SUB-COMMITTEES

Malaysia Journal of Dermatology (MJD)

Editor-in-Chief:

Associate Professor Dr Kwan Zhenli

Deputy Editors:

Dr Tang Min Moon
Associate Professor Dr Tan Wooi Chiang

Associate Editors:

Dr Chang Choong Chor
Dr Norashikin bt Shamsudin
Dr Tang Jyh Jong
Associate Professor Dr Tarita bt Taib
Dr Ch'ng Chin Chwen
Dr Teo Ying Xin (United Kingdom)
Dr Oh Choon Chiat (Singapore)

Cosmetic Dermatology and Laser Medicine Board (CDLM)

Chairperson: Dr Peter Ch'ng
Vice-chairperson: Dr Nazirin Ariffin

Committee members:

Dr Henry Foong
Associate Professor Dr How Kang Nien
Dr Lim Shueh wei
Dr Melinda Tong
Dr Noorazirah Md Nor
Dr Priya Gill
Dr Ruban Nathan
Dr Ruth Ling
Associate Professor Dr Sean Yong
Dr Suganthi Thevarajah
Associate Professor Dr Tan Wooi Chiang
Dr Teeba Raja
Dato' Dr Zalmy

PDM Research Committee

Chairperson: Dr Chang Choong Chor
Committee Member:
Dr Tang Min Moon
Dr Felix Yap Boon Bin

Malaysian Contact Dermatitis Affiliation (MACDA)

Chairperson: Dr Gary Chia Jian Qin
Secretary: Dr Teeba Raja
Advisors: Prof Adawiyah Jamil, Dr Sharifah Rosniza

Regional Leads: Dr Loo Yin Pin (Northern),
Dr Teeba Raja (Central), Dr Gary Chia
Jian Qin (Southern), Dr Teo Hock Gin (East
Malaysia), Dr Shafinaz Salehan (East
Coast)

Sub-Committee for Paediatric Dermatology

Chairperson: Dr Ng Su Yuen
Vice-chairperson: Dr Lalitha Pillay B.
Gopinathan

Committee member:

Dr Sabeera Begum binti Kader Ibrahim
Dr Leong Kin Fon
Dr Heah Sheau Szu
Dr Wee Ai Leen
Dr Oh Hoey Hoey
Dr Jenny Tan Yen Ling
Dr Nirmala a/p Ponnuthurai
Dr Wong Hoi Ling
Dr Siti Nuraihan binti Nordin

Dr Lee Wai Quen

Dr Henrietta Albela

Dr Muhammad Noor Azmi bin Ramli

Hair Sciences & Surgery Subcommittee

Chairperson: Dr Ruben Nathan

Committee Member: Associate Professor
Dr Yong Shin Shen

PDM Scholarship Committee

Chairperson: Prof Adawiyah Jamil
Vice-chairperson: Associate Prof Dr Tan
Wooi Chiang

Committee Member:

Dr Tang Jyh Jong
Dr Tang Min Moon

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www.facebook.com/PDM.Malaysia

MEET OUR NEW MEMBERS

We're excited to welcome our new members for 2026!
Thank you for joining the PDM family – together, we can achieve even greater things.

DERMATOLOGIST BATCH 2025/2026



Dr. Benjamin Liong Chee Seng

Hospital Sultanah Aminah, Johor Bahru, Johor



Dr. Ong Chin Hai

Hospital Sultanah Bahiyah, Alor setar, Kedah



Dr. Lai Siaw Ling

Hospital Bintulu, Sarawak



Dr. Lai Fong Yien

Hospital Taiping, Perak



Dr. Elora Ong Yoke Ling

Hospital Teluk Intan, Perak



Dr. Hazleen Binti Zainal

Hospital Putrajaya



Dr. Law Eu-Shen

Hospital Pulau Pinang, Pulau Pinang



Dr. Har Kiran Kaur Deol a/p Kuldeep Singh

Hospital Ampuan Rahimah, Klang, Selangor



Dr. Nur Izreena Ismail

Hospital Canselor Tuanku Muhriz (HCTM)



Dr. Fitriah Binti Omar

Hospital Tengku Ampuan Afzan, Kuantan, Pahang



Dr. Muna Munirah binti Ramnan

Hospital Sultanah Aminah, Johor Bahru, Johor



Dr. Kok Yiyun

Hospital Tuanku Jaafar seremban, Negeri Sembilan

AWARDS & SCHOLARSHIPS

Congratulations to all awardees !!!

A. Persatuan Dermatologi Malaysia Best Student Award 2025

PDM has inaugurated the "PDM Best Student Award" for the first time in year 2020 for Advanced Masters in Dermatology Students for excellence academic performance. The objectives are to acknowledge and promote student academic excellence, provide formal recognition of student achievements, motivate other students to perform better hence upgrading standards of excellence and achievement.

Congratulations to **Dr Elora Ong Yoke Ling** (Batch 2025) for her excellence academic performance for year 2025.

B. PDM-RCD Travel Grant 2026

1. Er:YAG Laser-Assisted Drug Delivery Versus Intralesional Triamcinolone for Keloid Scars: A Prospective Randomized Intra-Individual Comparative Study. Presenter: **A. Hasnol Aidi** (IIUM)
2. Clinical Characteristics, Quality of Life, and Patterns of Contact Sensitisation in Patients with Lip Eczema: A Prospective Study at a Dermatology Outpatient Specialist Clinic in Penang, Malaysia. Presenter: **Dr Dalleen Leong** (Hospital Pulau Pinang)

C. AAD Scholarship

C1. PDM Nomination to AAD 2027 AAD Annual Meeting Registration Scholarship

1. **AY Lim**, JJ Tang. Diagnostic Challenge and Successful Use of Upadacitinib in Refractory Multicentric Reticulohistiocytosis – A Case Report

AAD Annual Meeting Strauss & Katz World Congress Fund Scholarship

1. **Nur Izreena Ismail**, Adawiyah Jamil, Faiqah Ramli, Chau Ling Tham, Nurul Athirah Yusni, Ahmad Safiyyu'd-din Hisamudin, Mohan Arumugam and Lim Jo Anne. Safety and Benefit Of Oral Melicope Ptelefolia Supplementation In Atopic Dermatitis: A Randomized, Double-Blind, Placebo-Controlled Trial.
2. **Xin Yun Teoh**, Zamtira Seman, Siti Norbayah Yusof, Azura Mohd Affandi. Incidence and Epidemiological Patterns of Skin Cancer in Malaysia: An 18-Year Population-Based Study



C2. AAD 2026 Annual Meeting in Colorado Convention Center, 26-31 March 2026

Dr Jassriwati Kosnin was awarded Strauss and Katz Scholarship 2026 by AAD. Patch testing and Shoe-wear Allergy in Feet Dermatitis: A Cross-Sectional Study.

Dr Tracy Tan was awarded AAD Annual Meeting Registration Scholarship by AAD. A Therapeutic Breakthrough in Recalcitrant Hailey-Hailey Disease with Dupilumab: First Case Report from Malaysia

D. International League of Dermatological Societies (ILDS) 2026

Associate Professor Dr Henry Boon Bee Foong, who was awarded the **ILDS 2026 Certificate of Appreciation Award in International Leadership**, in recognition of his contributions and service. This is a significant achievement and reflects the dedication and contributions of Malaysian dermatologists on the international stage.



E. Dr Shaliza Binti Nawawi (Dermatologist, Hospital Sultanah Aminah Johor Bahru)

- Scholarship to 5th Annual European Society for Investigative Dermatologic Research (ESDR) meeting at Heidelberg, Germany
- IEC-IPC Eczema and Psoriasis Research Incubator, Cross disciplinary Innovation Forum on 9th September 2026

F. Congratulations to Associate Professor Dr Choon Siew Eng, Senior Consultant Dermatologist, Hospital Sultanah Aminah, Johor Bahru

Heartiest congratulations to Associate Professor Dr Choon Siew Eng on being recognised among the Top 1,500 researchers worldwide in 2025, ranking within the top 1,500 among approximately 60,000 researchers in the field.



She was also awarded a Certificate of Honourable Mention for 2025, recognising her outstanding contributions and achievements in her field.

This is a wonderful achievement and a testament to her dedication, expertise and contribution to dermatology. We are proud to celebrate this well-deserved recognition.

CELEBRATING 50 YEARS OF PDM

The **50th Golden Jubilee AGM & ADC 2025** held from **4–7 September 2025** at the **Connexion Conference & Event Centre (Nexus), Bangsar South, Kuala Lumpur**, was a landmark occasion for the Society, celebrating 50 years since the establishment of PDM.

With the theme **“Remember the Past, Embrace the Present and Rise to the Future”** the Golden Jubilee provided an opportunity to reflect on PDM’s remarkable journey—from its humble beginnings with a small group of dedicated dermatologists to a strong and respected professional society with more than 230 members today. The occasion also honoured the dedication, vision, and contributions of generations of members who have shaped Malaysian dermatology through education, research, clinical excellence, and professional collaboration.

The conference brought together 550 participants, including dermatologists, healthcare professionals, trainees, and invited guests. The scientific programme featured 28 speakers, comprising 23 local and 5 international experts, who shared their knowledge and experience across a broad range of medical and cosmetic dermatology topics. The programme highlighted advances in technology, therapeutics, and clinical practice, while providing opportunities to enhance skills and address complex and challenging dermatological conditions.

A major scientific highlight was the **official launch of the updated Malaysian Clinical Practice Guidelines on the Management of Psoriasis**, reinforcing PDM’s commitment to evidence-based, patient-centred care and improving outcomes for individuals living with psoriasis.

The conference also provided an excellent platform for professional networking and engagement with industry, with 38 exhibiting companies and 59 exhibition booths showcasing the latest developments, technologies, treatments, and products relevant to dermatological practice.

A highlight of the Golden Jubilee celebrations was the **PDM Golden Jubilee Gala Dinner**, held on 6 September 2025. The evening brought together PDM members, past presidents, senior dermatologists, colleagues, partners, and invited guests in a warm and memorable celebration of the Society’s 50-year journey.

Beyond the formal celebrations, the Gala Dinner provided a valuable opportunity for members across generations to reconnect, reminisce about PDM’s history, and celebrate the friendships and professional bonds that have been built over the years. It was also a time to recognise and honour the contributions of those who have dedicated their time, expertise, and leadership to the growth of PDM and Malaysian dermatology.

The evening reflected the spirit of the Golden Jubilee — honouring our heritage, celebrating our fraternity, and looking towards the future with optimism and renewed commitment. It was a fitting celebration of five decades of PDM and the many individuals who have made the Society what it is today.

To commemorate this historic milestone, PDM produced a **Golden Jubilee commemorative coffee-table book**

and special souvenirs for members. The book captures the Society’s history, milestones, people, and cherished memories, serving as a lasting tribute to the collective efforts of generations of PDM members.

More than simply marking 50 years of existence, the Golden Jubilee celebrated PDM’s legacy, collegiality, and shared purpose. It was a time to honour our past, appreciate our present achievements, and look confidently towards the future.



Launching of the Clinical Practice Guidelines on the Management of Psoriasis (Second Edition) during the 50th PDM Annual Dermatology Conference & AGM 2025



Group photo of CPG Development Committee for the Management of Psoriasis (Second Edition), recognising their collective contribution to advancing evidence-based psoriasis care in Malaysia



International speaker at the 50th PDM Annual Dermatology Conference & AGM 2025



With Dr Colin Theng, Singaporean Guest Speaker, at the PDM Annual Dermatology Conference 2025



Certificate of Appreciation Presentation to industry partner (Pfizer) at the exhibition booth area



Group photo with industry partner (Galderma) at the exhibition booths during the 50th PDM Annual Dermatology Conference & AGM 2025



Photo with Dr Kweh, winner of the Poster Presentation Award



Group photo with industry partner (Glenmark) at the exhibition booths during the 50th PDM Annual Dermatology Conference & AGM 2025



A memorable evening of camaraderie and cheer with our distinguished speakers, PDM Executive Committee members and secretariat team during the Faculty Dinner



Group photo with industry partner (Humeda) at the exhibition booth area



Group photo of the current PDM Executive Committee 2024-2026



A Roaring Start: Lion Dance Performance to Open the Celebration



Launching the PDM Golden Jubilee Commemorative Book



Turning the Pages of History: Launching the PDM Golden Jubilee Commemorative Book



PDM Executive Committee 2024-2026



Honouring Our Past Presidents: Celebrating Their Leadership, Dedication and Contributions to PDM



The PDM Song: Our Legacy, Our Unity, Our Pride



A Sweet Milestone: Celebrating Five Decades of PDM



PDM birthday cake



A Special Performance by PDM Junior Members



A Full House, A Golden Celebration: United in the Spirit of PDM



Golden Jubilee Grooves: Rocking the Night Away



Never Too Late to Dance: Keeping the Golden Jubilee Spirit Alive!



Group photo of dermatologists and trainees from the Northern Dermatology community



A Night of Laughter: Douglas Lim Brings Comedy to the Golden Jubilee Celebration



Friends from the Dermatological Society of Cambodia at the PDM 50th Golden Jubilee Gala Dinner – celebrating friendship, collaboration and 50 years of PDM



With Douglas Lim, renowned Malaysian comedian following his entertaining comedy segment at the Gala Dinner



Golden Jubilee Commemorative Coffee-Table Book — Beyond Skin Deep
Celebrating 50 Years of the Dermatological Society of Malaysia (1975–2025)



Certificate of Appreciation Presentation to PDM Exco Members and Subcommittee Chairs



Group Photo of Government Dermatologists Meeting,
Ministry of Health Malaysia & Universities



Certificate of Appreciation Presentation to the Newly
Formed Hair Sciences & Surgery Subcommittee



A Historic Gathering of PDM Presidents — Past Presidents and the Current President

HIGHLIGHTS

Education and Training Events

a. Activities of the Dermatology Chapter, College of Physician, AMM	10	V. Borneo Dermatology Update	20
b. PDM Mid-Term Meeting 2026	11	VI. Kuching Borneo Dermatology Update	20
c. Dermatology Masterclass in Disorders of Hair	12	h. Others	21
d. Activities of CDLM/UKM Advance Master in Dermatology	12	Research & Publication	
e. 1st Advanced Cadaver Workshop for Dermatologic Surgery & Injectables	14	a. Malaysian Psoriasis Registry	22
f. Activities of the Department of Dermatology, Hospital Kuala Lumpur	14	b. Malaysian Journal of Dermatology	22
g. Dermatology Updates for Primary Care		Community Services	
I. Northern Dermatology Summit 2026	16	a. National Skin Health Awareness Carnival 2026	23
II. Johor Dermatology Update 2026	19	b. Penang Adolescent Dermatology Workshop 2026	31
III. Pahang Dermatology Update 2026	19	c. Patient Support Groups Activities	33
IV. Kelantan Dermatology Update	20	d. Corporate Social Responsibility (CSR) Activities	34
		e. Radio / TV interview / Newspaper / Magazine Publications	35

Activities of the Dermatology Chapter, College of Physician, AMM

Report by Dr Henry Foong Boon Bee and Dr Latha Selvarajah

Introduction

The Dermatology Chapter of the College of Physicians, Academy of Medicine of Malaysia, continues its commitment to advancing dermatology practice, education, and research throughout the country. Since its establishment in 2018, the Chapter has remained actively involved in organising scientific meetings, educational workshops, and collaborative academic programmes aimed at promoting excellence in patient care and continuous professional development.

The period from July 2025 to August 2026 was another productive year for the Chapter, with numerous regional and national scientific meetings held across Malaysia. These events brought together local and international experts, fostering multidisciplinary collaboration and providing members with the latest developments in medical, paediatric, cosmetic and surgical dermatology. The increasing number of regional educational programmes reflects the Chapter's ongoing commitment to making high-quality dermatology education accessible throughout the country.

Summary of Activities

Date	Event	Description	Venue
11–12 Oct 2025	Asia Master Course in Cosmetic and Dermatologic Surgery	International educational programme focusing on cosmetic and dermatologic surgery	Putrajaya Marriott Hotel, Putrajaya
23 Nov 2025	7th Annual Scientific Meeting Dermatology Chapter 2025	Annual flagship scientific meeting of the Dermatology Chapter	Renaissance Hotel, Johor Bahru
18 Dec 2025	Eastern Regional Scientific Meeting of Dermatology Chapter	Regional scientific meeting for dermatologists from the East Coast	AC Hotel by Marriott, Kuantan
8 Feb 2026	Pediatric Atopic Dermatitis Advanced Masterclass	Advanced educational programme on paediatric atopic dermatitis management	M World Hotel, Petaling Jaya
11–13 Apr 2026	Northern Dermatology Summit	Regional scientific meeting highlighting current advances in dermatology	G Hotel, Gurney, Penang
15–17 May 2026	Annual Scientific Congress, College of Physicians Malaysia 2026	Dermatology Chapter participation in the Annual Scientific Congress	Medical Academies of Malaysia, Putrajaya
13–14 Jun 2026	Kelantan Dermatology Update 2026	Regional educational meeting covering updates in dermatology practice	Renai Hotel, Kota Bharu
11 Jul 2026	Johor Dermatology Update 2026	Scientific meeting featuring current developments in dermatology	Fraser Place Puteri Harbour, Johor Bahru
26 Jul 2026	Pediatric Atopic Dermatitis Masterclass	Educational masterclass focusing on practical management of paediatric atopic dermatitis	Opero Hotel Southkey, Johor Bahru
31 Jul–2 Aug 2026	Kuching Borneo Dermatology Update	Scientific meeting promoting dermatology education and collaboration in East Malaysia	Imperial Hotel, Kuching
16 Aug 2026	Pediatric Atopic Dermatitis Masterclass	Regional educational programme on evidence-based management of paediatric atopic dermatitis	Zenith Hotel, Kuantan

Highlights



7th Annual Scientific Meeting of the Dermatology Chapter was further distinguished by the participation of two internationally renowned invited speakers from Boston, USA—Associate Professor Jennifer Huang, Director of Pediatric Dermatology at Harvard Medical School, and Associate Professor Jean McGee, Associate Professor of Dermatology at Harvard Medical School and Director of Microbiome Research at Brigham and Women's Hospital.



Following the Annual Scientific Meeting, a Post-Congress Roundtable Discussion was organised with the invited international faculty and a selected group of Malaysian dermatologists. This small-group meeting provided an opportunity for in-depth discussions on challenging clinical cases, exchange of practical experiences, and exploration of future collaborative initiatives in clinical research, education and professional exchange.

PDM Mid-Term Meeting 2026 – Paediatric Dermatology: Back to Basics & Beyond

Report by: Dr Henrietta Albela

The PDM Midterm Meeting 2026 was successfully conducted at Hospital Tunku Azizah Kuala Lumpur from 25–26 April 2026, organized by the paediatric dermatology sub-committee of PDM. The meeting was attended by approximately 180 participants comprising dermatologists, paediatricians, primary care doctors, medical officers, trainees, and allied health professionals from across Malaysia. Carrying the theme “*Paediatric Dermatology: Back to Basics and Beyond*”, the scientific programme featured nine symposiums covering a wide range of essential paediatric dermatology topics, including atopic dermatitis, vascular anomalies, neonatal and genetic diseases, autoimmune diseases, as well as hair and nail disorders.

The meeting brought together local paediatric dermatologists from all over Malaysia as speakers and facilitators. Special invited speakers included Dr Tang Swee Ping, who shared valuable insights on recognising skin manifestations in autoimmune conditions in children, and Dr Winnie Ong, who delivered an insightful lecture on genodermatoses in infants and children. In addition to informative lectures, participants benefited from interactive learning sessions through interesting case presentations highlighting diagnostic dilemmas and management challenges. A Grand Ward Round session was also conducted, where trainees presented and discussed notable clinical cases.

Overall, the meeting was a great success, providing an enriching platform for knowledge sharing, multidisciplinary discussion, and professional networking in the field of paediatric dermatology.



Participants, speakers and organizing committee of PDM Midterm Meeting 2026



The Organizing team

Dermatology Masterclass in Disorders of Hair

Reported by Dato' Dr Noor Zalmy Azizan

First Annual Subspecialist Dermatology Masterclass in Hair Disorders was held on 27–28 June 2026 at The Ritz-Carlton, Kuala Lumpur, jointly organised by the Malaysia Skin Foundation with the PDM. It drew dermatologists and trainees from Malaysia and neighbouring countries with total 180 attendees from Malaysia, Singapore, Australia and Thailand.

The two-day programme covered non-scarring and scarring alopecia, trichoscopy, hair transplantation, scalp injectables, regenerative therapies and newer treatment options. Overseas faculty comprised Prof Rodney Sinclair (Australia), Prof Lidia Rudnicka (Poland), Dr Joyce Lee Siong See (Singapore) and Assoc Prof Daranporn Triwongwaranat (Thailand), and A/Prof Rattapon Thuangton who taught alongside local speakers.

Delegate feedback was positive, and the committee is satisfied that the meeting achieved its aim of providing focused subspecialty teaching in an area not otherwise covered in depth by existing local meetings.

The committee thanks YTL Cement for its educational grant, which met a substantial part of the cost of the masterclass.



Prof Rodney Sinclair (Australia) and Prof Lidia Rudnicka (Poland), who joined the programme as distinguished international faculty and shared their expertise in hair and scalp disorders.



Group photo with Dr Steven Chow, A/Prof Dr Sean Yong, Dr Richard Barlow and Prof Rodney Sinclair at the Dermatology Masterclass in Disorders of Hair



Faculty Dinner — A Memorable Evening of Fellowship, Camaraderie and Meaningful Interaction

Activities of CDLM/UKM Advance Master in Dermatology

Throughout the year, CDLM has been working closely with UKM to conduct various lectures and hands on workshop for trainees and dermatologists.

Date/ Venue	Topic	Speaker/ Fasilitator
23 Aug 2025 Online	Ethics, medico-legal essentials and patient centered risk management in aesthetic practice.	Dr Meera Kuppusamy
	The science of skin aging: structure and function from an aesthetic perspective	Assis. Prof. Dr. Rasimah Ismail
21 Sept 2025 HCTM UKM	Superficial & medium depth chemical peels Micro needling Dermabrasion *sponsored by Dermalogica	Dr Goh Siew Wen Dr Wan Syazween
13 Dec 2026 Online	Fundamentals of laser and light therapies	Dr Mohan Arumugam
24 Apr 2026 HCTM UKM	Filler Injections Rheology, facial anatomy, cannula use Filler types, anatomy, cannula vs needle, emergency protocols *sponsored by Elogio	Assoc Prof. Dr How Kang Nien Dr Teeba Raja Dr Gan Teck Sheng
24 May 2026 HCTM UKM	Botulinum Toxin Injection *sponsored by Vanguard Aesthetics	Dr Peter Ch'ng Assoc Prof. Dr How Kang Nien
2 Jul 2026 Academy for Silent Mentor	Aesthetic & Reconstructive Training: Cadaver Workshop *sponsored by PDM & UKM	Dr Peter Ch'ng Assoc Prof. Dr How Kang Nien Dr Kwan Zhenli Dr Richard Barlow Dr Teeba Raja Dr Goh Siew Wen
18- 19 Jul 2026 HUPM & HCTM UKM	Lasers & IPL Pigmentation, rejuvenation, hair removal *sponsored by Vanguard Aesthetics, Venusys, Elogio	Dato Dr Zalmy Azizan Assoc Prof. Dr How Kang Nien Dr Mohan Arumugam Dr Teeba Raja Dr. Mazliha Mashor Dr Goh Siew Wen

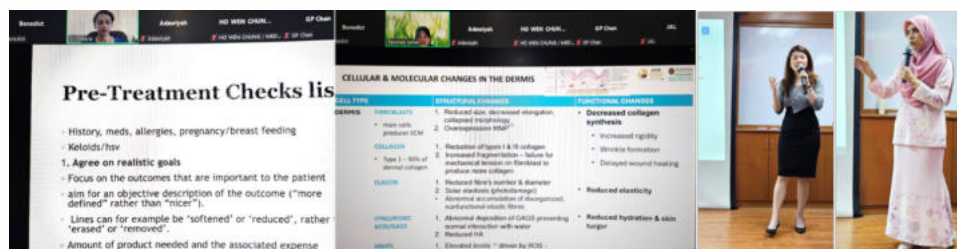
On 24/5/26, CDLM together with UKM organized a botulinum toxin hands on workshop for trainees that was well attended. All the trainees got to inject botulinum toxin on subjects for different indications such as facial wrinkles, masseter hypertrophy and palmar hyperhidrosis. The 2 trainers were Dr. Peter Ch'ng and Dr. How Kang Nien.



In response to the proliferation of non-evidence-based aesthetic treatments and the involvement of unqualified individuals in performing medical procedures, the CDLM Board has played a crucial role in:

Establishing Guidelines: On 27-28/8/25 a few of our members had sat down with representatives from Ministry of Health and other doctors from chapter 1 and 3 to develop the latest "Guidelines on Aesthetic Medical Practice," which serve as a framework for doctors intending to practice aesthetic medicine.

Credentialing and Privileging: Assisting in the credentialing and privileging process of registered medical practitioners practicing aesthetic medical procedures, ensuring that only qualified professionals perform such treatments.



1st Advanced Cadaver Workshop for Dermatologic Surgery & Injectables

Advanced Cadaver Workshop for Dermatologic Surgery & Injectables was successfully conducted on 2 July 2026 at the Academy for Silent Mentor (AFSM), Kuala Lumpur.

Organisers and collaborators: Persatuan Dermatologi Malaysia (PDM), Universiti Putra Malaysia (UPM), Hospital Sultan Abdul Aziz Shah (HSAAS), Academy for Silent Mentor (AFSM) and Universiti Kebangsaan Malaysia (UKM).

The workshop focused on enhancing participants' knowledge and practical skills in dermatologic surgery, facial anatomy, safe filler injections, flap techniques, suturing and grafting. The programme began with lectures and anatomy sessions, followed by cadaver dissection and live demonstrations by experienced faculty.

A hands-on practical session in the afternoon provided participants with opportunities to practise filler injection techniques, surgical flaps and grafting in small groups. The small-group format, with 6-8 participants per cadaver, allowed for personalised instruction and close supervision.

The workshop provided an intensive and valuable learning experience, strengthening practical competencies and promoting safe, precise approaches to dermatologic surgery and aesthetic procedures.



The Silent Mentor, Our Greatest Teacher —
A moment of quiet reflection and preparation
before embarking on a meaningful
journey of learning



Faculty and participants of the 1st Dermatologic Surgery & Injectables Advanced Silent Mentor (Cadaver) Workshop 2026



A memorable gathering of faculty and participants at the 1st Dermatologic Surgery & Injectables Advanced Silent Mentor (Cadaver) Workshop 2026

Activities of the Department of Dermatology, Hospital Kuala Lumpur

1. 'INTENSIVE COURSE 2026 ADVANCED MASTER OF DERMATOLOGY

Venue: Mercure Living Putrajaya

Date: 6-7 June 2026

Attended by 31 Advanced Master of Dermatology trainees



2. KURSUS PEGURUSAN KAWALAN KUSTA PERINGKAT KEBANGSAAN

Venue: Dewan Auditorium Ungku Omar,
Institute for Medical Research, Kuala Lumpur
Date: 18-19 May 2025

Attended by 86 participants (dermatology trainees, family medicine specialists, medical officers, medical assistants and nurses)



3. HKL DERMATOLOGY SYMPOSIUM 2026

Venue: The Vertical Connexion Conference & Event Centre, Kuala Lumpur
Date: 21.6.2026

Attended by 207 delegates

Supported by 23 pharmaceutical companies



4. Dermatopathology Masterclass

The Department of Dermatology, Hospital Kuala Lumpur (HKL), in collaboration with the Dermatology Chapter, College of Physicians Malaysia, successfully organised the **1st Dermatopathology Masterclass** on 24 April 2026. Conducted as a one-day hybrid academic programme, the masterclass was designed to strengthen dermatopathology knowledge and diagnostic competencies among dermatology trainees. The programme featured expert-led sessions by Dr Leong Kin Fon, Head of the Department of Paediatric Dermatology, who delivered a clinico-dermoscopic session, alongside Dr Zuliatul Faizah and Dr Nur Aini Abu Bakar, both pathologists with a special interest in dermatopathology, who provided valuable teaching on clinicopathological correlation and diagnostic interpretation. The event was attended by 36 dermatology trainees and received highly positive feedback, particularly for its hands-on microscope sessions conducted in a mock examination setting, which offered many participants their first practical exposure to this learning format. Widely commended for its interactive design and strong educational value, the masterclass reflects the Department's continued commitment to advancing subspecialty training, strengthening academic collaboration, and fostering excellence in dermatology education.



13th Northern Dermatology Summit 2026 *Dermatology 360° – From Basic to Breakthrough*

By Dr Tan Wooli Chiang

Date: 11–13 April 2026

Venue: G Hotel Gurney, Penang

The **13th Northern Dermatology Summit (NDS) 2026**, held from **11–13 April 2026 at G Hotel Gurney, Penang**, marked the **13th consecutive year** of this highly regarded regional dermatology meeting. This year's summit carried the theme **"Dermatology 360° – From Basic to Breakthrough"**, reflecting the programme's comprehensive approach to dermatology, from fundamental principles and established practices to emerging developments and breakthroughs in patient care.

NDS is a collaborative initiative involving the **Department of Dermatology, Hospital Pulau Pinang; Hospital Sultanah Bahiyah; Hospital Raja Permaisuri Bainun; MMA (Penang Branch); PDM; and the Dermatology Chapter of the Academy of Medicine of Malaysia**. Over the years, the summit has established itself as an important annual regional platform for dermatologists and healthcare professionals to exchange knowledge, share clinical experiences and discuss the evolving challenges in dermatology.

The summit serves as an important **continuing medical education platform for both government and private practitioners**, with the aim of enhancing knowledge and raising standards of dermatological care. In keeping with this objective, the Scientific Committee curated a comprehensive programme covering a broad spectrum of medical and cosmetic dermatology, including both common and rare conditions. The programme incorporated **evidence-based updates, practical management approaches, contemporary treatment options and expanded therapeutic modalities**, ensuring that the learning remained relevant to everyday clinical practice.

A Three-Day Programme of Learning and Practical Skills

For the **second consecutive year, NDS was extended to a three-day programme**. The main conference was held on **11–12 April**, followed by the **Imaging in Clinical Dermatology Masterclass on 13 April**. The intensive programme featured expert-led lectures, interactive discussions and practical, hands-on sessions designed to translate knowledge into clinical practice.

The scientific presentations were highly informative, pragmatic and reflective of the latest developments in dermatology. Particular emphasis was placed on practical approaches that could be readily applied in clinical settings. The hands-on workshops provided an additional dimension to the programme, bringing together specialists and practitioners from different disciplines to exchange experiences, discuss innovative approaches and strengthen professional networks. Topics including **Imaging in Clinical Dermatology** (dermoscopy, ultrasonography, skin analyzer and histopathological examination) provided valuable opportunities for participants to gain practical insights and enhance their clinical skills.

Strong Participation and Industry Support

The 2026 summit attracted an impressive **528 participants from across Malaysia**, reflecting the continued relevance and strong appeal of NDS as a regional educational platform. The meeting was further supported by **43 pharmaceutical and industry exhibitors**, providing participants with opportunities to learn about the latest developments, products and innovations relevant to dermatological practice.

Feedback from participants was overwhelmingly positive, with many describing the summit as **highly beneficial, practical and relevant to their clinical practice**. The strong participation and positive response reaffirm the value of NDS as a platform for continuous professional

development and meaningful professional exchange.
Distinguished Faculty and Sharing of Expertise

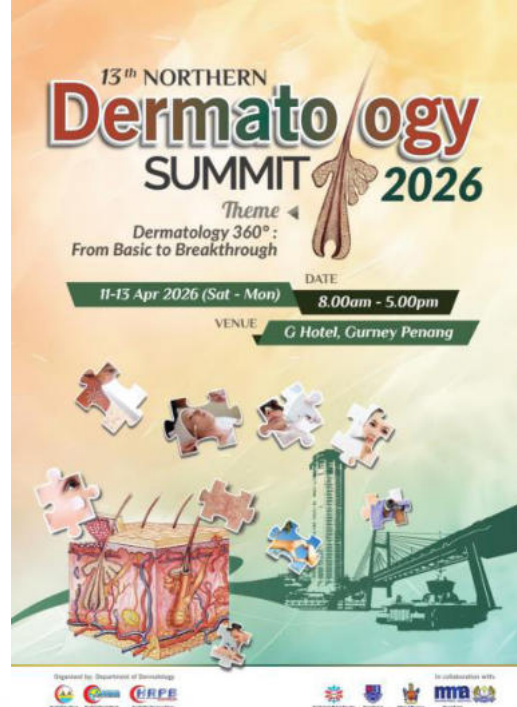
A total of **35 distinguished guest speakers** from Malaysia and overseas were invited to share their expertise across various areas of dermatology and dermatopathology. The faculty included renowned experts from **Japan, Australia, Singapore and various centres across Malaysia**, bringing together a diverse range of experience and perspectives. The international faculty included **Professor Michihiro Hide (Japan), Associate Professor Dr Jonathan Chan (Australia), Dr Angeline Yong Anning (Singapore), and Dr Paul Chia Min Wee (Singapore)**. They were joined by an outstanding group of Malaysian dermatologists and dermatopathologists from Penang, Kuala Lumpur, Ipoh, Kedah, Perlis, Taiping, Melaka and Seremban.

I would like to take this opportunity to express my **heartfelt appreciation to all our distinguished speakers**, who generously gave their time, travelled to Penang and shared their knowledge and experience with us. Their contributions were instrumental in making the scientific programme both enriching and memorable.

I also extend my **sincere gratitude to the dedicated organising and scientific committee members**, whose hard work, commitment and attention to detail made the three-day programme possible. My deepest appreciation also goes to **all our sponsors and industry partners** for their generous and unwavering support.

Looking Ahead

The continued success of the Northern Dermatology Summit over the past **13 years** reflects the strength of collaboration among dermatology departments, professional organisations, industry partners and healthcare professionals. More than simply an annual scientific meeting, NDS has become a platform for **learning, sharing, collaboration and friendship**, bringing together colleagues from different regions and generations.



With its commitment to evidence-based education, practical learning and professional collaboration, the Northern Dermatology Summit will continue to evolve in response to the changing needs of dermatology. The **13th NDS 2026** was another meaningful chapter in this journey—celebrating what we have achieved together while continuing to move **from basic knowledge to breakthrough advances in dermatological care**.



Welcome to NDS 2026 — Learn, Connect, Inspire!





United by Dermatology, Connected by Friendship: The Spirit of NDS 2026

Same Spirit, New Chapter — See you in NDS 2027!

Johor Dermatology Update 2026

The annual **Johor Dermatology Update 2026** was held on **11 July 2026** at **Fraser Place Puteri Harbour, Johor Bahru** with the theme *"Everyday Dermatology for Clinical Practice: From Red Flags to Real-World Management."* The meeting was jointly organised by the Dermatology Departments of Hospital Sultan Ismail Johor Bahru, Hospital Sultanah Aminah Johor Bahru, and Hospital Pakar Sultanah Fatimah Muar, in collaboration with the Dermatology Chapter, College of Physicians, Academy of Medicine of Malaysia.

The event attracted approximately **200 healthcare professionals**, including dermatologists, physicians, medical officers, and primary care practitioners from Johor and neighbouring states. Invited speakers delivered lectures spanning paediatric and inflammatory dermatology, common dermatological conditions, and chronic disease and infection, complemented by panel discussions and lunch and tea-time symposia. The meeting concluded with an interactive quiz session, "The Johor Derm Challenge" which offered five attractive prizes to winning participants.



Pahang Dermatology Update 2026

Date: 8 May 2026

Venue: Hospital Tengku Ampuan Afzan, Kuantan



23rd Kelantan Dermatology Update 2026

Date: 13–14 June 2026

Venue: Renai Hotel, Kota Bharu



A proud moment for the Organising Chair, Dr Pubalan, as Kuching Borneo Dermatology Update 2026 brings together dermatologists and healthcare professionals in Kuching for an enriching programme of scientific learning and collaboration

Borneo Dermatology Update 2026

Date: 10–12 April 2026

Venue: Hospital Miri & Meritz Hotel, Miri



Together in Kuching — connecting, collaborating and advancing dermatology

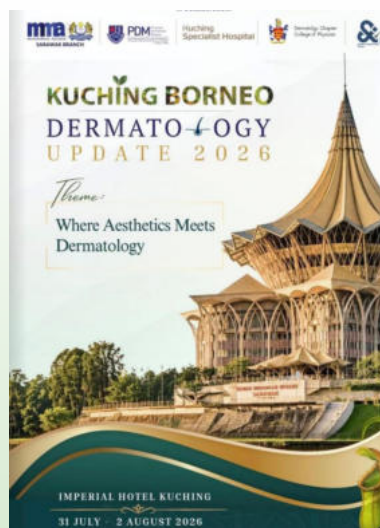


A memorable gathering of the faculty and speakers

Kuching Borneo Dermatology Update 2026

Date: 31 July – 2 August 2026

Venue: Hotel Imperial Kuching



Welcome to Kuching Borneo Dermatology Update 2026!



Training of Trainers for CPG Management of Psoriasis (Second Edition)

Johor

The **Training of Trainers for Clinical Practice Guidelines (CPG) Management of Psoriasis (Second Edition)** was successfully held on **15 April 2026** at **Hospital Permai Lama**, jointly organized by the Departments of Dermatology, Hospital Sultanah Aminah Johor Bahru (HSAJB) and Hospital Sultan Ismail Johor Bahru (HSIJB).

The workshop was attended by approximately 70–80 participants. The programme was designed to equip healthcare professionals with up-to-date knowledge and practical approaches to the management of psoriasis based on the latest edition of the Malaysian Clinical Practice Guidelines. Through a series of interactive lectures, case-based discussions, and knowledge-sharing sessions, participants gained a deeper understanding of evidence-based treatment strategies, patient assessment, and long-term disease management. The workshop aimed to develop local trainers who will subsequently disseminate the updated CPG recommendations within their respective institutions and healthcare networks.



ECHO Training of Trainees CPG Management of Psoriasis 2nd Edition

The ECHO TOT CPG Management of Psoriasis was successfully organized by the Department of Dermatology Hospital Queen Elizabeth on 23rd April 2026 at Hospital Queen Elizabeth. It was attended by 106 delegates, with the majority comprised of primary care physicians and medical officers from all over **Sabah**.



Training on CPG Management of Psoriasis

12/6/2026
Webinar
JKN Sarawak

Training of Trainers: Dermatology in Primary Care (Johor State Level 2026)

The Training of Trainers (TOT) Workshop on **Dermatology in Primary Care, Johor State Level 2026**, was held on **23 June 2026** at the **Seminar Room, Klinik Kesihatan Batu Pahat**, organised by the Batu Pahat District Health Office (Pejabat Kesihatan Daerah Batu Pahat).

The full-day programme (8.00 am–5.00 pm) covered skin assessment, common topical treatments, inflammatory and occupational dermatoses, acne and rosacea, and infectious skin diseases. Sessions were conducted by family medicine specialists and a dermatologist from Klinik Kesihatan Yong Peng, Klinik Kesihatan Sagil, Klinik Kesihatan Tampoi, Klinik Kesihatan Kulai Besar, Klinik Kesihatan Mahmoodiah, and Hospital Pakar Sultanah Fatimah Muar. The workshop concluded with a Kahoot quiz, prize presentation, and distribution of certificates.



Basic Dermatology Workshop for Pharmacists

Date: 5 June 2026

Venue: Hospital Tengku Ampuan Afzan, Kuantan



Laser Safety Course Sarawak 2025

Date: 14/11/2025

Venue: Webinar

Organizer: Dermatology & OSH Hospital Umum Sarawak

Eczema Workshop: Atopic & Beyond

Date: 04/10/2025

Venue: Rejang Hall, Hospital Sibul

Organizer: Dermatology, Hospital Sibul

Malaysian Psoriasis Registry 2026

(Website: <http://www.dermatology.org.my/DermReg/index.htm>)

The Malaysian Psoriasis Registry (MPR) currently has 36087 psoriasis patients registered in its database.

At present, a total of 41 centers contribute data to the registry which includes 36 government centres, 3 private centres and 2 universities. University and private dermatologists are strongly encouraged to contribute so that the registry may accurately represent psoriasis patients in Malaysia.

Governance Board and Steering Committee (2025-2027):

Governance Board members:

1. Dr. Azura Mohd Affandi (Chairperson)
2. Datin Dr. Asmah Johar
3. Dr. Chang Choong Chor

Steering Committee:

1. Dr. Suganthi Robinson (Chairperson)
2. Dr. Rajalingam Ramalingam
3. Dr. Voo Sook Yee
4. Dr. Tang Min Moon
5. Dr. Latha Selvarajah
6. Dr. Tan Wooi Chiang
7. Dr. Mohan Arumugam
8. Dr. Ng Su Yen
9. Dr. Lalitha Pillay A/P B Gopinathan
10. Dr. Chang Wei His
11. Dr. Wong Lok Chin



Group photo of the MPR 2025 Steering Committee

Malaysian Journal of Dermatology

By Dr Kwan Zhenli, Editor-in-Chief

The Malaysian Journal of Dermatology (MJD) is the official peer-reviewed publication of Persatuan Dermatologi Malaysia (Dermatological Society of Malaysia) and is published by Wolters Kluwer Medknow twice yearly in June and December.

The journal is available for reading online via the MJD website at <https://journals.lww.com/mjd/pages/default.aspx> while the submission platform is accessible at <https://review.jow.medknow.com/MJD>.

MJD has been indexed in the Western Pacific Research Index Medicus (WPRIM) since 2009 and is now registered with the following abstracting partners: Baidu Scholar, China National Knowledge Infrastructure (CNKI), EBSCO Publishing's Electronic Databases, Ex Libris - Primo Central, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TDNet and Wanfang Data.

In 2025, MJD published submissions from Malaysian and international authors including original articles, case reports and correspondence with coverage of various subspecialties of dermatology such as medical dermatology, infections, allergy and contact dermatitis, infections, dermatologic surgery, photodermatology and paediatric dermatology. The journal aims to highlight dermatology research within Malaysia and the wider Southeast Asian and Asian regions, particularly for conditions and treatment relevant to our populations.

Dermatologic Laser & Surgery in Asians – Myth, Fact & Fiction 2026

May 29 – 31 May 2026, Shangri-la Rasa Sayang, Penang, Malaysia.

This is the 8th meeting on Dermatologic Laser & Surgery in Asians held in Shangri-la Rasa Sayang, Penang between 29 – 31 May 2026.

The first meeting was held twenty years ago, in 2006, on the shores of Cebu, Philippines, marking the first Asian Dermatologic Laser & Surgery meeting. Since then ADLAS has made its mark as a uniquely intimate, fun-filled, and enriching gathering of board-certified dermatologists across Asia.

With the foresight of the five founding members (Prof. Goh Chee Leok, Prof. Niwat Polnikorn, Dr. Joyce Lim Teng Ee, Dr. Nancy Garcia Tan and myself), this is a unique meeting for practicing dermatologists in Asia where we could share practical experiences from local experts and learn scientific knowledge from selected real experts.

The meeting was well attended by 45 dermatologists from Malaysia, Singapore, Indonesia, Thailand, Philippines, Hong Kong, Taiwan, Vietnam, Sri Lanka, and China. There were 2 Plenary speakers, Prof. Gregory Goodman (Australia) and Prof. Christine C. Dierickx (Luxembourg) and 3 Symposia speakers from Singapore (Dr. Joyce Lim), Hong Kong (Prof. Henry Chan) and China (Dr. Li Kai).

The dermatologists from Malaysia include Dr. Ting Hoon Chin, Dr. Henry Foog Boon Bee, Dr. Peter Ch'ng, Dr. How Kang Nien, Dr. Tan Yi Jun, Dr. Norashikin and myself.

It was a very enjoyable and fruitful meeting, not only academically but also socially.

Dr. Gangaram Hemandas
ADLAS Director

National Skin Health Awareness Carnival 2026



2026 檳城青少年皮膚健康及護理工作坊 (第二站)
暨皮膚健康醒覺嘉年華
Penang Adolescent Dermatology Workshop in Conjunction with the Skin Health Awareness Carnival

日期/Date: 05-07-2026 (星期日 SUN)
地点/Venue: Sunshine Central Mall, Farlim, Penang
时间/Time: 9:30am - 5:00pm
对象/Target: 中學生與公眾 Secondary School Students & Public

免費報名 Free Registration

活動項目/Activities: 皮膚專科醫生專題講座 (雙語: 中文/英文) Talks by Dermatologists (Bilingual: Chinese/English) | 幸運抽獎 Lucky Draw | 現場皮膚健康諮詢專區 (限前100位, 需提前預約) On-site Skin Consultation Booth (Limited to the first 100 Participants, Pre-booking required) | 多家知名護膚品牌展示區 Participation by Various Skincare Brands | 首1000位與嘉賓獲得精美禮品 Goodie bags will be provided for the first 1,000 Participants | 免費贈品及試用裝派發 (先到先得, 送完為止) Complimentary Gifts & Samples (While Stocks Last) | 還有許多精彩有趣的活動及護理體驗 Many Other Engaging Activities and Skincare Experiences

日新國中89/94校友聯誼會facebook: facebook: <https://www.facebook.com/jitsin8994>
 皮膚健康日facebook: <https://www.facebook.com/skinhealthday2015/>

网上报名。名額有限。先到先得!
 報名链接: <https://wushu.my/1/skin/2026/?705>

This marked a significant milestone for PDM, as the National Skin Health Day programme was organised **outside the Klang Valley for the first time**, with **Penang proudly serving as the host state**.

Held under the theme **“Celebrate Healthy Skin, Inside and Out!”**, the programme brought dermatology education closer to the community through a combination of **public talks, educational activities, patient engagement and media outreach**. It brought together **dermatologists, healthcare professionals, patient support groups, schools, industry partners, media organisations and members of the public**, creating a strong platform for education, advocacy and community engagement.

PDM's efforts to bring skin health awareness to the wider community.

Collaborators: PDM, Hospital Pulau Pinang, Hospital Raja Permaisuri Bainun, Penang Psoriasis Care Association, Penang Fujian Merchants Association and 89/94 SMJK Jit Sin Alumni.



Skin Health Awareness Carnival

It held on **5 July 2026 at Sunshine Central Mall, Penang**, attracted **729 registered participants**. The carnival featured educational sessions on common skin and hair conditions, including **acne, eczema, psoriasis, urticaria, hair loss and facial pigmentation**, as well as information on **safe aesthetic practices**. The programme was **officiated by YAB Tuan Chow Kon Yeow, represented by YB Daniel Gooi Zi Sen**, marking an important occasion in



2026 檳城青少年皮膚健康及護理工作坊 (第二站) 暨皮膚健康醒覺嘉年華
Penang Adolescent Dermatology Workshop (Session 2) in Conjunction with the Skin Health Awareness Carnival

日期/Date: 05-07-2026 (星期日 SUN)
時間/Time: 9:30am - 5:00pm
地點/Venue: Sunshine Central Mall, Farlim, Penang

由內而外，健康肌膚，美麗人生！
Celebrate Healthy Skin, Inside and Out!

活動流程表 Tentative Program

9:30	現場註冊/Registration
10:00	嘉賓致辭/Opening Remarks
10:10 - 11:00	皮膚與健康：專家為你解疑 Let's Talk About Acne: Ask the Expert 主講人/Speaker: 謝國強醫生 Dr. Goh Kien Yi 嘉賓嘉賓嘉賓 Dr. Hananisa Bt Mohd Ali
11:00 - 11:30	皮膚與生活： coping and Living with Eczema 主講人/Speaker: 謝國強醫生 Dr. Goh Kien Yi 嘉賓嘉賓嘉賓 Dr. Hananisa Bt Mohd Ali
11:30	科學與皮膚： Coping and Living with Eczema 主講人/Speaker: 謝國強醫生 Dr. Goh Kien Yi 嘉賓嘉賓嘉賓 Dr. Hananisa Bt Mohd Ali
12:30	午餐/Group Photo & 幸運抽獎 Lucky Draw 1
12:40 - 1:30	皮膚與健康： The Truth About Psoriasis: Myths vs Facts 主講人/Speaker: 謝國強醫生 Dr. Goh Kien Yi 嘉賓嘉賓嘉賓 Dr. Hananisa Bt Mohd Ali
1:30 - 1:40	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
1:40 - 1:50	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
1:50 - 2:00	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
2:00 - 2:10	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
2:10 - 2:20	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
2:20 - 2:30	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
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4:40 - 4:50	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long
4:50 - 5:00	嘉賓致辭： 李國強醫生 Dr. Lee Kuo Long

主講醫生 Speaker

- 謝國強醫生 Dr. Goh Kien Yi
- 李國強醫生 Dr. Lee Kuo Long
- 黃國強醫生 Dr. Wong Kuo Long
- 陳國強醫生 Dr. Chan Kuo Long
- 林國強醫生 Dr. Lim Kuo Long
- 周國強醫生 Dr. Chou Kuo Long
- 吳國強醫生 Dr. Ng Kuo Long
- 張國強醫生 Dr. Cheong Kuo Long
- 李國強醫生 Dr. Lee Kuo Long
- 陳國強醫生 Dr. Chan Kuo Long
- 林國強醫生 Dr. Lim Kuo Long
- 周國強醫生 Dr. Chou Kuo Long
- 吳國強醫生 Dr. Ng Kuo Long
- 張國強醫生 Dr. Cheong Kuo Long



Opening Ceremony



Voice of Support: Distinguished Guests (Dato Tan Lye Hock, President of Persatuan Penyayang Pesakit Psoriasis Pulau Pinang; Dato Loh Nam Hooi, President of Penang Fujian Merchants Association; YB Daniel Gooi Zi Sen, the Penang State Youth, Sports and Health Committee chairman) Mark the Opening of National Skin Health 2026



Celebrating Collaboration for Healthier Skin and Stronger Communities



One Community, One Mission: Together for Better Skin Health



A series of engaging educational talks was delivered by dermatologists in two languages, making essential skin health information more accessible to a wider audience.

A total of 23 interactive stations, educational activities and exhibition booths were set up, offering participants a diverse and engaging learning experience. Interactive booths, educational activities, skin health consultations and exhibition stations provided members of the public with opportunities to engage directly with dermatologists and healthcare professionals, ask questions and gain practical advice on maintaining healthy skin.



STATION CHECKLIST 活动关卡



Collect a stamp at each Station!
请在每个关卡盖章!

SECTION A: OPENING ACTIVITIES A区: 开幕活动		SECTION C: PDM, INDUSTRY & COMMUNITY PARTNERS BOOTHS C区: PDM及业界伙伴合作单位展区	
1. Public Talk 健康讲座	☐	B01 Novartis	☐
2. Wishing Tree for Skin Health 肌肤健康许愿树	☐	B02 Colour, Create & Care! 缤纷绘画乐	☐
SECTION B: THE GOLDEN 3 SKINCARE ESSENTIALS B区: 肌肤护理黄金三部曲		B03 Zuellig Pharma	☐
P03 Skin Cleaning Station 洁肤护理站	☐	B04 Find Your Dermatologist Corner 寻找您的皮肤科医生专区	☐
P02 Hydration Challenge Station 保湿补水挑战站	☐	B05 BP Synergy Pharma	☐
P01 Sun Protection Station 防晒知识站	☐	Kids Corner by Hoe/Taisho 儿童天地	☐
SECTION D: TREATMENT, SUPPORT & EDUCATION ZONE D区: 治疗、支援与健康教育专区			
T01 Medication Information Corner 药物咨询站	☐	T05 PEM 痤疮护理 伙伴专区	☐
T02 Skincare Label Reading Corner 护肤品牌标签阅读站	☐	T06 CSI: Skin Investigation 肌肤检测: 痤疮调查站	☐
T03 PAM 痤疮护理 伙伴专区	☐	T07 PPPPPP 痤疮护理 伙伴专区	☐
T04 PERKID 痤疮护理 伙伴专区	☐	T08 DEBRA 痤疮护理 伙伴专区	☐
		T09 Skin Solutions Lab 肌肤护理实验室	☐
		T10 Skin Repair Hub	☐
		T11 Bead the Sun! 阳光串串乐(1)	☐
		T12 Bead the Sun! 阳光串串乐(2)	☐



Free One-to-One Skin Consultations with Dermatology Professionals



Kid Activities - Learning Through Fun and Play



Seeing Beneath the Surface: Scalp and Skin Analysis for Better Skin Health



Find Your Dermatologist Corner



Colour, Create and Care Station



Bringing Psoriasis Care Knowledge to Public



Bead the Sun Station



Bringing Skin Care Knowledge to Public



Skin Repair Hub



Bringing Eczema Care Knowledge to Public



Interactive Game Station



Bringing Acne Care Knowledge to Public



Interactive quizzes and Q&A sessions



Lucky Draw Sessions

Together with the other flagship **National Skin Health 2026** programme, the initiative achieved an impressive **1,947 registrations**, reflecting the strong public interest in reliable and accessible skin health information.

Empowering Patients, Schools and the Community

An important component of the programme was the involvement of **patient support groups**, providing a platform for individuals living with skin diseases to connect, share their experiences and raise awareness of the challenges they face. Their participation reinforced the importance of **patient empowerment, advocacy and community support** in dermatological care.

The involvement of **schools and young people** further extended the reach of the programme, promoting early awareness of healthy skin practices and encouraging the younger generation to make informed decisions about their skin health.



Strengthening Awareness, Support and Patient Voices – Psoriasis Patient Support Groups



Building Awareness, Understanding and Support for Ichthyosis

The campaign also extended beyond the physical events through **newspaper features on skin health and common dermatological conditions throughout July 2026**. In collaboration with media partners **Sin Chew Daily and Kwang Ming Daily**, PDM was able to share evidence-based skin health messages with an even wider audience.

10 全國皮膚健康日 光華日報 4.7.2026

揭開面部色斑真相

科學淡斑不踩雷

面部色斑是許多人共同面對的皮膚問題，不僅影響外觀，也可能降低自信心。市面上充斥各種淡斑產品與治療，但並非所有方法都安全有效。了解色斑形成原因及正確治療方式，才能避免走冤枉路，甚至造成皮膚傷害。

什麼是面部色斑？

面部色斑是指皮膚上出現的褐色或黑色斑點，主要與黑色素沉澱有關。根據成因，色斑可分為雀斑、黃褐斑、老年斑等。雀斑多由遺傳因素引起，黃褐斑則與荷爾蒙變化及紫外線照射有關。老年斑則是皮膚老化過程中的自然現象。

常見色斑類型

- 雀斑 (Ephelides)**：通常呈淡褐色，多分布在面部中央，具有家族遺傳性。
- 黃褐斑 (Melasma)**：多呈棕褐色，常分布在面部兩側，與荷爾蒙變化及紫外線照射有關。
- 老年斑 (Seborrheic Keratosis)**：多呈褐色或黑色，多分布在面部周圍，是皮膚老化的自然現象。

科學淡斑不踩雷

淡斑是一個長期過程，需要耐心和科學的方法。正確的治療方式包括：

- 日常護理**：使用含有維生素C、熊果苷等成分的護膚品，並嚴格做好防曬工作。
- 化學換膚**：在專業醫生的指導下，使用果酸、水楊酸等進行換膚，促進皮膚細胞更新。
- 雷射治療**：利用雷射技術破壞黑色素，達到淡斑效果。
- 光子治療**：利用強光脈衝作用於黑色素，使其分解並排出體外。

關鍵提醒

- 避免使用含有汞、鉛等有害成分的非法產品。
- 切勿盲目相信廣告，應選擇正規醫療機構。
- 治療後應做好皮膚護理，避免陽光直射。

11 全國皮膚健康日 光華日報 4.7.2026

美麗不留遺憾

人人都該知道的安全醫美知識

「想割双眼皮卻怕痛更有神？」、「想打幾針瘦臉！Botox！童顏青春？」

許多人追求美麗，卻不知道如何安全地進行醫美治療。正確的醫美知識是保障安全的前提。

小心社會媒體與網路陷阱

許多人在網路上看到各種醫美廣告，容易受到誘惑。但網路資訊良莠不齊，許多非法診所和產品充斥其中。在進行任何醫美治療前，應先了解診所的資質和醫生的專業背景。

5大醫美常見誤區

- 誤區一：價格越低越好**
許多非法診所為了吸引顧客，會提供超低的價格。但這往往意味著使用劣質產品或未經培訓的技術人員，存在極大的安全隱患。
- 誤區二：一次見效**
許多非法診所會宣稱「一次見效」，這是不科學的。醫美治療是一個過程，需要多次治療才能達到理想效果。
- 誤區三：無痛無副作用**
任何醫美治療都存在一定的痛感和副作用。非法診所為了掩飾真相，會宣稱「無痛無副作用」。
- 誤區四：不問醫術**
許多人在選擇診所時，只看重價格和環境，而忽略了醫術的重要性。醫術是保障安全的核心。
- 誤區五：不問後果**
許多人在進行醫美治療前，不會考慮後果。如果出現併發症，後果往往非常嚴重。

安全醫美知識

- 選擇正規診所**：應選擇具有合法執照的診所，並了解醫生的專業背景。
- 了解產品**：應了解所使用的產品是否合法、安全。
- 溝通需求**：應與醫生充分溝通，了解治療方案、風險和後果。
- 術後護理**：應按照醫生的建議進行術後護理，避免感染和併發症。

良醫

輕一泡就起水皰 泡龍龍症的無聲吶喊

皮膚科醫生：清潔保溫防曬

「輕一泡就起水皰」是許多人的困擾，這可能是「泡龍龍症」的表現。泡龍龍症是一種罕見的皮膚病，患者皮膚極其脆弱，容易因接觸水而產生水皰。這不僅影響外觀，還可能導致疼痛和感染。皮膚科醫生建議，患者應注意清潔、保溫和防曬，並避免使用刺激性產品。

良醫

保養不必繁瑣 皮膚科醫生：清潔保溫防曬

許多人在保養皮膚時，容易陷入繁瑣的步驟中。其實，皮膚保養的核心是清潔、保溫和防曬。皮膚科醫生建議，應選擇適合自己膚質的護膚品，並堅持使用。此外，健康的飲食和充足的睡眠也是保養皮膚的重要因素。

良醫

雄性禿斑禿止止期脫髮 治療方式不同

雄性禿是一種常見的脫髮問題，患者頭髮逐漸稀疏，最終可能導致禿頭。斑禿則是一種斑塊狀的脫髮。止止期脫髮則是指脫髮進入了一個相對穩定的階段。不同的脫髮類型需要不同的治療方式。皮膚科醫生建議，患者應先進行專業診斷，再選擇合適的治療方案。

良醫

正確管理可控制 慢性蕁麻疹不停

慢性蕁麻疹是一種反覆發作的皮膚病，患者皮膚會出現紅腫、瘙癢等症狀。雖然目前尚無根治方法，但通過正確的管理，症狀可以得到控制。皮膚科醫生建議，患者應記錄症狀發作的時間和誘因，並避免接觸過敏原。此外，使用抗組胺藥物也可以有效緩解症狀。

全國皮膚健康日 光華日報 4.7.2026

銀屑病真相

迷思與事實

銀屑病（俗稱牛皮癬）是一種慢性炎症性皮膚病，具有反覆發作的特點。許多人對銀屑病存在許多迷思，如「會傳染」、「不能根治」等。事實是，銀屑病不會傳染，且通過科學治療，症狀可以得到有效控制。皮膚科醫生建議，患者應保持積極心態，並堅持治療。

迷思與事實

- 迷思一：銀屑病會傳染**
事實：銀屑病是一種自身免疫性疾病，不會傳染。
- 迷思二：銀屑病不能根治**
事實：雖然目前尚無根治方法，但通過治療，症狀可以得到長期控制。
- 迷思三：銀屑病是皮膚病**
事實：銀屑病是一種全身性免疫疾病，可能伴隨其他系統性疾病。

治療建議

- 輕度患者：使用外用藥物，如維生素D3衍生物、糖皮質激素等。
- 中度至重度患者：使用口服藥物，如甲氨蝶呤、環孢素等。
- 生物製劑：對於嚴重患者，生物製劑是一種有效的治療選擇。

全國皮膚健康日 光華日報 4.7.2026

痘痘真相揭秘

專家為你解答

痘痘（痤瘡）是許多人的困擾，它不僅影響外觀，還可能對心理造成負面影響。許多人對痘痘的成因和治療存在誤解。專家為你解答關於痘痘的真相。

痘痘真相

- 成因**：痘痘的成因複雜，包括皮脂分泌過多、毛囊角化異常、細菌感染和炎症反應等。
- 治療**：治療痘痘需要綜合性方案，包括外用藥物、口服藥物和物理治療等。
- 預防**：保持皮膚清潔、避免擠壓痘痘、使用不油膩的護膚品是預防痘痘的重要措施。

專家建議

- 切勿盲目擠壓痘痘，以免導致感染和留疤。
- 選擇正規醫療機構進行治療。
- 保持健康的生活方式，包括均衡飲食和充足睡眠。

A Landmark Year for PDM

The success of **National Skin Health 2026** was made possible through the collective efforts of **PDM, dermatologists and healthcare professionals, Hospital Pulau Pinang, participating schools, patient support groups, industry partners, media organisations, volunteers and the wider community.**

With **1,947 registrations**, strong participation from patient support groups and schools, and sustained media outreach, National Skin Health 2026 was a landmark initiative for PDM. More importantly, it demonstrated the value of bringing **credible, evidence-based dermatology education directly to communities** and creating opportunities for meaningful interaction between healthcare professionals, patients and the public.

National Skin Health 2026 was more than an awareness campaign—it was a celebration of healthier skin, empowered patients and stronger community connections, bringing the message of skin health closer to the people of Penang and beyond.

A Special Thanks

Our heartfelt thanks to all our collaborators, sponsors, volunteers, doctors and staff for their valuable support, dedication and contributions.

Thank you for being part of our journey!



Industry Partnership in Action:
Showcasing Cetaphil at the Exhibition



Industry Partnership in Action:
Showcasing Eucerin at the Exhibition



Industry Partnership in Action:
Showcasing Novartis at the Exhibition



Industry Partnership in Action:
Showcasing Physiogel at the Exhibition



Industry Partnership in Action: Showcasing
Taisho/Hoe/Ezerra at the Exhibition



Industry Partnership in Action:
Showcasing Lulu Skin at the Exhibition



Industry Partnership in Action: Showcasing
La Roche-Posay and CeraVe at the Exhibition



Together, We Made a Difference:
Thank You for Your Support, Participation and Shared Commitment



A Hub of Learning and Engagement: An Overview of the National Skin Health Awareness Carnival

Penang Adolescent Dermatology Workshop 2026

Held on **4 July 2026 at SMJK Jit Sin, Bukit Mertajam**, marked the **fifth consecutive year** of this meaningful educational initiative dedicated to promoting skin health awareness among adolescents.

Over the past five years, the workshop has continued to empower young people with **practical, accessible and evidence-based knowledge** on common dermatological concerns, including **acne, eczema, skin infections and basic skincare**. The programme is designed to make dermatological education engaging and relevant to adolescents, combining expert-led talks with **interactive quizzes, Q&A sessions, a hands-on skincare workshop, exhibition booths, skin consultations and other educational activities – know your medication**.

The 2026 workshop received an **overwhelming response, with a total of 1,218 participants registered**, reflecting the strong interest in adolescent skin health and the growing importance of providing young people with accurate, reliable information to guide their everyday skincare practices.

Reaching this **five-year milestone** is a testament to the continued commitment of the organisers and collaborating partners to adolescent health education. More importantly, the sustained participation over the years demonstrates the value of creating a platform where young people can learn directly from dermatology professionals, ask questions freely and develop greater confidence in caring for their skin.

The Penang Adolescent Dermatology Workshop has therefore grown beyond a single educational event into a **continuing initiative that bridges dermatological expertise with the needs of the younger generation**, laying the foundation for healthier skin practices and greater awareness from an early age.



活动项目 / Activities: 讲座会 (由皮肤科医生主讲) - 双语 (中/英) Talks (by Dermatologists) - Bilingual (Chinese/English) | 有奖问答 Quiz Session with Prizes | 幸运抽奖 Lucky Draw | 皮肤咨询专柜 (需预约) On-site Skin Consultation Booth (Pre-booking Required) | 皮肤点刺试验检查 (需预约) Skin Prick Test (Pre-booking Required) | 现场附送小赠品 Free Gifts | 多个护肤品牌参与展览 Skin care exhibition booths | 有茶点供应 Refreshment provided | 参与者将获取活动文凭 e-Certificate of attendance

正确信息, 科学护肤, 活出自我, 青春无畏

有兴趣参与及了解详情, 请浏览以下网站及链接

日新Facebook: <https://www.facebook.com/smkjitsinskk/>
日新国中89/94校友联谊会facebook: <https://www.facebook.com/jitsin8994>

网上报名。名额有限。先到先得!
报名链接: <https://wushu.my/l/skin/2026/>



Penang Adolescent Dermatology Workshop 2026 — equipping the next generation with the knowledge and confidence to care for their skin



Five Years Strong, 1,218 Voices: Empowering the Next Generation for Healthier Skin!



Skin Consultation



Skin Consultation: Your Skin, Your Questions, Personalised Guidance



Skin Prick Testing counter



Inform, Engage, Empower: Bringing Dermatology to Life



Bringing Dermatology Education to the Next Generation



A Hall Full of Enthusiasm: Young Participants Engage in Interactive Learning on Skin Health



Hands-On Learning: Mastering the Right Way to Apply Sunscreen



Meet the Team: Know Your Medication



Industry Partnership in Action: Showcasing La Roche-Posay and CeraVe at the Exhibition



Industry Partnership in Action: Showcasing Taisho/Hoe at the Exhibition



Bringing Acne care Knowledge to Students



Industry Partnership in Action: Showcasing Eucerin at the Exhibition



Bringing Skincare Knowledge to Students



Bringing Eczema care Knowledge to Students



Industry Partnership in Action: Showcasing Ceradan/Winlevi at the Exhibition



Industry Partnership in Action: Showcasing Galderma/Benzac at the Exhibition



Industry Partnership in Action: Showcasing Physiogel at the Exhibition



Educational activities – Leprosy and skin infection slides



Interactive quizzes and Q&A sessions winners



Lucky draw session

Patient Support Groups Activities 2025–2026

World Psoriasis Day Celebration 2025–2026

World Psoriasis Day Johor State Level Celebration 2025

In conjunction with **World Psoriasis Day**, the Johor state-level celebration was held on **1st November 2025** at **MSuites Hotel, Johor Bahru**. Hosted by the Psoriasis Association of Malaysia, the event attracted approximately 100–150 participants, including patients, caregivers, healthcare professionals, and members of the public.

Carrying the theme “*Psoriatic Disease and Comorbidities – Understanding the Domino Effect*,” the programme aimed to increase public awareness of psoriasis and its associated health conditions. A key highlight was the public education session entitled “*Apa yang Anda Perlu Tahu Tentang Psoriasis*” which provided practical information on recognising, understanding, and managing psoriasis. The programme also featured awareness talks, patient forums, and interactive discussions led by dermatologists, offering participants valuable insights into comprehensive disease management and long-term care.



World Psoriasis Day 2025 Celebration – Sabah

Together with patients, patients’ family, hospital staff and pharmaceutical partners, we celebrated the World Psoriasis Day on **31st Oct 2025** at Hospital Queen Elizabeth. The event ended with a fun quiz in which the patients and hospital staff participated.



World Eczema Day 2025 Celebration

The Department of Dermatology, Hospital Kuala Lumpur (HKL), successfully organised the **World Eczema Day 2025 Celebration** on Tuesday, 30 September 2025 at the Lobby of the Specialist Complex and Ambulatory Care Centre (SCACC), HKL. The event was officiated by the Director of HKL and attended by staff from various clinical departments, alongside eczema patients and their families, who were at the heart of the celebration. Carrying the theme "Our Skin, Our Journey," this year's programme highlighted the personal and shared experiences of individuals living with eczema, while reinforcing the Department's commitment to raising awareness, promoting understanding, and advocating for holistic care that addresses the multidimensional impact of the disease. The celebration also served as a platform for education, engagement, and support for patients and the wider community. The Department extends its sincere appreciation to the various companies and partners whose generous sponsorships and participation as booth exhibitors contributed significantly to the success of the event.



Officiating ceremony



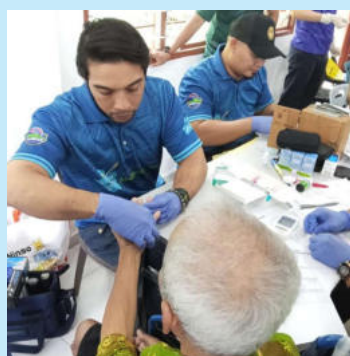
Case sharing session with eczema patients



Wet wrap technique demo

Program LAKAR

Daerah Tangkak, Johor



Program ACD LAKAR dan pemberian Single Dose Rifampicin (SDR) di Kg Menyuruk Batang Kali, Hulu Selangor. 27/07/2025

The Dermatology Department of Hospital Pakar Sultanah Fatimah Muar actively participated in **Program LAKAR Daerah Tangkak**, held on **5th November 2025** at **Kampung Orang Asli Tanah Gembor, Tangkak**. The programme was organised by the Tuberculosis and Leprosy Unit (TB & Kusta), Johor State Health Department (JKNJ), the Tangkak District Health Office (PKD), and the Dermatology Department of HPSF Muar.

The programme aimed to enhance early detection and management of tuberculosis and leprosy among healthcare personnel while raising awareness among the local Orang Asli community through the LAKAR approach (*Latih, Kesan, Analisa, Rawat dan Rujuk*). Educational sessions were conducted to improve public understanding of leprosy, including its signs, symptoms, transmission, and the importance of

early treatment to reduce stigma and encourage timely medical attention. At the same time, demonstrations and hands-on practice on the slit skin smear technique were conducted for healthcare personnel.



Radio / TV interview / Newspaper / Magazine Publications



Dr Azura Mohd Affandi featured as the Research Personality in CRM Bulletin 32, highlighting her journey from local impact to global momentum



Featured in CodeBlue @ 4 Feb 2025: "People Would Stare At Me Like I Was An Alien: GPP In Malaysia", highlighting the challenges faced by patients with Generalized Pustular Psoriasis (GPP) and the importance of greater awareness, timely diagnosis, and access to appropriate care. The article featured Dr Azura Mohd Affandi & Dr Choon Siew Eng at a GPP report launch and roundtable discussion organised by the Galen Centre in Kuala Lumpur.



Dr Azura Mohd Affandi raising awareness about vitiligo on Astro Radio News during World Vitiligo Day, 25 June 2025



Dr Azura Mohd Affandi sharing expert advice on eczema and allergies on Bernama TV's "Apa Khabar Malaysia" on 14 July 2026



Dr Suganthi Robinson sharing expert insights on sun protection, skin cancer warning signs, and healthy skin practices during the LiteFM HealthWise programme, "Sun Damage in Malaysians: Hidden UV Risks, Skin Cancer Warning Signs & How to Protect Your Skin Properly," on 11 December 2025



PDM experts (Dr Azura & Dr Tang Jyh Jong) participating in a panel discussion, sharing insights and perspectives on dermatology and skin health with healthcare professionals and the public. Featured in Harian Metro: "Jadilah Rujukan Utama" — highlighting the role of dermatologists as trusted sources of expert information on skin health, 23 June 2025.



Featured in The Star Metro @ 25 July 2026 : "Seek dermatology, aesthetic treatments from registered professionals" — highlighting PDM's efforts to raise awareness of common skin conditions and promote safe, evidence-based dermatological and aesthetic care.



Featured in Oriental Daily @ 6 July 2026: PDM President **Dr Tan Wooi Chiang** urged the public to adopt evidence-based skincare practices and seek qualified dermatologists for skin and aesthetic treatments, while avoiding misleading advertisements and unregulated beauty services.



Featured in Sin Chew Daily @ 6 July 2026: "Penang Adolescent Dermatology Workshop – 'Preservative-Free' Skincare? Beware", highlighting PDM's efforts to educate adolescents and the public on safe, evidence-based skincare and common skincare misconceptions.



Featured in Majalah WM @ 11 Feb 2025:
"The Healing Kit Meringankan Beban Pesakit Psoriasis Pustular Umum (GPP)",
 highlighting a patient-support initiative aimed at providing comfort and practical support for individuals living with **Generalized Pustular Psoriasis (GPP)**

星洲日報 30. 11. 2025 星期日 強盛陣容 每週輪流上陣 醫識力問醫

世界華文 醫學新聞 醫識力問醫

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如何改善皮膚瘙癢? 從保養檢查 到用藥全解析

醫生解答:

皮膚瘙癢是皮膚科常見症狀，主要可見於濕疹、蕁麻疹、疥瘡、汗斑、日光性皮炎和接觸性皮炎等。其發生原因多種，包括環境因素、體質因素、皮膚屏障受損、皮膚乾燥、皮膚過敏、皮膚感染、皮膚損傷、皮膚瘙癢症、皮膚癌等。皮膚瘙癢的治療應根據病因進行，包括避免接觸過敏原、使用外用藥物、口服藥物、光療、手術等。本文將從保養檢查到用藥全解析，幫助讀者了解如何改善皮膚瘙癢。

1. 環境因素: 皮膚瘙癢常見於乾燥、潮濕、多塵、多花粉的環境。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。保持室內空氣清新，使用加濕器或濕度計，保持室內濕度在40%-60%之間。

2. 體質因素: 皮膚瘙癢常見於過敏體質、濕疹體質、蕁麻疹體質、疥瘡體質、汗斑體質、日光性皮炎體質、接觸性皮炎體質等。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。保持皮膚清潔，使用溫和的洗滌劑，避免使用刺激性藥物。

3. 皮膚屏障受損: 皮膚瘙癢常見於皮膚屏障受損、皮膚乾燥、皮膚瘙癢症、皮膚癌等。應使用溫和的洗滌劑，避免使用刺激性藥物。使用保濕霜、護膚品，保持皮膚濕潤。避免抓癢，以免損傷皮膚。

4. 皮膚過敏: 皮膚瘙癢常見於皮膚過敏、皮膚瘙癢症、皮膚癌等。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。使用抗過敏藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

5. 皮膚感染: 皮膚瘙癢常見於皮膚感染、皮膚瘙癢症、皮膚癌等。應使用抗感染藥物，如抗生素、抗真菌藥、抗病毒藥等。避免使用刺激性藥物。

6. 皮膚損傷: 皮膚瘙癢常見於皮膚損傷、皮膚瘙癢症、皮膚癌等。應使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

7. 皮膚瘙癢症: 皮膚瘙癢常見於皮膚瘙癢症、皮膚癌等。應使用抗瘙癢藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

8. 皮膚癌: 皮膚瘙癢常見於皮膚癌、皮膚瘙癢症等。應使用手術、化療、放疗等治療方法。避免使用刺激性藥物。

保養檢查:

1. 皮膚屏障檢查: 皮膚屏障受損是導致皮膚瘙癢的主要原因之一。應使用溫和的洗滌劑，避免使用刺激性藥物。使用保濕霜、護膚品，保持皮膚濕潤。避免抓癢，以免損傷皮膚。

2. 皮膚過敏檢查: 皮膚過敏是導致皮膚瘙癢的主要原因之一。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。使用抗過敏藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

3. 皮膚感染檢查: 皮膚感染是導致皮膚瘙癢的主要原因之一。應使用抗感染藥物，如抗生素、抗真菌藥、抗病毒藥等。避免使用刺激性藥物。

4. 皮膚損傷檢查: 皮膚損傷是導致皮膚瘙癢的主要原因之一。應使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

5. 皮膚瘙癢症檢查: 皮膚瘙癢症是導致皮膚瘙癢的主要原因之一。應使用抗瘙癢藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

6. 皮膚癌檢查: 皮膚癌是導致皮膚瘙癢的主要原因之一。應使用手術、化療、放疗等治療方法。避免使用刺激性藥物。

用藥全解析:

1. 外用藥物: 外用藥物是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的外用藥物，如抗組胺藥、糖皮質激素、抗感染藥物、修復藥物等。應避免使用刺激性藥物。

2. 口服藥物: 口服藥物是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的口服藥物，如抗組胺藥、糖皮質激素、抗感染藥物、修復藥物等。應避免使用刺激性藥物。

3. 光療: 光療是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的光療方法，如紫外線A光、紫外線B光、紫外線C光等。應避免使用刺激性藥物。

4. 手術: 手術是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的手術方法，如皮膚移植、皮膚切除、皮膚修復等。應避免使用刺激性藥物。

皮膚瘙癢的預防:

1. 避免接觸過敏原: 避免接觸花粉、塵埃、動物皮屑等過敏原，可減少皮膚瘙癢的發生。

2. 保持皮膚清潔: 使用溫和的洗滌劑，避免使用刺激性藥物，可保持皮膚清潔，減少皮膚瘙癢的發生。

3. 使用保濕霜: 使用保濕霜、護膚品，可保持皮膚濕潤，減少皮膚瘙癢的發生。

4. 避免抓癢: 避免抓癢，以免損傷皮膚，減少皮膚瘙癢的發生。

5. 使用抗瘙癢藥物: 使用抗瘙癢藥物，如抗組胺藥、糖皮質激素等，可減少皮膚瘙癢的發生。

6. 使用修復藥物: 使用修復藥物，如維生素E、維生素A、維生素C等，可修復皮膚屏障，減少皮膚瘙癢的發生。

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世界華文 醫學新聞 醫識力問醫

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長者中風或手術後 為何一直皮膚癢?

醫生解答:

長者中風或手術後，常會出現皮膚瘙癢的症狀。這可能是由於多種原因造成的，包括皮膚乾燥、皮膚屏障受損、皮膚過敏、皮膚感染、皮膚損傷、皮膚瘙癢症、皮膚癌等。本文將從保養檢查到用藥全解析，幫助讀者了解如何改善皮膚瘙癢。

1. 皮膚乾燥: 長者中風或手術後，常會出現皮膚乾燥的症狀。應使用溫和的洗滌劑，避免使用刺激性藥物。使用保濕霜、護膚品，保持皮膚濕潤。避免抓癢，以免損傷皮膚。

2. 皮膚屏障受損: 長者中風或手術後，常會出現皮膚屏障受損的症狀。應使用溫和的洗滌劑，避免使用刺激性藥物。使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

3. 皮膚過敏: 長者中風或手術後，常會出現皮膚過敏的症狀。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。使用抗過敏藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

4. 皮膚感染: 長者中風或手術後，常會出現皮膚感染的症狀。應使用抗感染藥物，如抗生素、抗真菌藥、抗病毒藥等。避免使用刺激性藥物。

5. 皮膚損傷: 長者中風或手術後，常會出現皮膚損傷的症狀。應使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

6. 皮膚瘙癢症: 長者中風或手術後，常會出現皮膚瘙癢症的症狀。應使用抗瘙癢藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

7. 皮膚癌: 長者中風或手術後，常會出現皮膚癌的症狀。應使用手術、化療、放疗等治療方法。避免使用刺激性藥物。

保養檢查:

1. 皮膚屏障檢查: 皮膚屏障受損是導致皮膚瘙癢的主要原因之一。應使用溫和的洗滌劑，避免使用刺激性藥物。使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

2. 皮膚過敏檢查: 皮膚過敏是導致皮膚瘙癢的主要原因之一。應避免接觸過敏原，如花粉、塵埃、動物皮屑等。使用抗過敏藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

3. 皮膚感染檢查: 皮膚感染是導致皮膚瘙癢的主要原因之一。應使用抗感染藥物，如抗生素、抗真菌藥、抗病毒藥等。避免使用刺激性藥物。

4. 皮膚損傷檢查: 皮膚損傷是導致皮膚瘙癢的主要原因之一。應使用修復藥物，如維生素E、維生素A、維生素C等。避免使用刺激性藥物。

5. 皮膚瘙癢症檢查: 皮膚瘙癢症是導致皮膚瘙癢的主要原因之一。應使用抗瘙癢藥物，如抗組胺藥、糖皮質激素等。避免使用刺激性藥物。

6. 皮膚癌檢查: 皮膚癌是導致皮膚瘙癢的主要原因之一。應使用手術、化療、放疗等治療方法。避免使用刺激性藥物。

用藥全解析:

1. 外用藥物: 外用藥物是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的外用藥物，如抗組胺藥、糖皮質激素、抗感染藥物、修復藥物等。應避免使用刺激性藥物。

2. 口服藥物: 口服藥物是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的口服藥物，如抗組胺藥、糖皮質激素、抗感染藥物、修復藥物等。應避免使用刺激性藥物。

3. 光療: 光療是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的光療方法，如紫外線A光、紫外線B光、紫外線C光等。應避免使用刺激性藥物。

4. 手術: 手術是治療皮膚瘙癢的主要方法之一。應根據病因選擇合適的手術方法，如皮膚移植、皮膚切除、皮膚修復等。應避免使用刺激性藥物。

星洲日報 30. 11. 2025 星期日 強盛陣容 每週輪流上陣 醫識力問醫

世界華文 醫學新聞 醫識力問醫

總編輯: 陳永基 電話: 637-

10. 项目评价结论

之酒能称为是“酒德”者，便是品酒家所追求的目标。所以人们常会像品尝美食一样，有意识地比较酒味，来区分不同酒质的优劣。但真正品酒家所追求的，并非只是酒味的好坏，而是酒中蕴含的丰富内涵。所以，品酒家所追求的，是酒中蕴含的丰富内涵。所以，品酒家所追求的，是酒中蕴含的丰富内涵。

酒精不耐非過敏
基因缺陷
致乙醛堆積易臉紅

醫生解答：

[illegible][illegible][illegible][illegible]

"Although eczema is not considered a critical illness, it can become dangerous if left untreated, especially when skin lesions become infected." – Assoc. Prof. Dr. Adawiyah binti Jamil

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info • Egzema Atopik Paling biasa – lipit, muka, leher • Egzema Seborrheik Keleburng atau maut • Egzema Popular Selepas gigitan serangga • Lain-lain Tumit meretah, bintik, Cradle cap bayi	penyakit kulit
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zangan, kaki,
lah kulit kepala
ga
merekahi,